

Mental Health Focus Week

A week of training days for Parent/Carers and Professionals provided by Hampshire CAMHS on a variety of subjects.

All
sessions
9.30am
- 3.30pm

Eating Disorders and Difficulties

Monday 8 September 2025

Anxiety - understanding and strategies to support young people

Tuesday 9 September 2025

Trauma - The profound impact on young people

Wednesday 10 September 2025

Understanding ADHD

Thursday 11 September 2025

Embracing Autism

Friday 12 September 2025

8 - 12 September 2025

United Reform Church Jewry Street,
Winchester, SO23 8RZ



For more information scan the QR code or visit:

<https://hampshirecamhs.nhs.uk/events/>