

Long Term Planning

Catforth Primary School 2025/26



| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|----------|------------------------------------|--|--|--|--|---|
| Lions A | EYFS - Fundamental Movement Skills | EYFS - FMS - How to catch a star | EYFS - FMS - Rumble in the Jungle | EYFS - FMS - Transport | EYFS - FMS - Mini Beasts | EYFS - FMS - Seaside |
| | ⊕ | ⊕ | ⊕ | ⊕ | ⊕ | ⊕ |
| Lions B | ⊕ | ⊕ | ⊕ | ⊕ | ⊕ | ⊕ |
| | EYFS - Fundamental Movement Skills | EYFS - FMS - Superworm | EYFS - FMS - Elmer | EYFS - FMS - Space | EYFS - FMS - Hungry Caterpillar | EYFS - FMS - Jack and the Beanstalk |
| Tigers A | KS1 - Y1 Dance - Fire Fire | KS1 - Y1 - Gymnastics Activities Core Task 1 | KS1 - Y1 - FMS Catching and Bouncing a ball | KS1 - Y2 Games - Piggy in the Middle (Core Task) | KS1 - Y2 - Games - Net and Wall | KS1 - Y2 - OAA The Great Outdoors |
| | KS1 Y1 FMS - Zog | KS1 Y1 FMS - Tri Throlf | KS1 - Y2 - Gymnastics Activities | KS1 - Y1 - FMS Underarm Throw | KS1 - Y1 Athletics | KS1 - Y1 - Baseline Unit - Lost and Found |
| Tigers B | KS1 - Y1 - FMS Overarm Throw | KS1 FMS and Gym - Jack and the Beanstalk | KS1 - Y1 - FMS Rolling a Ball | KS1 - Y2 - Games - Net and Wall | KS1 - Y2 Athletics | KS1 - Y2 FMS Playground games in the 20th Century |
| | KS1 - FMS Kicking Unit | KS1 - Y2 Dance - Explorers | KS1 - Y1 - Gymnastics Activities Core Task 2 | KS1 - Y2 FMS Bounce Ball | KS1 - Y2 - Games - Striking and Fielding | KS1 - Y2 - FMS End of KS1 Assessment |

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| Jaguars A | Year 3/4 Creative Games - Tag and Target | Year 3/4 Dance - Superheros | Year 3/4 Health Related Fitness | Swimming - Phase 1 | Year 3/4 Striking and Fielding - Rounders | Year 3/4 Striking and Fielding - Cricket |
| | Fundamental Skills Catch up - KS1 - Y2 FMS - Playground games in the 20th century | Year 3/4 OAA - Team Work & Problem Solving | Year 3 Gymnastics Core Task 1 | Year 3/4 Target Games - Dodgeball | Year 3/4 Invasion Games - Netball | Year 3/4 Athletic |
| Jaguars B | Year 3/4 OAA - Trust and Trails | Year 3/4 Health Related Fitness | Year 4 Gymnastics Core Task 1 | Year 3/4 Target Games - Dodgeball | Year 3/4 Striking and Fielding - Cricket | Year 3/4 Striking and Fielding - Rounders |
| | Year 3/4 Dance - Rock and Roll | Year 3/4 - Invasion Games - 3 Touch Ball | Year 3/4 Invasion Games - Handball | Swimming - Phase 2 | Year 3/4 Invasion Games - On the Attack | Year 3/4 Athletics |
| Panthers A | Year 5/6 Invasion Games - Hockey | Dance - The Victorians | Year 5/6 Dance - Heroes and Villains | Year 5/6 Striking and Fielding - Rounders | Year 5/6 Athletics | Year 5/6 Striking and Fielding - Cricket |
| | Year 5/6 Orienteering | Year 5/6 Invasion Games - Netball | Year 5 Gymnastic Core Task 1 | Year 5/6 Net and Wall - Badminton | Year 5/6 Striking and Fielding - Cricket | Year 5/6 Athletics |
| Panthers B | Year 5/6 OAA - Teamwork and Problem Solving 1 | Year 6 Gymnastic Core Task 1 | Dance - World War 2 | Year 5/6 Striking and Fielding - Cricket | Year 5/6 Striking and Fielding Games - Rounders | Year 5/6 Striking and Fielding Games - Rounders |
| | Year 5/6 Invasion Games - Hockey | Year 5/6 Invasion Games - Netball | Year 5/6 Net and Wall - Tennis | Year 5/6 - Creative Games | Year 5/6 Athletics | Year 5/6 Athletics |