



Castle Newnham School

TRADITIONAL VALUES, BRIGHT FUTURES, ONE JOURNEY

SCHOOL LUNCHTIME MENU 2023-24

The Castle Newnham Hot lunch menu is a six-week cycle. During terms that have seven-weeks, week one will be repeated for the seventh week. We always start a new term with week one.

We occasionally replace a week, or a day, and change the published menu to celebrate a special occasion; however, this will be communicated to parents before changes are made.

Week One

Monday

Chipotle meatballs, served with vegetable rice
Sweet potato chilli con carne, served with vegetable rice

Tuesday

Oriental chicken stir fry, with vegetable noodles
Bean and halloumi stew, paprika dumplings
Chocolate chip cookie

Wednesday

Traditional roast beef, with Yorkshire pudding
Chunky vegetable and cheese cobbler

Thursday

Pulled pork soft flour taco, potato wedges
Vegan spaghetti bolognese, served with garlic bread
Apple and strawberry crumble and custard

Friday

Battered fish, chips, peas or baked beans
Veggie hot dog, chips peas or baked beans

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.

Week Two

Monday

Creamy chicken and sweetcorn pasta bake, served with garlic bread

Lentil ragu, with penne pasta, served with garlic bread

Tuesday

Bangers and mash (pork sausages with mashed potato) served with onion
gravy

Cauliflower and broccoli cheese, served with mashed potato

White chocolate and cranberry cookie

Wednesday

Slow roast pork, served with apple sauce and roast potato

Garden vegetable pie, served with roast potato

Thursday

Beef cottage pie, served with gravy

Oriental vegetable stir fry, with sweet chili noodles

Strawberry mousse

Friday

Fish fingers, chips, baked beans or peas

Cheese and vegetable baked muffin, served with chips peas or baked beans

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.

Week Three

Monday

Smokey beef chilli nachos, served with rice
Vegetable samosa pitta bread, served with rice

Tuesday

Sausage and bean pie, served with new potato
Veggie chilli stuffed pepper, served with new potato
Farmhouse fruit slice

Wednesday

Chunky chicken and vegetable pie, served with roast potato
Three cheese and onion quiche, served with roast potato

Thursday

Pork fried rice, with sweet chilli sauce
Tomato basil and mozzarella pasta bake, served with garlic bread
Apple and blueberry crumble, served with custard

Friday

Soft flour fish taco, served with baked potato wedges
Mini cheese panini, served with baked potato wedges

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.

Week Four

Monday

Butter chicken, served with garlic rice, and naan bread

Spinach potato and chickpea curry, served with garlic rice and naan bread

Tuesday

Tuna and pasta bake

Ratatouille, served with a garlic and herb jacket half

Pineapple and coconut flapjack

Wednesday

Meat and potato pie, served with roast potato and gravy

Risotto stuffed pepper, served with roast potato

Thursday

Chicken casserole, with herb dumplings, served with new potato

Bean and vegetable enchilada, served with new potato

Chocolate orange sponge, chocolate sauce

Friday

Fillet of fish burger, served with baked potato wedges

Veggie burger served with baked potato wedges

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.

Week Five

Monday

Tomato and sausage pasta bake, served with crusty bread

Roast tomato and pepper pasta bake, served with crusty bread

Tuesday

Slow cooked beef goulash, served with new potato

Vegan sausage and bean hot pot, served with new potato

Cherry shortcake

Wednesday

Roast chicken with sage and onion stuffing, served with roast potato and gravy

Tomato cheese and basil galette, served with roast potato

Thursday

Beef lasagne

Potato, pea and mint frittata

Jam Roly poly and custard

Friday

Fish cake, chips, peas or baked beans

Loaded vegetable and cheese flatbread, served with chips, peas or baked beans

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.

Week Six

Monday

Creamy chicken korma, served with rice and naan bread

Tomato macaroni pasta bake, served with garlic bread

Tuesday

Lamb pasticcio

Vegan chicken and bean fajita, served with potato wedges

Raspberry muffin

Wednesday

Slow roast gammon, served with roast potato and gravy

Lentil and vegetable loaf, served with roast potato and gravy

Thursday

Smoked haddock kedgeriee

Mac n cheese

Eves pudding and custard

Friday

Ham and sweetcorn pizza, baked potato wedges

Vegetable spring roll, with vegetable noodles

All main meals come with a choice of fresh salad, or vegetables daily.

Fruit jelly, fresh fruit or yogurt.