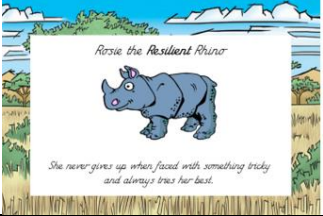


<p style="writing-mode: vertical-rl; transform: rotate(180deg);">INTENT</p>	<p>To be a resilient cyclist and ride a bike</p> 	
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">IMPLEMENTATION</p>	<p>Aspect of Educational Programme Physical activity is vital in children’s all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child’s strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults. By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy. Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practice of using small tools, with feedback and support from adults, allow children to develop proficiency, control and confidence.</p>	
	<p style="text-align: center;">Autumn Term – We are all special</p> <p>Planned outcome - ‘ Experiences</p> <ul style="list-style-type: none"> • To experience selecting a bike or scooter and taking turns • To push start and stop on command 	
	<p style="text-align: center;">Adaptation to continuous Provision</p> <ul style="list-style-type: none"> • Purposeful mark making experiences in all areas of learning • ‘stop’ and ‘start’ sign/traffic lights to encourage stopping and starting on command 	<p style="text-align: center;">Role of the adult</p> <ul style="list-style-type: none"> ❖ Model how to select a bike safely and show the children how they should be stored ❖ Regularly set reminders about how to use the bikes safely ❖ Ensure that the time spent on the bikes is fair ❖ Ensuring the safety of the pedestrians ❖ Teaching the vocabulary ‘cyclist’ and ‘pedestrian’ ❖ Assess selected children using NHS Solent Therapy Pack -gross motor skills
	<p style="text-align: center;">Spring Term – Time for a change</p> <p>Planned outcome – Experiences To ride bikes on a larger area To travel around a simple obstacle course making wide turns around an obstacle using a large space</p>	
<p style="text-align: center;">Adaptation to continuous Provision</p> <ul style="list-style-type: none"> • Providing zebra crossings and traffic lights to the outside area • Road safety small world added to the provision • Road safety books • Purposeful mark making experiences in all areas of learning 	<p style="text-align: center;">Role of the adult</p> <ul style="list-style-type: none"> ❖ To take children onto the playground to rider in a wider space and for longer periods of time ❖ Regularly set reminders about how to use the bikes safely ❖ Ensure that the time spent on the bikes is fair ❖ Ensuring the safety of the pedestrians ❖ Set up a simple course for the children to follow to allow wide turns 	

Summer term – What a wonderful world

Planned outcome -

Experiences –

- To ride a bike over different terrains to get to Year 1
- I can ride a bike for a longer period of time with ease whilst showing body strength and co-ordination
- To ride a bike around obstacles and through tunnels

Adaptation to continuous Provision

- Purposeful mark making experiences in all areas of learning
- Making courses to encourage children to travel over different terrains
- Obstacle course set up that a slightly differently each week
- Add ramp and tunnels to provision

Role of the adult

- ❖ Regularly set reminders about how to use the bikes safely
- ❖ Ensure that the time spent on the bikes is fair
- ❖ Ensuring the safety of the pedestrians
- ❖ Set up obstacles for winding in and out of cones set apart
- ❖ Take the children onto the field to experience riding on a different terrain

Interventions – NELI	Circle Time	Continuous Provision	Story/song time
Fine motor skills Dough gym Yoga Gross motor skills - Solent Pack	Road safety What I am most proud of ... (every half term) When I have persevered...	Access to a range of bikes, scooters, balance paddle boards for children to enhance their skills Road safety signs - stop, traffic lights, zebra crossings, arrows	<p>Yes you can, Cow - Sirdeshpande, Rashmi A wonderful re-enactment of the nursery rhyme Hey Diddle Diddle. Cow is having second thoughts about jumping over the moon. This story is great for showing the importance of believing in yourself and giving things a try. And if it does not work the first time try again!</p> <p>Cycle City – Alison Farrell When little Etta the Elephant goes to her Aunt Ellen's house, she takes a journey through bicycle-filled Cycle City, a town filled with bikes of all kinds! At the end of the day, a special surprise awaits Etta—the most amazing bicycle parade imaginable. Detail-rich illustrations in this fun seek-and-find book paint the colours of this unusual town where everyone rides some kind of bike—whether a penny-farthing, a two-wheeled unicycle, or a conference bike, everyone is on wheels! Packed with prompts and lots to see on every page, this is a sweet story for the sharpest of eyes.</p> <p>Mrs Armitage on Wheels- Quentin Blake Mrs Armitage sets off for a quiet cycle with her faithful dog, Breakspear, but she just can't help thinking of ways to improve her bicycle. Before very long she has added three very loud horns, a bucket of water to wash her hands, a complete tool kit. And by the time she has also added a seat for Breakspear, two umbrellas, a cassette player and a mouth-organ, Mrs Armitage is riding a very eye-catching contraption. But it is when she finally adds the mast and sail, that Mrs Armitage really runs into trouble . . .</p> <p>Giraffe on a bicycle by Julia Woolf Monkey has found a bicycle. Luckily giraffe knows how to ride it...sort of! But when a tentative tiger, three mischievous monkeys and a very flappy flamingo join in the fun, things start getting a little crowded. And with a whole host of other jungle animals keen to climb aboard, monkey and giraffe could be in for a very bumpy ride!</p> <p>The Cycling Fox by David Shannon The story captures the absolute joy of riding a bike. There are ups and downs along the way as the islanders unite to look for Tiny's missing bike.</p>

IMPACT

To become a resilient cyclist who can travel over different terrains and around obstacles to get to a destination.