A group of people playing instruments

Description automatically generated with low confidence

**Positive Parenting**  
 **Online course**

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| **Wednesday 2 March – 30 March 2022  6.30 pm – 8 pm**  **This is an online course using Zoom.  Participants will be required to use Zoom**.  Booking is essential, please visit [**www.hants.gov.uk/shop**](http://www.hants.gov.uk/shop) to book your place.  If you have issues booking online, please call 023 92 232957 |

**Course Information**

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| Course Title: Positive Parenting | Tutor: Gill Keightley |
| Cost: FREE | Length of Course: 7.5 hours plus 30 mins 1:1 with tutor |
| Aims of The Course: To provide you with basic strategies to build positive relationships with your child and manage your child’s behaviour in a positive way. Suitable from toddlers to age 11. | |
| Learning Goals: (by the end of the course you will be able to…) | |
| * Describe what positive parenting is. * Identify how to build a positive relationship with your child. * Teach your child new skills and behaviours. * Describe how to help your child develop self-control. * Apply strategies to manage misbehaviour. * Plan for high-risk situations. * Tailor what you have learnt for your family’s individual situations and circumstances | |
| |  | | --- | | **About the Course**  **Who is this course for:** parents/carers who want to learn strategies to manage their child’s behaviour is a positive way while developing a positive relationship with them.  **Previous Knowledge or Experience:** none required  **How will I learn:** group discussions and practice activities  **How will I be assessed:** observation and discussion  **What shall I bring:**  please bring a notebook and pen.  **Next Steps:** further family orientated courses  *This course is aimed at Hampshire residents aged 19+ Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.* |   Participants will be required to use Zoom. No account is required Not sure how to use Zoom? Check out these helpful videos: <https://support.zoom.us/hc/en-us/articles/206175806> | |