

Bedfordshire Mental Health Support Team

The Mental Health Support Team (MHST) are based at Castle Newnham fortnightly. As a team we are embedded within your school to support pupils, families and school staff with their wellbeing.

We work with pupils who may be experiencing difficulties with their mental health through short term evidence based interventions over 6-8 sessions. This may be in the form of 1:1, group or parent support. We also offer advice and signposting.

If you would like more information or to make a referral to the team please talk to the pastoral team at your school.

Give us a follow on Instagram and Twitter for updates:



@mhstbedford



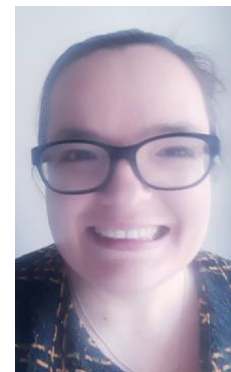
@mhstbeds_elft

Your MHST Team at Castle Newnham



Imogen Pearce

CAMHS Clinician and Dramatherapist



Robyn Hearson

Trainee Education Mental Health
Practitioner