

Tactile awareness activities: STICKY

Aims:

1. To stimulate the child
2. To raise the child's awareness of her sense of touch
3. To encourage interaction between child and adult
4. To encourage communication between child and adult, giving child opportunity to express likes/ dislikes and preference
5. To build up child's concepts about objects
6. To teach the child appropriate vocabulary
7. To teach the child about her body and develop body awareness
8. To arouse child's interest in object or person causing sensation
9. To arouse child's interest in active exploration

STICKY TEXTURES

- Remove jelly from fridge a while before it's needed, so it is not too cold
- Pat a small amount of jelly on child's hand. As she gets used to it, put on more
- Place her hands on top of jelly
- Put her hands in bowl of jelly
- Always talk to her, telling her what you are going to do
- Look for responses, showing like/ dislike/more/ i.e smiling, grimacing, \ laughing, crying, shaking head, removing hands, keeping hands in jelly, shaking hands to get rid of jelly
- Put jelly on other parts of body- lips, elbows, feet
- Use half-set jelly
- Use raw jelly cubes

Similar activities

Dough

Cake mixture

Cold cooked pasta

Blutack

Putty

Slime

Wet flour

Paint

Marmalade, syrup, treacle, chocolate spread

Wet cooked rice

Clay

Plasticine

Play dough

Cornflour, custard powder mixed with water

Shaving foam

Silly soap

Use trays for non-edible substances and bowls/ plates for edible