

15 June 2021

Dear Parents and Friends of Castle Hill,

As part of PSHE and Science curriculum in the Summer Term, we will be looking at puberty and the changes that happen to boys' and girls' bodies during this stage of their lives.

In this unit of work, we will be covering:

- Body image
- How a girl's body changes during puberty and the importance of looking after themselves
- Menstruation
- How a boy's body changes during puberty
- Becoming a teenager

The lessons will involve lots of discussions and we will use images of the human body and how the body changes.

We are hoping to teach this unit of work the week beginning the 5th July 2021.

Due to the current climate we are unable to invite you in to look at any of the resources we will be using, however if there is anything you would like to discuss prior to these lessons being taught, please do not hesitate to contact either myself or a member of the Year 5 Team by emailing admin@chjs.net by Friday the 25th June.

Many thanks for your continued support.

Yours sincerely,

Miss N Harding

PSHE Lead