

## **EASTER SPORTS CAMPS**

## Castle Hill Primary school Greenbank Campus

## WHY PRO SKILLS SPORTS CAMPS?

Young people need to take part in fun, active activities to benefit their long term health and fitness. The nation has a growing obesity epidemic and school holidays provide an ideal time for non activity in young people.

Pro Skills offer unrivalled multi sports activity camps where children receive the following: wide range of sports, including new sports they won't have played in school

- qualified coaches -our camps are fun but lots of coaching is given to improve skills and game understanding. FUN = Learning + Achievement
- safe venues and safe environments
- venues that require health and safety risk assessments and approval to use
- accessible for parents and carers
- great times allowing daytime (school hours) care

Pro Skills offers a range of quality holiday sports camps across the UK covering a range of sports for ages 5 -12. A great service to parents and children alike, Pro Skills offers holiday camps to cater for the needs of parents needing childcare in a sporting environment covering the school time/ work times so you know your child is looked after and receiving quality sports coaching in a healthy environment at the same time! Sports played include football, Street football, tag rugby, cricket, basketball, handball, Dodgeball, ultimate frisbee and much much more!

Our holiday camps are held from 9:00am - 4:00pm. Cost is just £70 for the full week or £20 per day. Dates April 8<sup>th</sup> 12th - April 15<sup>th</sup> - 18<sup>th</sup> (Four days). Sibling discount is available on full week bookings only.

<u>LIMITED PLACES AVAILABLE SO BOOK NOW TO AVOID DISAPPOINTMENT!!!!!</u> To book or request more information please contact <u>steve@Proskillscoaching.co.uk</u> or phone Steve 07931863176