

YOUR SCHOOL PICNIC MENU



All served as a sandwich, roll or wrap

A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Tuna mayo
Pizza square
Vegetable sticks
Fruit and pudding

TUESDAY

Cheese
Vegan sausage roll
Vegetable sticks
Fruit and pudding

WEDNESDAY

Vegetarian sausage
Cheese straw
Vegetable sticks
Fruit and pudding

THURSDAY

Ham
Laughing Cow cheese
portion
Vegetable sticks
Fruit and pudding

FRIDAY

Chicken mayo
Vegetarian sausage
Vegetable sticks
Fruit and pudding



 /hc3seducation

