



Services for Young Children

Heat Health Alert – Level 4 Emergency

Heat Health Alert – MET Office [Heat Health - Met Office](#)

There is a **100% probability** of Heat-Health Alert criteria being met between **00:00** on **Monday 18 July** and **00:00** on **Wednesday 20 July** in parts of England.

These details will not be updated unless the alert level also changes, the latest forecast details can be obtained at the following link: [Weather and climate change - Met Office](#)

Renewed hot or very hot conditions develop across the country during this coming weekend and into the new working week, peaking on Monday and Tuesday, with some exceptional temperatures possible in places. The hottest locations are likely to be in parts of central and eastern England. This alert will be kept under daily review and updated as necessary.

There will be no guidance to close early years settings from Services for Young Children, it is the responsibility of the early years setting to conduct a risk assessment. If the decision to close is made, you must contact us at: childcare@hants.gov.uk

Below is advice on action to take during a heatwave: [Advice for schools and other education settings during a heatwave - The Education Hub \(blog.gov.uk\)](#)

Please take care and take sensible precautions to keep children safe from exposure to sun and from heat exhaustion. The link below takes you to the *Resources* section of the Services for Young Children website. Please view the Public Health England publication “Looking after children and those in early years settings during heatwaves: guidance for teachers and professionals”.

[Childcare provider resources | Children and Families | Hampshire County Council \(hants.gov.uk\)](#)

Below is what to do should a child suffer from heat illness. This information has been extracted from the document at the link above:

Actions to protect children suffering from heat illness

The following steps to reduce body temperature should be taken immediately:

- move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap)
- cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water; if available place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan

Dial 999 to request an ambulance if the child (or person) does not respond to the above treatment within 30 minutes.

If a child loses consciousness, or has a seizure, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.