

Hands

Aims:

- To stimulate child and increase sense of vision**
- To help develop spatial awareness**
- To encourage eye contact between child and adult**
- To encourage interactions between child and adult**
- To encourage communication between child and adult**
- To build up concepts about objects e.g. hats on heads**
- To help learn appropriate vocabulary –parts of face**

- Smile and chat to get child's attention
- Bring hands up near your eyes and slowly cover them, keeping fingers spaced so child can still see your face
- After a few seconds show eyes again, but keep hands near face
- Make hands flutter across child's field of vision to one side then other. See if she will track movement
- Flutter hands in opposite directions and see which way she looks
- Wave bye-bye and pretend to go
- Use gestures –holding arms out for a hug, beckoning child to come to you
- 'Walk' fingers towards child, end up tickling her
- Wiggle fingers in front of child and say 'I'm coming to get you'
- Pretend to take off her nose or tickle her tummy
- Build up tension 'Where shall I get youyour tummy? No ...your ears!'
- Play hands games –here's the church, tommy thumb, 2 little dickie birds, this little piggy
- Decorate hands –nail varnish, bracelets, gloves, little people, patterns, puppets, tie bells around wrist
- Wave toys, flags, windmills, bubble wands,
- 'Walk' large teddy/ toy towards child
- Pull along toys, string activated toys

*This little piggy went to market
This little piggy stayed at home
This little piggy had roast beef
This little piggy had none
And this little piggy went WEEEE all the way home*

*See these finger, see this hand
See the crab walking on the sand
Watch it come, watch it go
Mind it doesn't nip you toe*

*Here's the church
Here's the steeple
Come inside
Here's the people*

*Tommy thumb, tommy thumb
Where are you
Here I am, here I am, how do you do?*

*Two little dickie birds sitting on a wall
One named Peter, one named Paul
Fly away Peter, fly away Paul
Come back Peter, come back Paul*

*1 finger, 2 fingers, 3 fingers, 4
Fold them down and make a fist, then bang them on the door*

*The finger monsters coming, you'd better take care
The finger monsters coming and he'll tickle youTHERE!*