

Tactile awareness activities

Aims:

1. To stimulate the child
2. To raise the child's awareness of her sense of touch
3. To encourage interaction between child and adult
4. To encourage communication between child and adult, giving child opportunity to express likes/ dislikes and preference
5. To build up child's concepts about objects
6. To teach the child appropriate vocabulary
7. To teach the child about her body and develop body awareness
8. To arouse child's interest in object or person causing sensation
9. To arouse child's interest in active exploration

AIR

- Make sure both you and child are comfortable
- Fan her hands gently, not too close at first, using traditional fan or thick card
- Look for these responses – smiling, looking, turning towards or away from air, pushing away, pulling your hand or fan nearer, asking for more, or for the fan.
- Vary the speeds
- Hold fan nearer or further away from child
- Pause for a while and watch reaction
- Fan other parts of body

Similar activities with:

Battery operated fans Hairdryer Breathing

Electrical fans

Balloons

Pumps