

**WIN!**  
Vouchers for  
attractions in  
Hampshire

**2023/24**



# How could you travel to school?



A practical guide for Hampshire parents and carers about safer, active and sustainable travel to school



[myjourneyhampshire.com/transition](https://myjourneyhampshire.com/transition)



Funded by the Department for Transport



**Hampshire**  
County Council

## Your child is starting a new school and your family's routine will change too.

So now is the perfect time to look at how your child will travel to school. The school run is a great opportunity to start you and your child's day in a positive and energised way.

By leaving the car at home or parking a short distance away from the school gate and walking the last 5-10 minutes to school, you will help to reduce congestion, improve air quality locally, make the school run safer and your child will be healthier, happier and ready to learn.

This booklet shows you how you can make small and easy changes to your journey to school that can make a big difference.

## Who are we?

We are the Hampshire County Council (HCC) Travel Planning Team and we work with school communities to develop travel plans that will promote safer, active and sustainable travel to school, with the support of key stakeholders including local residents. The aim being to reduce the number of children being driven to and from school, to give you and your child the opportunity to exercise, reduce traffic and congestion around the school and improve air quality and the environment for the local community.





# Contents

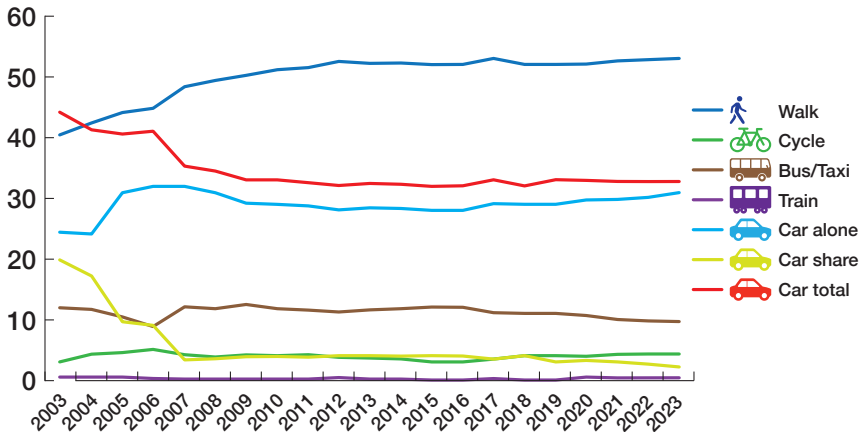
|   |       |
|---|-------|
| How do we currently travel to school? ..... | 4     |
| Top tips to travel actively .....           | 5     |
| Walking to school .....                     | 6     |
| Cycling to school .....                     | 7     |
| Scooting to school .....                    | 8     |
| Bus, train and school transport .....       | 9     |
| Journey Planner .....                       | 9     |
| Road safety training and skills .....       | 10    |
| Driving to school .....                     | 11    |
| Child car seat restraints .....             | 12    |
| Useful contacts and website .....           | 13-14 |
| Drawing competition .....                   | 15-16 |



# How do we currently travel to school?

There are almost 600 schools in Hampshire alone. The chart below gives a snapshot of how children have travelled to school over the last 19 years.

## Hampshire School Travel 2003 – 2023



## How we can all increase active and sustainable travel on the school run

- We can change our own travel behaviour, thereby supporting the health and wellbeing of our families and school communities.
- Schools can include active travel in their school curriculum and ethos.
- We can work together to develop transport schemes that remove barriers to active travel.

Find out what initiatives your school can access on our website. Visit; [myjourneyhampshire.com/education](https://myjourneyhampshire.com/education)

## Top tips to travel actively

- Plan your route together in advance, finding quieter roads and paths wherever possible. For route inspiration, download our walking app in partnership with Go Jauntly. Go to [myjourneyhampshire.com/walk/go-jauntly](https://myjourneyhampshire.com/walk/go-jauntly) to browse walks in Hampshire and Southampton or why not take one of our many walking challenges. The app is free to download nationally for both iPhone and Android users.
- Ensure your child knows how to deal with busy junctions and roads, signalised or zebra crossings and, where available, cross with the local School Crossing Patrol Officer.
- If you live too far away, try Park and Stride or Scoot from the Boot.
- Encourage your school to become a WOW school – the year round walk to school challenge. (see page 6.)
- If it's safe to do so, drop your child off at a friend's house close to school so they can walk, cycle or scoot to school together.
- When your child is old enough and more independent, consider parking away from the school and allowing your child to travel in alone or with a friend if it is safe to do so.
- Ask local residents, including non-parents, to team up with those who live further away and allow them to park on their drive and then walk to school.
- Ask your school what road safety training they are providing to ensure your child has the skills they need.
- Encourage your school to sign up to STARS (Sustainable Travel Accreditation and Recognition for Schools) to find out what more the school community can be doing to promote active travel.

Visit [myjourneyhampshire.com/transition](https://myjourneyhampshire.com/transition) for more fun ideas to help plan your new journey to school.



# Walking to school

Most families live within 1.5 miles of their school and yet one in five cars during the morning peak time are doing the school run.

Walking is an easy way for children to get to school whilst also supporting their health and wellbeing so that your child will be focused and ready to learn. It is also a perfect opportunity for children to learn about their local area, develop wider social networks and gain some independence. Your school community will also benefit from cleaner air and safer local roads.



To increase levels of walking, the Travel Planning Team work with schools and our partner, national walking charity Living Streets, to encourage schools and their communities to leave the car at home when they can.

*We are Living Streets, the UK charity for everyday walking. We want to create a walking nation where people of all generations enjoy the benefits that this simple act brings, on streets fit for walking.*

[myjourneyhampshire.com/LivingStreets\\_for\\_primary](http://myjourneyhampshire.com/LivingStreets_for_primary)

## 5 good reasons to walk to school

1. Chance to be mindful

2. Boost brain power

3. Become street savvy

4. Breathe cleaner air

5. Kick start a healthy lifestyle

Research has shown that people who walk, scoot and cycle may breathe cleaner air than those who travel in a car. Choose routes to school away from busy roads if possible and encourage your children to walk away from the kerb where the air will be cleaner.



# Cycling to school

Our Bikeability Team work with schools to provide children with cycle skills to teach them about road safety so they will be more able to enjoy the freedom of cycling. Once your child is confident on their bike, getting them used to cycling on the roads will develop them in many ways. Not only will they gain a sense of independence and life skills, but they'll also improve their health and wellbeing.

To support schools and families we work with our partners Sustrans and the Bikeability Team to promote cycling through activities such as:

- Bikeability training
- Dr Bike
- Maintenance workshops
- Curriculum activities
- Sustrans Big Walk and Wheel
- Ditch the Stabilisers

To help your child to cycle, a number of online short clips are available to assist with things like the 'm-check' and ditching the stabilisers.

[myjourneyhampshire.com/bikeit\\_for\\_primary](http://myjourneyhampshire.com/bikeit_for_primary)



# Scooting to school

Scooting is a great way for young children to find their balance and enjoy being active. It can also help if you live far from the school as you can put your scooter in the boot of your car, park safely 5-10 minutes away from school, and then scoot in. Parents can even scoot too! This avoids unnecessary congestion and danger to children and families around the school gate.

## Top tips for scooting

- Pedestrians have priority on the pavement.  
.....
  - Be aware of other people using the pavement and be polite and considerate to them.  
.....
  - Take extra care when crossing vehicle entrance/ exit points e.g. driveways, and remember that the person there first (car driver, cyclist, pedestrian etc.) has priority.  
.....
  - Keep away from the kerb.  
.....
  - Look all around before you start moving, stop moving or change direction, and look where you are going.
- Walk with your scooter when crossing the road, in crowded areas or other busy areas e.g. the school playground.  
.....
  - Carry things in a rucksack, not balanced on the handlebars.  
.....
  - The Highway Code tells us that the speed limit on pavements is 4mph.  
.....
  - Wear a helmet and bright, fluorescent clothing to ensure you can be seen.

[myjourneyhampshire.com/resources\\_for\\_primary](http://myjourneyhampshire.com/resources_for_primary)





# Bus, train and school transport

The County Council has a duty to provide local authority-funded school transport between home and school for some children. The School Transport Team currently provides transport for more than 14,000 students per day using local bus services, dedicated school transport and rail travel. Eligibility is based on certain criteria including distance to your catchment school, attendance at a special school and some medical reasons.

For information on Local Authority funded school transport please contact the School Transport Team (see page 13 for contact details).

## Journey Planner

Our online journey planner can help you make smarter travel choices by planning your journey for you. It recognises Hampshire place names like schools, so you don't have to remember the postcode. It can help you plan a safer route and find out which buses go near each school. If your child already attends school and you want to try a different way to get to school, it will show you a number of route options including directions and how long it will take to get there if you choose to walk or cycle.



# Road Safety training and skills

## Bikeability

Bikeability training is cycling proficiency for the 21st century. Hampshire County Council's Bikeability Team offers Level 2 Bikeability to pupils aged 10 years and over and Level 2 and 3 to secondary school pupils. The training gives young people the opportunity to develop new skills and improve confidence.



## Walk to School Week

Walk to School Week supports the national Living Streets campaign. The Road Safety Team offer material to all schools free of charge; children record their journey to school on a wall planner each day and receive a certificate if they walk to school for the whole week. This is an opportunity to reduce congestion outside schools, promote healthy living as well as teaching pedestrian skills.

## Junior Road Safety Officers

The Junior Road Safety Officer (JRSO) scheme involves one Year Five and one Year Six pupil becoming JRSOs. They teach peers about road safety through assemblies, having their own notice board and running competitions.



## Scooter training

Scooting is a fun and safe way to get to school as long as children are aware of a few basic road safety rules. Scooter training improves scooting skills, confidence and awareness of other pavement users.

# Driving to school



If you do need to drive to school, we encourage you to park safely, legally and considerately for the safety of your child, their friends and the local community.



## School Keep Clears

School zigzag markings are there to ensure clear sight lines for all road users, outside of your school. They create a clear and safer area to cross. There is a 'No Stopping' order placed on all zigzags. If you stop or park on the markings during these times, you are likely to receive a Penalty Charge Notice (PCN) of £70 or a fine from the Police.

## Parking enforcement

HCC is responsible for on-street civil parking enforcement, in partnership with our service provider, NSL. To report an on-street parking contravention, such as yellow lines, visit [www.hants.gov.uk/transport/parking](http://www.hants.gov.uk/transport/parking), select 'Report a Parking Contravention tile' and complete the form.

If there are no parking restrictions and there is an obstruction or inconsiderate parking, please contact the Police on 101 or via [www.hampshire.police.uk/contact/af/contact-us](http://www.hampshire.police.uk/contact/af/contact-us)

HCC has given notice to all its district authorities currently managing on-street civil parking enforcement on our behalf to return the service. From 1 April 2023 HCC will be responsible for all on-street civil parking enforcement. Winchester City Council returns on 1 October 2023.

## Parking Promise / Parkwise

To reinforce these rules in the school community, we run a campaign called the Parkwise Promise, which builds on our Parkwise leaflet principles and more information can be found on the My Journey website.

## School zones

We remind all drivers to slow down on the approaches to schools and be particularly vigilant for small children. It can be difficult to see them, particularly when they are trying to cross the road between parked cars. Additionally, when a School Crossing Patrol steps into the road, be aware that 'Stop means stop at the lollipop'.

## Engines off so we don't cough

We also remind drivers to switch off their engines when stationary. Idling engines produce nearly twice as much pollution as a moving car and pollute the air unnecessarily.



# Child car seat restraints

If you are driving your child and others to school, it is important that you understand the law on child car seats and seat belts.

The UK law states that a child must use a child car seat until they are 12-years-old or 135cm tall, whichever comes first. Children over 12 or more than 135cm tall must wear a seat belt.

Further information on the law and advice on choosing appropriate seats can be found on the following links;

<https://www.gov.uk/child-car-seats-the-rules>

<https://www.childcarseats.org.uk/choosing-using>

If you have a question you can contact the Road Safety Team (details on page 13).



# Useful contacts at Hampshire County Council

## Travel Planning Team

- Air quality • Scooter training • School Travel Plans • WOW Scheme
- Parkwise Parking Promise • Sustrans' Bike It • STARS accreditation
- Park and Stride

W: [myjourneyhampshire.com/primaryschools](http://myjourneyhampshire.com/primaryschools)

E: [travelplans@hants.gov.uk](mailto:travelplans@hants.gov.uk)    [@MyJourneyHants](https://twitter.com/MyJourneyHants)    [@myjourneyhants](https://www.facebook.com/myjourneyhants)

T: **01962 845638**

## Road Safety Team

- Junior Road Safety Officer (JRSO) • Streets Ahead (Year 2)
- Walk to School Week • StreetSense (Year 7 and up)
- School Crossing Patrol service • Child car seat advice

W: [hants.gov.uk/roadsafety](http://hants.gov.uk/roadsafety)

E: [road.safety@hants.gov.uk](mailto:road.safety@hants.gov.uk)    [@HantsRoadSafety](https://twitter.com/HantsRoadSafety)

T: **01962 846100**



## School Transport Team – home to school transport

Your child maybe eligible to travel support or subsidy. Please contact the School Transport Team for further information

- Mainstream – eligibility/arrangements
- SEN – arrangements (for pupils with an Education, Health and Care Plan – EHCP).

W: [hants.gov.uk/educationandlearning/schooltransport/parent-carer](http://hants.gov.uk/educationandlearning/schooltransport/parent-carer)

E: [school.transport@hants.gov.uk](mailto:school.transport@hants.gov.uk)

T: **01962 846924**

## Bikeability Team

- Bikeability Level 1 (prior to undertaking Level 2)
- Level 2 (aged 10 years and up) and Level 3 (upon completion of Level 2)

W: [hants.gov.uk/educationandlearning/oe-pe-dofe](http://hants.gov.uk/educationandlearning/oe-pe-dofe)

E: [bikeability.enquiries@hants.gov.uk](mailto:bikeability.enquiries@hants.gov.uk)

T: **01962 846193**

# Useful websites

## Hampshire County Council

Public Transport [hants.gov.uk/transport/publictransport](https://hants.gov.uk/transport/publictransport)

School Transport [hants.gov.uk/educationandlearning/schooltransport](https://hants.gov.uk/educationandlearning/schooltransport)

Journey planner [myjourneyhampshire.com](https://myjourneyhampshire.com)

## Road safety

Department for Transport [think.gov.uk](https://think.gov.uk)

Brake, road safety charity [brake.org.uk](https://brake.org.uk)

RoSPA, car seat information [childcarseats.org.uk](https://childcarseats.org.uk)

## Cycling and walking

Bikeability [bikeability.org.uk](https://bikeability.org.uk)

Living Streets [myjourneyhampshire.com/LivingStreets\\_for\\_primary](https://myjourneyhampshire.com/LivingStreets_for_primary)

My Journey cycle courses [myjourneyhampshire.com/cycle](https://myjourneyhampshire.com/cycle)

Sustrans [myjourneyhampshire.com/education/primary-schools-in-hampshire/bike-it-for-primary-schools](https://myjourneyhampshire.com/education/primary-schools-in-hampshire/bike-it-for-primary-schools)

## Public transport

Traveline [traveline.info](https://traveline.info)

Bus companies and timetables

[hants.gov.uk/transport/publictransport/timetables](https://hants.gov.uk/transport/publictransport/timetables)

National Rail Enquiries [nationalrail.co.uk](https://nationalrail.co.uk)

South Western Railway [southwesternrailway.com](https://southwesternrailway.com)

Southern [southernrailway.com](https://southernrailway.com)





# Drawing competition

On my journey to school, this is what  
I see/hear that brings me joy...

Please complete entry details overleaf

On my active journey to school today, this is something in nature I noticed...



**Congratulations to last year's winners;**

James from North Baddesley Infant, Lily from Old Basing Infant and Grace from All Saints CE Junior School

## Competition

There are so many reasons why being outdoors is good for our health and happiness, and the journey to school can play a big role in this. Therefore this year we're asking your child to draw on the back of this page, **what brings them joy on their journey to school that they may have seen or heard whether it's a lovely building, a friendly School Crossing Patrol, or a wiggly worm.**

**Ask your parent/carer to fill in these details:**

First name of child:

Age of child:

Year group in 23/24:

School attending  
from Sept 2023

Name of parent:

Telephone:

Email:

Description  
of drawing:

**Then send your entry to the following address:**

**School Travel Competition** Travel Planning Team, Universal Services Directorate, Hampshire County Council, The Castle, Winchester SO23 8UD. Alternatively, scan the picture and submit an entry form, along with your contact details, at [myjourneyhampshire.com/hampshire-transition](https://myjourneyhampshire.com/hampshire-transition) or email to [travelplans@hants.gov.uk](mailto:travelplans@hants.gov.uk)

Closing date is 31 October 2023. Sorry but we cannot return any pictures. Winners will be announced in November 2023. Visit our website [myjourneyhampshire.com/hcccompetitions](https://myjourneyhampshire.com/hcccompetitions) to view terms and conditions and privacy notice.

For the latest active travel news, like and follow  
 @myjourneyhants  @myjourneyhampshire

 @MyJourneyHants

