

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Tuna mayo in a wrap or sandwich / roll

Laughing Cow cheese portion

Salad

Fruit and pudding

TUESDAY

Cheese in a wrap or sandwich / roll

Veggie Sausage

Salad

Fruit and pudding

WEDNESDAY

Chicken mayo in a wrap or sandwich / roll

Pizza bite

Salad

Fruit and pudding

THURSDAY

Ham in a wrap or sandwich / roll

Cheese straw

Salad

Fruit and pudding

FRIDAY

Veggie sausage in a baguette

Cheese Square

Salad

Fruit and pudding



 /hc3seducation

