

7th November 2019

Anti-Bullying Week – Odd Sock Day

Dear Parents and Friends of Castle Hill,

Next week (Week beginning 11th November) is Anti-Bullying week.

The theme for this year's Anti-Bullying week is **'change starts with us'**! The aim of this theme is: Small change. Big difference.

Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Together, we can challenge bullying. Change starts with a conversation, with checking in and working together.

We will be talking to the children in their PSHE lessons about what bullying is, the effects of bullying, what we can do to stop it and celebrating that everyone is different.

In order to get the children to think about how everyone is different, we would like all of the children to come into school on Tuesday 12th November wearing odd socks to celebrate their uniqueness and individuality.



We hope to see an amazing array of odd and interesting socks.

Many thanks for your continued support

The Castle Hill Team