

14th February 2025

PE/Sports Update 2025

Dear Parents and Friends of Castle Hill,

As the PE team, we would like to introduce ourselves and outline the policies we share across both campuses. These can also be found on our website by following this link:

<https://www.castlehillprimary.net/policies/uniform-personal-belongings>

Meet the team

Miss Bagshaw (Y1 Rooksdown)

Miss Gill (Y1 Rooksdown)

Coach Liam (Rooksdown)

Miss Scarles (Y5 Greenbank)

Coach Moria (Greenbank)

PE Expectations

Recently, we have had questions regarding earrings, hair and indoor shoes/socks. We have sought guidance from the Hampshire PE Team and our Health and Safety documentation. Both sites will participate in Dance and Gymnastics in the Spring term. It is advised that the best practice is to take shoes and socks off. This is for both Health and Safety, as well as sensory reasons. Bare feet provide grip, allow for extension and develop foot strength and physical feedback. In some indoor PE, such as indoor athletics or invasion games inside, we expect children to wear appropriate footwear for the activity that they are doing and/or the equipment that is being used, therefore, trainers might be appropriate in that case. If your child has sensory difficulties, a discussion will be held between the class teacher and the PE team to devise a solution. Hair must be tied back and away from the face at all times.

Earrings

The school has a clear policy on earrings, which was previously emailed out and is available on our website. The policy states that children should not wear earrings or taped earrings during PE or other physically active tasks. The policy is reviewed regularly with the Governors, who strongly support a zero-earring approach. Many of them are involved in coaching sports outside of school, and they have seen many incidents involving earrings, which is why they have upheld the policy. This means your child will not be allowed to participate in PE or sports activities if earrings or taped earrings are in their ears. This policy includes the trim trail, the use of bikes or scooters, the use of lunch or break-time equipment, and football.

If a child recently had their ears pierced, there will be a grace period of 6 - 8 weeks. We do advise parents to get their child's ears pierced over the 6-week summer school holidays to avoid missing any activities. If there is a particular problem, please contact the PE team. We have had incidents/accidents when taping was used in the past, so we no longer permit the use of tape.

We will monitor earrings more closely after the February half-term and will focus on individuals more closely from Easter onwards as a non-negotiable. Your support for our pupils' safety is greatly appreciated.

After-School Extra-Curricular Clubs:

Please note that these clubs are not intended for childcare purposes. In the event of staff illness, training sessions, or last-minute club cancellations, an alternative club or activity may not be available for your child to attend.

Greenbank

We currently have the following afterschool clubs running at Greenbank but continually want to increase what we offer. If you know of any company that may be interested, then please email admin@chjs.net

External provider-led after-school clubs' finishing times (Greenbank ONLY):

Monday - Sporting Champions (invite only) - 15:15 - 16:15

Tuesday - Street Games (Year 3 and 4) - 15:15 - 16:15

Wednesday - Street Games (Year 5 and 6) - 15:15 - 16:15

If your child participates in Sporting Champions or Street Games, these are delivered by external providers and must be booked and paid for separately.

Further details can be found on our website: <https://www.castlehillprimary.net/clubs/extra-curricular-clubs-greenbank>

Rooksdown

Clubs will continue to finish at the agreed time as before, details can be found on the website <https://www.castlehillprimary.net/clubs/extra-curricular-clubs-rooksdwn>, or please find below:

External provider-led after-school clubs' finishing times (Rooksdown ONLY):

Challenger Sports' Clubs - Monday - Thursday 15:15 - 16:30 and 16:30 - 17:45

Challenger Sports' Clubs - Friday 15:15 - 16:30

Tot Cross Buns - Monday - Thursday 15:15 - 16:30

If your child participates in Tot Cross Buns or Challenger Sports activities, these are delivered by external providers and must be booked and paid for separately.

Staff-led after-school clubs finishing times (Rooksdown ONLY):

Colouring - Tuesday 15:15 - 16:00

Choir (KS2) - Wednesday 15:15 - 16:00

Netball (Y6) - Thursday 15:15 - 16:00

Girls Football (KS2) - Friday 15:15 - 16:15

Colouring, Choir, Netball, and Girls Football are voluntarily run clubs. School staff have given their time to provide these clubs (either free of charge or at a minimal cost). However, staff members have additional responsibilities/commitments that must be completed, so the finish and collection times will remain as stated above.

We would like to remind you about prompt collection times. If a club finishes at 16:00, 16:15, or 16:30, that is the collection time. If your child is picked up late on more than one occasion, we may need to consider withdrawing their place.

Please remember you must rebook onto these clubs every half term, starting from the Summer Term. We cannot guarantee your child's place as spaces are limited. Although we endeavour to keep these internal clubs running each week, we do also reserve the right to cancel a session, sometimes at the last minute, and this will be communicated by text. The internal clubs are not for profit, and there will be no refunds for cancellations or non-attendance. If your child turns up to a club without a booking or paying, we may call you to collect them as, due to ratios, we can only have a certain number of children per club. We will not be running any internal clubs in the first week of each half-term, and this is when you can book the clubs via our new system and app, Arbor. Everything will be done electronically here, and this is still new to us, so please bear with us if you experience any teething problems.

Thank you for your support. Please contact us if you are unsure about anything in this letter.

CHPS PE Team (Rooksdown and Greenbank)