

Basingstoke Family Support Service



Who?

**Basingstoke
Family Support
Service (FSS)**



What's on?
Where can I get help?

Where?

Honeycomb Children's
Centre, Chiltern Way,
Basingstoke, RG22 5BB
(other venues also used)

When?

AUTUMN 2018

(September 2018 – January 2019)

Who do I contact?

Call The FSS **NOW** on 01256 776189 to book

OR

Speak to your school, college, or health visitor about completing a professional's referral form.

Information taken is brief; it's only taken so we understand what your needs are & to help us identify which course will best suit the needs of you & your family.

Day	Time	Group Name	Age Group	Venue	Frequency
Monday	9.15am – 11.15am	SOS	All	Honeycomb	Weekly – ongoing Bookable 30 minute time slot
	6.00pm – 8.00pm	FAMILY NURTURING	Parents of children aged 3 – 16 years	Honeycomb	11 week course 17 September – 10 December (Not including half term)
Tuesday	1.00pm – 2.15pm	YOUNG STARS	Parents & Carers under 25 years & children	Honeycomb	Ongoing
	3.45pm – 5.00pm	WELLBEING & ANXIETY WORKSHOPS	Parents' group & young people's group 11 - 17 years	Honeycomb	6 week dual course for children & parents Taster /Enrolment session - 28 August 11 September – 16 October



**Hampshire
County Council**

www.hants.gov.uk



Basingstoke Family Support Service



	6.00pm - 8.00pm	TEEN TALK - NURTURING	Parents of Teenagers	Costello	5 week course 25 September – 16 October
Wednesday	10.00am – 11.30am	PEEP ON TALKING	Two or three year olds who have delayed language skills. (Children attend with their parent/carer)	Honeycomb	10 week course (plus one 1:1 session) 3rd October – 5 December
	9.30am - 11.30am	INCREDIBLE YEARS	Parents of children aged 3 – 8 years	Westside Community Centre	14 week course 12 September – 19 December (Not including half term)
	10.00am - 12.00pm	FAMILY NURTURING	Parents of children aged 3 – 16 years Limited Crèche available	Marnel Community Infant School	11 week course 19 September – 28 November (Not including half term)
	9.30am – 12.30pm	HENRY	Parents of children aged 1 – 8 years	Lighthouse Nursery (Everest)	8 week course 26 September– 21 November (Not including half term)
	6.00pm - 8.00pm	WHO'S IN CHARGE	Parents of children aged 8 - 15 years	Honeycomb	8 week course 3 October – 28 November (Not including half term)
	9.30am – 11.30am	SPEAKEASY	Parents of children in Years 5/6	Park View Junior School	8 week course 3 October – 28 November (Not including half term)
Thursday	10.00am - 12.00pm	FAMILY NURTURING	Parents of children aged 3 – 16 years	Bishopswood School (Tadley)	11 week course 6 September – 22 November
	1.15pm – 2.45pm	PEEP ON PARENTING	Parents and Children 0 - 5 years	Honeycomb	12 week course 20 September – 6 December
Friday	9.15am – 11.15am	SOS	All	Honeycomb OR Remote sessions can be	Weekly Please book a 30 minute time slot





Basingstoke Family Support Service



				block booked by schools / nurseries or other venues	Schools/ nurseries please contact the FSS to arrange a booking.
	9.15am – 11.45am	COMMUNITY LANGUAGE/ ESOL (Delivered by RCS)	With Crèche	Honeycomb	Weekly 7 September – 2 November
	12.15pm – 2.45pm	PREP FOR WORK (Delivered by RCS)	With Crèche	Honeycomb	Weekly 7 September – 16 November

To register your interest or book on any courses: call the Basingstoke Family Support Service on 01256 776189.

Addresses of Venues:	Honeycomb Children’s Centre , Chiltern Way, Basingstoke, RG22 5BB (Please note: Parking for Honeycomb is located at the Church opposite.)
Bishopswood School , Barlows Rd, Tadley, RG26 3NA	Westside Community Centre , Paddock Rd, Basingstoke, RG22 6QB
Lighthouse Nursery , (Everest School), Oxford Way, Sherborne St John, Basingstoke RG24 9UP	Costello School , Crossborough Hill, Basingstoke, RG21 4AL
Marnel Community Infants , Shetland Rd, Basingstoke, RG24 9PT	Parkview Junior School , Pinkerton Rd, Basingstoke, RG22 6RT



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PEEP on Talking

A parenting programme based on developing language for children aged 2 & 3 years who have a speech delay but not a speech disorder.
Parents/ carers along with their children to obtain information, skills and practical ideas to support the development of their child's communication skills

Session of Support (SOS)

A 30 minute one-off session with a Family Support Worker & follow up telephone calls if required.
A session for parents or carers to discuss an issue of concern & obtain ideas & strategies to empower them to confidently address any issues.

Incredible Years

A Positive Parenting Course covering ages 2 – 8 years
Learn positive parenting techniques & gain strategies and tools to support positive behaviour changes.

Speakeasy

Support parents/ carers to confidently talk to children of all ages about sex & healthy relationships
A fun, relaxed & informative course.

Nurturing Programme Parent Group

A solution focused 10 week course for parents of children of all ages
Parenting strategies and tools to equip parents to deal with the challenges of the parenting journey through the years at various ages and stages of a child's development.

Nurturing Programme Talking Teens Parent Group

A solution focused 4 week course
Parenting strategies and tools to equip parents to deal with the challenges of the teenage years.

Young Stars

For parents aged 25 years and under. Tuesday afternoons 1pm – 2.15pm
An opportunity to meet other young parents in the area and engage in current topical discussion and activities alongside your children.

HENRY

Health, Exercise & Nutrition for the Really Young
HENRY is an interactive course designed to support parents in making healthy lifestyle choices for their children.

Who's in Charge

For parents/ carers of children aged 8 -18 years who present with violent & abusive behaviour or who appear to be struggling with authority and parental control.
Support concrete strategies & clear boundaries to improve relationships and reduce violent & abusive behaviour

PEEP On Parenting

(Parent Early Education Partnership)
Parenting skills & strategies for parents/ carers & children aged 0 – 5 years
Learn about development, routines, play, and how you can support your child's learning in the home through everyday activities.

Community Language ESOL

A course for adults whose first language isn't English, to support their confidence in the use of basic English language skills to enhance their communication skills within their local community

Prep for Work

A course for adults that supports confidence and skills in applying for jobs and readiness for work.





Basingstoke Family Support Service



Professional support and development

Date / Time	What?	For who?	Where?	When?
Every Thursday 9.30am – 12.00	District Early Help Hub meeting	Professional forum for EH referrals to be discussed	Honeycomb	Weekly
Bookable slots available for small group advice and support	Professional peer supervision	For all Early Help Hub Co-ordinators	Honeycomb	Monthly
August 21 st Further dates to be added	Evidenced Based Programmes (Parenting Courses) Taster sessions	For professionals to gain an insight into the content of the EBP's.	TBC Can be delivered at your venue – call FSS to discuss	1 day sessions
1 st Tuesday of every month 9.30-11.30 (drop in) 11.30-1.30 (Training)	Safety Net Training	Drop in sessions for support with safety net and (refresher) training for safety net. Essential training for professionals wanting to access Supporting Families funding.	DMFH (Contact Catherine McNeill for further information).	Monthly
Termly November 14th	Professional Development Groups	Support session for professional peers – with learning opportunities and peer supervision.	Honeycomb (book via Learning Zone)	Quarterly
Monday – Friday 8.30 - 4.30	Duty consultation line	For all professionals to call for advice and information.	01256 776146	Daily

