



Time Out for Parents: Handling Anger in the Family

- What?** A four-session course for mums, dads and carers
When? Thursday evenings starting 20th September 2018
Where? Life Church Centre, Elms Road, Hook, RG27 9DX
Time? 7.30 to 9.30pm

Led by trained facilitators: Angie Colebrooke, Rosie Whittle & Louise Taylor



There is no charge for attending. Participants are invited to make a voluntary contribution to cover the costs and we suggest £18 per parent. This includes a copy of the course handbook (otherwise charged at £7.50). Tax payers can Gift Aid their contributions. Those who can't afford it can pay less or come for free without embarrassment.

Book online at

lifechurchhook.org/parenting-courses

email parenting@lifechurchhook.org

or telephone 01256 762022



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*Positive Parenting is part of Care for the Family
which is a registered charity (number 1066905)*