



What is Family Counselling?

The service is for families who live with children and young people who are experiencing difficulties. It offers an opportunity for family members to attend counselling sessions together to get support with challenges such as:

- Divorce and separation
- Loss or bereavement
- Family breakdown
- Changes within the family
- Challenging times at school or at home for a young person
- Caring and responsibility conflicts
- Anger or escalating problems with arguing/confrontation
- Concerns about the well-being of a family member

Our Address:

YPI Counselling
The Orchard
White Hart Lane
Basingstoke
Hampshire RG21 4AF

YPI Office Opening Hours:

Monday to Friday 9am to 5pm
(evening appointments are available)

For More Information on YPI:

Visit: www.ypicounselling.co.uk

Call: 01256-423-878

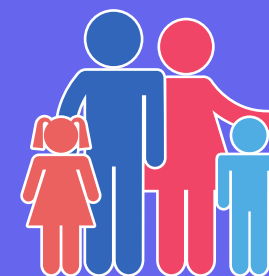
Email: office@ypicounselling.co.uk

The first step to access our service is to complete our referral form and send this back to us via email or post.

Referral Forms are available to download on the YPI website.

If you have any questions or require any help in accessing the service please do get in touch and we shall be happy to assist.

Counselling for Families



SUPPORTIVE

SAFE SPACE

FEEL HEARD

Frequently Asked Questions

Is it right for my family?

We offer an initial assessment appointment where you can explore if the service is right for your family.

What do sessions involve?

The family counsellor will aim to work with you without taking sides and offer a unique space and opportunity to explore the current challenges. The counsellor will tailor your family sessions taking into consideration the difficulties you are experiencing and tailor the work for you. Sometimes the counsellor may suggest that different members of the family attend together or on their own.

How much does it cost?

As a charity we never want to exclude anyone from accessing support based on cost. That's why we keep our session fees lower than market rate. Please see our website/contact us for further details.



Championing thriving families.

As a charity focussed on improving people's well-being in all that we do; we understand that supported families are healthier families. We are proud to play a leading role in championing this cause.

All families have challenges and these usually resolve in time. However sometimes they get worse and disputes and difficulties can cause pain for the whole family. You may have tried different things to resolve the current problems and these haven't worked. If you are no longer sure what to do this could be a time when we can help.

Why not contact us today to see how we can help your family?

**FEEL HEARD.
CONNECT.
GET
SUPPORT.**