PSHE & Citizenship Policy

"Then the Lord God said, "It is not good that the man should be alone; I will make him a helper fit for him."

Genesis 2:18



At The Cathedral Catholic School we are safe and cared for; we make Christ known and loved, using his example to strive for excellence in all we do.

In close partnership with parents and the parish of The Cathedral and St Thomas More, we aim to deliver an outstanding and distinctive Catholic education with Christ at its heart. Each person's unique value is recognised and nurtured so that, through God's grace we can grow, learn and realise our full potential.

We use our gifts and talents for the glory of God and in the loving service of others, proclaiming the Gospel and striving for the values of the Kingdom of God.

We profess our faith proudly and recognise that we are called to a loving relationship with God through the sacraments, scripture and prayer.

This policy should be read in conjunction with our school's policies on Drugs Education , Sex and Relationship Education, Health and Safety, Child Protection, Inclusion and Anti-bullying

<u>Aim</u>

The aim of our PSHE programme is to promote the personal and social development of our pupils.

We aim to:

- help our children develop self confidence and a feeling of self worth.
- encourage our children to make healthy, informed choices about their lives.
- develop a caring and considerate attitude towards themselves, others and the world around them.
- help pupils identify ways of responding to peer group pressure
- help our pupils to understand and manage their feelings.
- help children identify risks and learn ways to minimise them
- recognise where to go and who to go to for help and support

Programme of Study:

PSHE and Citizenship will be taught through other subjects and where appropriate discrete lessons in Key Stage 1 and 2. There will be opportunities in these lessons for circle time sessions. Reception will follow the Foundation Stage Curriculum Guidance- Personal, Social and Emotional Development. PSHE will also be taught through our curriculum areas, especially Numeracy and Literacy. Provision for P.S.H.E. and Citizenship will also be provided during Assemblies, Extra Curricular Activities, visits, visitors, School Council meetings, playtimes and special events in the school.

Resources:

- SEAL
- Sex and Relationship Education This is my body
- Recognised websites such as NSPCC and Childline
- Professional adult visitors e.g. police, school nurse etc

Roles and Responsibilities.

Subject leader's role is to lead and coordinate the process and support the implementation of the PSHE provision. It is the responsibility of the subject leader to monitor and maintain sufficient resources.

Recording

Each class should develop a portfolio of evidence for PSHE. This portfolio should made available and given to subject coordinator to monitor the learning in PSHE lessons. The portfolio could include such evidence as photographs, reflection sheets completed by the children, a written report of the lesson by a child, posters, reference to videos on the server, spreadsheet records of financial capability projects etc.

<u>Assessment</u>

There are no statutory requirements for assessment in PSHE & Citizenship. However staff are required to comment on the child's PSHE achievements in the annual report. The end of key stage statements can be used to support teachers in writing these comments.

Other events

In order to meet our aims as a school, other events take place to develop the PSHE of children in school, over and above weekly lessons. These include money week, anti-bullying week, bike ability, childline visits, Play leader training etc.

Review.

This policy will be monitored and evaluated by the Subject Leader in consultation with all staff on a three yearly cycle.