DISHES AND THEIR ALLERGEN CONTENT – Week One

CASTLE NEWNHAM SCHOOL

DISHES						Lupin Flour	Milk		MUSTARD			HAN I	6	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chipotle meatballs, vegetable rice	X	x		Х										x
Sweet potato chilli, vegetable rice	Х													
Oriental chicken stir fry, veg noodles		x		Х								Х	х	
Bean and halloumi stew, paprika dumplings		x					х							
Roast beef, Yorkshire pudding		x		Х			Х							
Cheese and vegetable cobbler		x					Х						х	
Pulled pork taco, potato wedges	Х	x												Х
Vegan spaghetti bolognaise, garlic bread	Х	x												
Battered fish, chips, peas/beans		x			X									
Veggie hot-dog, chips, peas/beans		x					x						X	

Review date:

