**Goggle Consent Letter**

**ADVICE TO PARENTS**

* Goggles are not needed for everyday swimming
* Should your child ever be involved in a hazardous water situation, it is extremely unlikely they would have a pair of goggles. It is recommended that children learn to swim without the need for goggles.
* Goggles may cause injury, if a child is knocked on the goggles when swimming or diving.
* Goggles do not keep all the water out of the eyes.
* Goggles steam up and are often a distraction rather than an aid to swimming.
* School lessons are only 30 minutes is duration
* The use of goggles are only advisable when there is an reaction to the chemicals in the pool, and where the swimmer is involved in lengthy training sessions.
* If you wish for your child to wear goggle, they must be able to put them on and off themselves as teachers are unable to assist.

‘The googles must be held firmly with both hands, each gripping the outside corner where the straps are attached. The goggles must be pushed upwards – and NEVER pulled out away from the face’

* Please sign the attached slip and return to school, if you are giving permission for your child to wear goggles.

As Parent/Guardian to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I acknowledge that I have received the information regarding the use of Goggles and wish my child to wear goggles whilst attending School Swimming Lessons

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_