



Castle Hill School
Innovating, Communicating, Empowering

Family Wellbeing Policy

| | |
|----------------------------|--------------------|
| Policy Created | Autumn 2018 |
| Last review | May 2021 |
| Frequency | 3 years |
| Date to be reviewed | May 2024 |

General Policy Statement

At Castle Hill School we intend to provide a safe, secure, caring environment where every one is valued and respected equally. We aim to provide an inclusive education where children develop independent learning skills and are taught according to need whatever their age, gender, background, beliefs or abilities.

National legislation, the [Equality Act 2010](#) and the [Special Educational Needs and Disability Regulations 2014](#) re disabilities, race relations and special education needs underpin this policy, which has also taken into consideration national, local and school policies on Special Educational Needs, Equal Opportunities and Health and Safety.

Rationale

This policy supports the well-being of parents/carers and siblings of students at Castle Hill School.

Here at Castle Hill we strive to create a happy enriching environment, which allows students to thrive and develop to individual highest potential.

We aim to:

- promote family wellbeing so that students, parents/carers and siblings may flourish and thrive
- encourage families to engage in 'habits' of wellbeing to further promote engagement, participation, learning, growth, development and fulfilment
- promote an understanding of good mental health and ensure that families are aware of the signs and symptoms of those that require support
- have an impact on the health and well-being of all in our learning community so that they experience nurturing and enrichment activities and opportunities to experience a wellbeing now and in the future
- foster a positive communication environment which aims to promote one's own well- being and the well-being of others.

Autumn term 2018 facts and quotes from the parents evening questionnaire.

- 94% of parents/carers attending Parents' Evening, a recent EHCP review, or have spoken directly to a member of staff (teacher, family liaison officer or other) at alternative time.

- “No suggestions for improvement as the school/staff are doing a fantastic job, way beyond expectations”
- “Just carry on doing what you can to encourage our children to enter adulthood like you are doing”

Strategies to ensure family wellbeing

Our Family Liaison Officer in partnership with Castle Hill School's Senior Leadership Team and staff team provide a package of support and assistance for families ensuring that the lines of communication between school, parents and multi-agency teams are open and effective.

Strategies include:

working alongside parents/carers and the multi-agency team to promote and develop strong supportive relationships with families.

attending reviews including; Educational & Health Care Plan, Child in Need and Children Looked After reviews

providing opportunities for families to join other parents and professionals to discuss issues relating to education and or behaviour including, but not limited to; educational workshops, social opportunities, pamper days, visits to SEND exhibitions and a weekly parents group meetings.

providing home visits

providing informal help and communication either by telephone or at the school gate.

supporting families by completing paperwork, signposting and making referrals to other agencies at a family's request.

providing parents with a wellbeing section on the school website which has a growing number of accessible resources that parents can access in confidence.

Indicators of good family wellbeing:

The seven indicators of wellbeing, as identified by the UK's leading Mental Health Charity, Mind, underpin wellbeing practices in school.

Confidence: Feeling confident in yourself and having positive self-esteem.

Emotion: Feeling and expressing a range of emotions.

Relationships: Building and maintaining good relationships with others.

Engaging: Feeling engaged with the world around you.

Being productive: Living and working productively.

Coping: Coping with the stress of daily life.

Adapting: Adapting in times of change and uncertainty.

Work to support the students and families at Castle Hill School includes consideration of these indicators

Example of Strategy Coverage

