

Dear Parents & Carers,

HEAD LICE

Some cases of head lice have been reported so please could we all take extra care with checking the hair of everyone in the family at least once a week to ensure early detection. Here is a guide to assist:

Wet combing – How to do it!

You will need:

- A plastic nit comb
- Good lighting
- An ordinary comb or brush
- Conditioner



1. Wash the hair well, and then dry it with a towel. The hair should be damp, not dripping. Apply ordinary conditioner and leave in the hair.
2. Make sure there is good light. Day light is best.
3. Brush or comb the hair first. You may find dividing the hair into sections with clips etc. useful.
4. Start with the teeth of the detection comb touching the skin of the scalp at the top of the head.
5. Comb through each section of the scalp at the ends of the hair.
6. Look carefully at the teeth of the comb in good light and wipe with a tissue.
7. Do this for as long as it takes to comb each section of the hair.
8. If there are head lice, you will find one or more lice on the teeth of the detection comb.
9. Continue to comb through each section to remove any live lice until no more are detected. This will not remove 'live' eggs so you will need to repeat every day in order to remove newly hatched lice.
10. If you are going to use lotions DO NOT TREAT unless you are sure you have found a living moving louse.

Yours Sincerely
The Castle Hill Primary School Team

01256 473777
www.castlehillprimary.net