

## **Time out from ADHD**



### **Understanding and Helping your child with ADHD Behaviour (Diagnosed or seeking diagnosis)**

Four Thursday evenings hosted by Alton Buckle  
1st, 8th, 15th and 22nd Nov. 2018

ABC Building, Wooteys Campus, Alton, GU34 2JA

7.15 pm to 9.15 p.m. Coffee from 7.00 pm

Suggested total cost for handbook and coffee: £15  
(but don't let inability to pay prevent you from coming)

Course led by Gill Jacobs  
Care for the Family licensed facilitator

To book a place or for further details  
Email: Gill Jacobs at: [gill.6ot@gmail.com](mailto:gill.6ot@gmail.com)

