

## Tactile awareness activities; VIBRATION

### Aims:

1. To stimulate the child
2. To raise the child's awareness of her sense of touch
3. To encourage interaction between child and adult
4. To encourage communication between child and adult, giving child opportunity to express likes/ dislikes and preference
5. To build up child's concepts about objects
6. To teach the child appropriate vocabulary
7. To teach the child about her body and develop body awareness
8. To arouse child's interest in object or person causing sensation
9. To arouse child's interest in active exploration

### VIBRATION

- Child in comfortable position to feel and operate toy
- Place hands on toy to experience vibration
- Leave hands on toy. If she takes them off, leave a little while then put them back
- Look for responses showing like or dislike – smiling, grimacing, crying, shaking head, removing hands, keeping hands on toy, returning her hands voluntarily to toy
- Let child feel vibration on other parts of body –cheek, feet, lips
- Cover toy with different materials so child can feel them as she feels vibration e.g. fur, sheepskin, velvet, suede, silk, wool

Similar activities with:

Vibrating snake/ cushion/ dome

Massager

Drum

Tuning fork (near child's ear)

Footspa