

Castle Primary School

PE Policy

REVIEW DATE: February 2026

Introduction

In accordance with the National Curriculum guidelines our aims are to develop body-awareness, physical coordination, agility and a wide variety of skills, which can be applied to small or large indoor apparatus, floor work and games. The expression of thoughts and feelings through movement and dance is another dimension within the indoor PE work.

Aims & Objectives

Coaches and staff that deliver and assist in physical education, school sport and physical activity at Castle Primary School, aim to encourage the pupils to increase their activity levels in ways which are enjoyable and beneficial for health which also contributes to improvement in learning. We understand that this is achieved within safe environments and using safe practice. At Castle we aim to develop skills and show progression from Nursery to Y6 using Level Descriptors.

Planning-children need to be able to plan tactics and movements.

Evaluating-children need to be able to refine and improve their skills and planning

Health and well-being- children need to take responsibility for their own health and safety issues.

Teaching and Learning:

The PE coordinator is responsible for organising professional coaching that occurs in school. It is essential that any visitor to the school follow the standard procedure and safety checks. All coaches are to provide a CRB certificate and copies of qualifications/level certificate prior to the first session. The School office will store these.

A range of skills are taught through skill-based lessons and then applied to competitive games. This includes netball, football, hockey, rugby, tennis, cricket and rounders. Children also learn athletics to develop both track and field skills. Outdoor activities are taught through orienteering and OAA (Outdoor Adventurous Activities) both in school and on residential trips. Good practice is established at Castle Primary by 'teaching safely, teaching safety' as pupils require knowledge and understanding of safety in order for them to adapt and apply throughout their lives in addition to practical skills.

Central to these activities is the promotion of positive attitudes in the form values as well as self-confidence, self-discipline and appropriate behaviour matched to the activity, a sense of fair play and social and moral responsibility.

Health and Safety

It is the coaches responsibility to ensure equipment is put away in the correct place ready for the next class. This includes ensuring that the PE store is kept tidy.

All long hair should be tied back to prevent accidents and/or injuries.

All T-shirts should be tucked into shorts. Earrings and watches will be removed and given to the teaching assistant.

First Aid boxes and behaviour sheets are to be taken to all PE lessons, including swimming and tennis. The coaches/teaching assistants are responsible for the First aid box.

Coaches and assistants have responsibility to stop a child if they show potential risk to themselves or others. If there is, still a safety risk the coach must then discuss these issues with a child at a suitable time.

Fire Drill during PE sessions; children collect shoes/plimsolls immediately and walk out to designated area.

Coaches and assistants should be aware of health and safety risks involved in every activity. It is recommended they read the Safe Practice in Physical Education Manual. See main points below:

- 2 children to carry mats
- 3 children to carry benches
- Coaches and support staff to get out wall apparatus and to check apparatus before use
- A suitable noise level in the hall at all times (not silence)
- Hall must be free from chairs
- Children need to use space appropriately

Extra-Curricular Opportunities

A huge range of out of school hours learning opportunities are provided to Castle Primary School. Including: football, netball and cross-country that enhances our PE Curriculum. These clubs are led by staff and outside agencies. Parents must provide contact numbers and details of collection arrangements.

Inclusion

Teachers should be aware of racial stereotyping and not make assumptions about a child's ability. For children with physical disabilities, arrangements will be made so that all lessons are fully inclusive and all pupils have access to the PE curriculum.

Refer to the Equality & Diversity policy.

SEN:

Refer to SEN Policy

Dyslexia Friendly

Castle Primary is supportive of a Dyslexia Friendly environment having gained the Entry Level Status in 2014.

Assessment and Recording

Coaches to follow assessment provided by Amaven for each year group. This covers all five areas of the aims. The assessment of these skills is transferable between all three forms of PE (gym, games, and dance)