

YPI Counselling can now offer free mentoring sessions for 10-19 year olds in Basingstoke.

What is a Mentor?

A Mentor is a professional friend who can offer a non-judgemental ear, advice and guidance.

Who is Mentoring suitable for?

Our mentoring programme is aimed at 10-19 year olds who live in Basingstoke. It is a 12 week free programme with sessions lasting 50 minutes. We offer appointments out in the community in prearranged location suitable to each individual.



What can mentoring help with?

Mentoring can help with a whole range of issues that may occur in a young persons life. Here are just some of the examples of what mentoring can help with;

- Disengagement
- Low confidence
- Difficulties with relationships
- Lacking motivation
- Bullying issues
- Isolation
- Loneliness
- Employability skills
- School transitions
- Feeling low

"I feel Mentoring gives me the space to be myself. It is nice seeing my mentor once a week for a catch up I look forward to it every week".

YPI Mentee



How can I access the Mentoring service?

Just visit www.ypicounselling.co.uk and complete a referral form which can be found under the Youth Mentoring tab. Once a form is complete send/email it to our team and you will be contacted to arrange an initial meeting. Forms can be completed on behalf of someone else or for yourself.

How can I get more information?

For more information contact Jade Smith Youth Mentor Team Leader on 01256 423878 or drop us an email jsmith@ypicounselling.co.uk

Mentoring
is a BRAIN
to PICK
an EAR to
LISTEN
and a
PUSH
in the right
direction

JOHN C. CROSBY



LOCATION

The Orchard
White Hart Lane
Basingstoke
Hampshire
RG21 4AF



CONTACT

YPI Counselling

Tel: 01256 423878

Email:

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Web:

www.ypicounselling.co.uk



Supported by

**Basingstoke
and Deane**



Supported by

**Hampshire
County Council**



Counselling

Promoting healthier, happier young minds

Youth



Mentoring

For 10-19 year olds living
in the Basingstoke area.

