

YPI Counselling can now offer free mentoring sessions for 10-19 year olds in Basingstoke.

What is a Mentor?

A Mentor is a professional friend who can offer a non-judgemental ear, advice and guidance.

Who is Mentoring suitable for?

Our mentoring programme is aimed at 10-19 year olds who live in Basingstoke. It is a 12 week free programme with sessions lasting 50 minutes. We offer appointments out in the community in prearranged location suitable to each individual.

What can mentoring help with?

Mentoring can help with a whole range of issues that may occur in a young persons life. Here are just some of the examples of what mentoring can help with;

- Disengagement
- Low confidence
- Difficulties with relationships
- Lacking motivation
- Bullying issues
- Isolation
- Loneliness
- Employability skills
- School transitions
- Feeling low

"I feel Mentoring gives me the space to be myself. It is nice seeing my mentor once a week for a catch up I look forward to it every week".

YPI Mentee



How can I access the Mentoring service?

Just visit
www.ypicounselling.co.uk and
complete a referral form which
can be found under the Youth
Mentoring tab. Once a form is
complete send/email it to our
team and you will be contacted to
arrange an initial meeting. Forms
can be completed on behalf of
someone else of for yourself.

How can I get more information?

For more information contact
Jade Smith Youth Mentor Team
Leader on 01256 423878 or drop
us an email
ismith@ypicounselling.co.uk





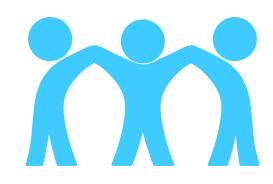
LOCATION

The Orchard White Hart Lane Basingstoke Hampshire RG21 4AF



Youth





CONTACT

YPI Counselling

Tel: 01256 423878

Email:

office@ypicounselling.co.uk

Web:

www.ypicounselling.co.uk





Mentoring

For 10-19 year olds living in the Basingstoke area.

