


Monday 18th January 2021

Covid-19 Reminders

Dear Parents and Friends of Castle Hill,

With the Government guidance evolving, we thought it would be useful to clarify the areas on which we are asked the most questions. This mainly concerns Covid-19 symptoms, self-isolation, reporting and when you should keep your child at home.

Symptoms:



Symptoms of coronavirus (Covid 19)*

- High temperature - chest or back hot to touch
- New, continuous cough
- Loss or change to sense of smell or taste

There are several other symptoms linked with COVID-19, these may have another cause and are not on their own a reason to have a COVID-19 test. If you are concerned about your symptoms, seek medical advice.

What to do if someone in your household has Covid -19 symptoms:



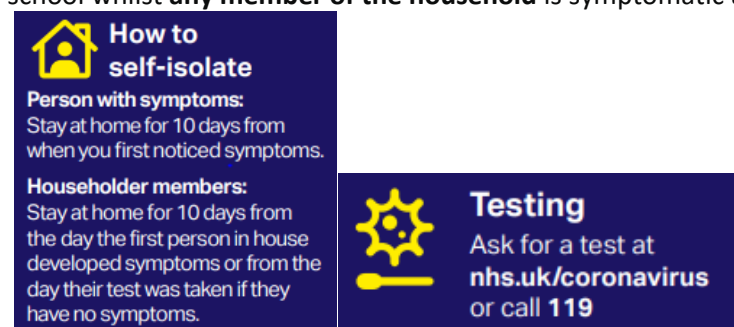
If your child or someone in your household has any one of the symptoms of Covid 19

- If your child develops symptoms at school or at home, or someone else in your household develops symptoms
- Tell school and arrange a test for your child or the affected person
- Whole household begins isolation
- Other children in your child's bubble stay at school

If one person in a household displays [Covid-19 symptoms](#) the whole household must self-isolate. Please **do not** send you child into school if they or another household member are symptomatic and awaiting a test result. If it is your **child that has developed symptoms** please phone or email the school at admin@chjs.net with the subject line "**Covid Symptoms Alert**" – this will help us to see your email easily whilst monitoring the inbox. At the weekend or during the school holiday we request you send an email rather than leaving a voicemail.

Arrange a test & self-isolate:

A test must be arranged for whoever has Covid-19 symptoms (listed above). Please **do not** send your children into school whilst **any member of the household** is symptomatic and/or awaiting a test result.



How to self-isolate

Person with symptoms:
Stay at home for 10 days from when you first noticed symptoms.

Householder members:
Stay at home for 10 days from the day the first person in house developed symptoms or from the day their test was taken if they have no symptoms.

Testing
Ask for a test at nhs.uk/coronavirus or call 119

What to do when you get a test result:



Results linked to a pupil:

Please notify the school of test results (positive or negative) that directly link to a pupil. You can phone or email us at any time, to admin@chjs.net. Please use the with the subject line '**Covid Positive Result**' or '**Covid Negative Result**'– this will help us to spot your email easily whilst monitoring the inbox and take the necessary action quickly. At the weekend or during the school holiday, we request you send an email rather than leaving a voicemail.

Results linked to another household member:

If it is an adult or another family member in the household, we also need to know the test result. The outcome of the test will affect when your child is able to come back into school and we will advise you of this.

Asymptomatic Testing:

If as part of your job you are being tested regularly, please ensure the children are not sent into school whilst you await the result of a PCR test.

Please refer the stay-at-home guidance link below for more details:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Thanks again, for your co-operation in keeping our school community informed and safe.

The Castle Hill Team