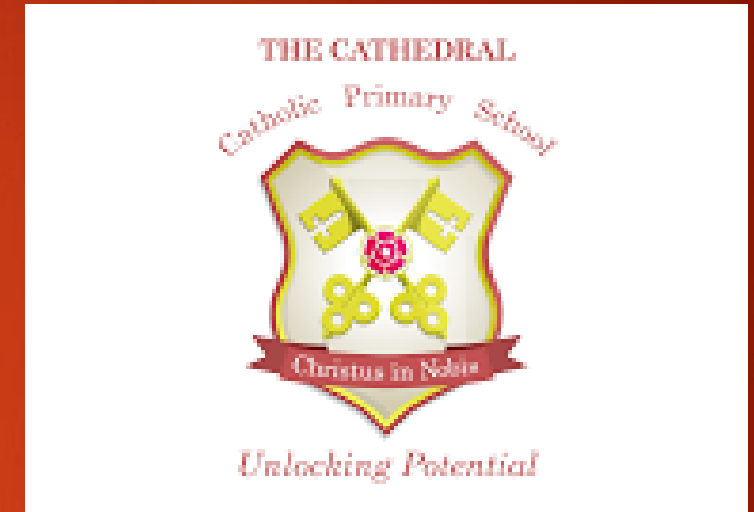


YEAR ONE INFORMATION EVENING



INFORMATION EVENING FOR PARENTS SEPTEMBER 2026

UNLOCKING POTENTIAL TOGETHER IN FAITH AND LOVE

STAFF YOUR CHILD WILL TALK ABOUT



Miss Dawson
Monday – Wednesday



Miss Whitaker
Thursday - Friday



Miss Duddy

A DAY IN THE LIFE OF YEAR 1

	8.45 – 9.00	9.00 – 9.30	9.30-10.15		10.15 – 10.30	10.30 – 11.30	11.30 – 12.30	12.30 – 12.40	12.40 – 1.10	1.10 – 1.45		1.45 – 2.00	2.00 – 3.00	3.00 – 3.10	
Monday	Register & Morning tasks	CoW 9.00-9.15	Phonics 9.15– 9.35	English 9.35 – 10.15	BREAK	Maths	LUNCH	Phonics blast	Guided Reading	PE		BREAK	RE	Class Story	
Tuesday	Register & Morning tasks	Phonics 9.00 – 9.20	English 9.20 – 10.00			Maths		Phonics blast	Guided Reading	1.20 Class Worship	Computing/Music		RE	Hymn Practice	
Wednesday	Register & Morning tasks	Phonics 9.00 – 9.20	English 9.20 – 10.00			Maths		Phonics blast	Guided Reading	Art/DT			PSHE	2.40 Class Story	Class Worship
Thursday	Register & Morning tasks	Hymn Practice	Phonics 9.20 – 9.40	English 9.40 – 10.15		Maths		Phonics blast	Guided Reading	Science			Science		Class story
Friday	Register & Morning tasks	Celebration Assembly 9.00 – 9.25	Phonics 9.30 – 9.50	English 9.50 – 10.15		Maths		Phonics blast	Guided Reading	Geography/History			PE		Class Story

HOME LEARNING

- ▶ Daily reading – record/initial in reading record. Read books 3 times - the first 'read' is only looking at the pictures and discussing them. The second read is for decoding. The third read is for fluency and comprehension. You don't have to read the whole book or a 'whole read' in one night, but please write in the record where you are up to.
- ▶ Spellings Book – every week your child will receive a new list of spellings in their red Spelling Book. Please help your child to learn them. Up until Christmas, we will be focusing on Tricky or Common Words.

Listen to your
child read

Read to and
with your child

Encourage
wider reading



Complete Spellings
practice

Talk about books your
child enjoys reading.
Ask questions

Ensure work done
at home is of a
good standard

CHILDREN MAKE THE MOST PROGRESS WHEN PARENTS SUPPORT THE WORK OF A SCHOOL

MATHS

- ▶ Children in Year 1 begin by consolidating their understanding of numbers to 20, then over the year this develops into learning numbers up to 100 and over. The children will gain an understanding of Place Value with tens and ones.
- ▶ They will learn simple addition and subtraction, and number bonds up to 20. Doubling and halving, plus finding halves and quarters of a quantity. We begin learning about time, measuring minutes and seconds and telling the time to the hour and half past.
- ▶ The times tables we learn are the 2s, 5s and 10s.

ENGLISH

- ▶ In Year One, the children are learning to write short sentences by following these steps: thinking of what they want to write, then saying the sentence out loud, then using their Phonics to write it down and read it back to themselves.
- ▶ Phonics is a huge focus, and we teach it every day. This involves teaching the children all the different sounds in our language and the different ways of spelling them and blending them together to form words. We also teach tricky words that can't be sounded out.
- ▶ Guided reading is part of our daily timetable. In Year One, children are learning how to read and to understand what they are reading. Guided reading is a mix of activities to develop children's reading skills.
- ▶ Children must read every night with an adult.

R.E.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Branches	One: Creation and Covenant	Two: Prophecy and Promise	Three: Galilee to Jerusalem	Four: Desert to Garden	Five: To the Ends of the Earth	Six: Dialogue and Encounter
Year One	Creation story in Genesis Nicene Creed (opening) Our Father Laudato Si	Annunciation, Visitation, Jesus' birth, Visit of the shepherds Hail Mary First phrase of the Gloria	The Presentation, Finding Jesus in the Temple, Zacchaeus The Feast of the Presentation of Jesus 'Jesus our light'	Jesus in the desert, Jesus enters Jerusalem, The Last Supper, The Crucifixion Ash Wednesday and Lent	The road to Emmaus, Promise of the Spirit, Ascension, Pentecost 'Glory be' prayer	The symbol of the cross, the sign of the cross, our Parish Jewish religious life and practice

Each class leads a whole school Celebration of the Word on a Wednesday afternoon in the hall once each term. The date of our class Celebration of the Word will appear on the school newsletter.

PRAYER AND LITURGY

- ▶ Prayer is an important part of our school life. Children pray in different groupings and at different times everyday.
- ▶ In addition to whole school times of prayer, children in Year 5 take it in turns to prepare and lead a time of prayer in class each week.
- ▶ Remember to check the weekly newsletter so that you can come and join in your child's class led Celebration of the Word on a Wednesday afternoon.
- ▶ Parents and carers of any faith (or none) are welcome to join any of the prayer times and Masses advertised on the newsletter.

SCIENCE

In Year One, the following Science topics are covered:

- ▶ Human body
- ▶ Materials
- ▶ Animals
- ▶ Plants

TOPICS

Autumn 1 – ‘Family Album’

Autumn 2 – ‘Fire! Fire!’

Spring 1 – ‘Penguins, Pigs and Possums’

Spring 2 – ‘Growth and Green Fingers’

Summer 1 – ‘The Great Outdoors’

Summer 2 – ‘Robots’

PE

- ▶ Monday and Friday.
- ▶ Children come in wearing their PE kit.
- ▶ Earrings need to be taken out for PE or left at home that day.
- ▶ HAIR – hair that is shoulder length or longer should always be tied up.
- ▶ INHALERS – if your child needs an inhaler, please ensure they have a labelled, in-date inhaler in school at all times.

ENRICHMENT

This year we are hoping to have the following activities:

- ▶ Trip to **Judges Lodgings Cottage and Schoolroom** in **Autumn 1**.
- ▶ Visitors about the **Great Fire of London** in **Autumn 2**.
- ▶ **Spring** term visit to **Lakeland Oasis Zoo**.
- ▶ Local area hunt for **Plants** in **Spring 2**.
- ▶ **Summer** term walk to **Williamson Park**

REWARDS

- ▶ WHOLE SCHOOL – Star of the Week certificate, Keys to Success
- ▶ CLASS BASED – stars
- ▶ INDIVIDUAL – achievement and behaviour points

	READING Dark blue	WRITING Light Blue	ENQUIRY Green	COMMUNITY Yellow	MINDSET Dark Pink	MATHS Light pink	MISSION Red	ACHIEVEMENT Purple	FAITH White	PERFORMANCE Orange
	Show and share a love of reading	Consistently show and share a love of writing	Asking questions and finding answers	Participating and helping the wider school community	Showing a positive attitude to learning	Know and apply	Following the school weekly mission	Something I am proud of	Showing commitment in faith	Perform to an audience
RECEPTION	e.g. retelling a book through role play	e.g. choosing to write independently	e.g. asking questions	e.g. CAFOD, Reading in church, Sports teams, Open evening, PTA events, Visits in the community, Eco club, Classroom jobs,	e.g. independence, resilience, perseverance, cooperation, risk taking, effort, leadership,	Numbers to 10	Awarded 'Star of the Week' linked to our weekly mission	e.g. Award from external group (cubs, sports) Or Achievement from a school-based club (sports, art, ICT)	e.g. actively participating in planning and sharing class worship, attending voluntary prayer groups, regularly attending a place of worship, sharing aspects of own faith with others	e.g. nativity, poetry recital, play, carol singing,
YEAR 1	e.g. share a favourite book	e.g. seeing yourself as a writer	e.g. Asking questions about the world			Place value				
YEAR 2	e.g. talk about a favourite author	e.g. choose to write for a variety of purposes	e.g. ask questions about things they have observed and thinking of possible answers			2, 5, 10 x				
YEAR 3	e.g. explore a variety of books/texts	e.g. engaging in longer pieces of writing	e.g. think of questions that can be investigated			2, 3, 4, 5, 8, 10 x				
YEAR 4	e.g. explore a variety of books/texts		e.g. start to investigate questions asked			12 x 12				
YEAR 5	e.g. actively contribute to discussions about books and authors	e.g. with passion and flare!	e.g. independently find answers to questions asked			Mental maths strategies				
YEAR 6			e.g. research a scientific question of interest			Problem solving skills using all of the above				

MORE INFORMATION

- ▶ **SCHOOL WEBSITE**
- ▶ **ARBOR** – school-home communication and payment of items.
- ▶ **CURRICULUM OVERVIEW** – on website to show what the class will be learning about
- ▶ **PARENTS' EVENING** – Autumn Term and Spring/early Summer
- ▶ **REPORTS** – interim reports are send out at the end of each term with a full report sent out in the Summer term.

ATTENDANCE

- ▶ Whole school target of 96%
- ▶ PA – 90%
- ▶ Half termly updates
- ▶ Must be in school before 8.45am, gates open at 8.35am
- ▶ No holidays authorised in term time. If you do book a holiday a penalty notice will be given.
- ▶ Proof of medical appointments. Please make these out of school hours. If your child is a little under the weather, send them in; we can always call if they are ill or give them calpol with your permission.

WEBSITE

- ▶ www.cathedral.lancs.sch.uk
- ▶ Regularly changes and has lots of information about the class on Class page.
- ▶ Parents section
- ▶ Every half term will be updated with photos and what the children have been learning.
- ▶ Wealth of info like term dates, newsletters and lots more.
- ▶ Following Crime Agency advice we are moving away from displaying full faces on our website and social media.

Online Safety



Keeping children safe in education 2026

Statutory guidance for schools
and colleges

September 2026

Why?

KCSIE 2026 is a complete statutory guide that all schools must comply with.

It clearly outlines how schools have a statutory responsibility to keep children safe online in or out of school.

Mobile phone free schools

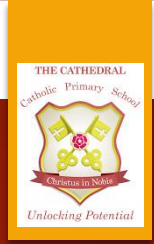
From **1 September 2026**, schools must follow the DfE's statutory guidance on mobile phones. This requires schools to have a policy that prohibits pupils from using or accessing mobile phones throughout the school day.

In our school, phones are only brought into school in extreme circumstances and locked away in the office. All phones that do come in must not have apps on that are not age appropriate e.g What's app.



Smartphone free childhood

**SMARTPHONE
FREE CHILDHOOD**



The group is there to support the Social media ban that the government announced recently. The collective idea is that if we can prevent young children from being given smartphones we can improve the mental health and relationships of our young people and that we stand a better chance if we act together.

Smartphone Free Childhood is now a community of over 350,000 parents working together to stand up for healthier, happier childhoods.

We've made it our mission to provide solidarity, support and solutions to parents who are struggling with what's become one of the defining parenting challenges of our time.

And we're using the voice of our community to push for more support from the government in the battle to reclaim childhood from Big Tech's addictive algorithms.

In the near future, we are looking to ban smartphones for our children who bring them to school. Buying a brick/dumb phone is a great alternative for this. Some local high schools and schools have already started this. Please use the QR code to sign up to the parent pact or to have a look.



Social Media Risks

Risks to Children

Despite the safety features, child safety organizations highlight ongoing risks, including:

Inappropriate Content:

Children may be exposed to adult or violent content through large group chats. 

Scams:

Offenders can pose as friends or family to ask for money or personal information. 

Grooming:

The platform's ability to connect users and host large groups can increase the risk of encountering predators. 

Location Sharing:

Parents should discuss safe practices around sharing live location with trusted contacts. 

Online Safety

online safety websites for parents



Images



News



Videos



Shopping



More

About 517,000,000 results (0.51 seconds)

<https://www.nspcc.org.uk> › keeping-children-safe › onl... ⋮

Keeping children safe online | NSPCC

Our **online safety** hub offers advice for **parents**, from nudes to online games to **parental** controls. Our guides help you make informed decisions and help keep your ...

[Talking to your child about...](#) · [Online safety blog](#) · [Reporting online safety concerns](#)

<https://saferinternet.org.uk> › Guides and Resources ⋮

Parents and Carers - UK Safer Internet Centre

Find advice, guides and resources to help keep your child safe online. As a parent or carer...

Digital Wellbeing

- ▶ 'Maladaptive excessive screen time behaviour in children has been recently associated, among others, with adverse physical (e.g., overweight/obesity), psychological (e.g., language delay) and social health consequences ([de Rezende et al., 2014](#); [Li et al., 2020](#); [Lissak, 2018](#)), as well as with impaired [executive functions](#) ([Zeng et al., 2021](#)).'
- ▶ Often the amount of screen time isn't the issue, WHAT children are accessing and seeing is.
- ▶ Apps are marketed at children, often gamifying every day "learning" and mimic the effect of dopamine in the brain which can lead to disengagement in other activities, reduced social time with peers and family and difficulties with sleep, attention and emotional regulation.
- ▶ **There are age limits on Apps and games for a reason. Apps marketed at children e.g. Kids YouTube, are no safer in terms of content than the regular Apps. The safest way to protect your children is to limit their access completely until they are old enough to know the safety rules.**
- ▶ We expect parents to educate themselves and be active moderators and protectors for their child's online world and screen usage.
- ▶ We are required, by safeguarding guidance, to act on children reporting that they use apps and sites underage, or if they report seeing inappropriate content for their age and stage of development.

Digital Wellbeing

“Our children are only as safe as their friend with the weakest digital rules”

- ▶ Top tips for educating yourselves and keeping our children safe:
 - ▶ Normalise asking other parents/people caring for your child what their online/screen usage rules are before play dates etc
 - ▶ Check your child's devices daily and involve them in regular discussions about safe usage of screens, devices and their online presence
 - ▶ Use school as a resources to help if you need us – we can give advice, talk to children and even look at safety settings and controls on devices with you
 - ▶ Use your own social media and internet access as a tool for learning:
 - ▶ **Dr Alison Yeung, MD, GP** <https://www.instagram.com/thesmartphoneeffectmd/#>
 - ▶ **Catherine Knibbs** – Child Therapist specialising in Cybertrauma https://www.instagram.com/catherine_knibbs/#
 - ▶ **Smartphone Free Childhood Campaign** <https://www.instagram.com/smartphonefreechildhood/#>
 - ▶ **esafekids** - Body Safety, Cyber Safety & Pornography Education Specialist <https://www.instagram.com/esafekids/#>

Home School Online Agreement



This agreement aims to help you and your child navigate the digital world safely.

The decision to allow your child to use/access any app or website is entirely yours as their responsible adult however, the school's view remains that primary aged children should not have unsupervised access to devices with internet connections. If the school has any serious concerns about the access your child may have to certain inappropriate content, we are duty bound to refer to Children's Social Care or the Police.

We will:

We will educate all pupils on e-safety through workshops and the computing curriculum.

We will use appropriate filtering and ensure appropriate supervision when using the internet, email and other online tools.

We will assess filtering systems and operating procedures around internet use regularly.

Please note that filtering can never be completely fool proof and occasionally inappropriate materials may be accessed – these incidents will be addressed immediately and appropriately.

We will contact you if we are concerned about a pupil's online safety.

We will model appropriate online behaviour and etiquette or 'netiquette'.

Child will:

I will tell a trusted adult if something I don't like has happened online or via phone straight away.

I will take care of IT equipment.

I will report people who send nasty messages immediately.

I will not open unknown links and attachments (preventing viruses, malware and adware from infecting school and home systems).

I will behave in the same positive, friendly and responsible way online with my friends as I would on the playground.

I will not share information, passwords, photographs or other private data online without a trusted adult's permission.

Parent will:

Talk to my child about e-safety and internet usage.

Ask my child questions about how they socialise online.

Monitor screen time to support my child's well-being.

Be aware of the age rating and restrictions of apps/websites and games my child has access to.

Ensure my child does not have access to apps and websites that have age restrictions and they are only using age-appropriate media and online messaging apps/websites.

Work with the school to help educate my child about online safety.

ANY QUESTIONS?

- ▶ If you wish to contact us and you can't make it into school, our email addresses are below and on the school website. You can also phone the school office if you wish to make an afterschool appointment to speak to us.
- ▶ The best time to speak to us at length/confidentially is after school but you can use the mornings to keep us up to date / ask any questions etc
- ▶ **Please ensure you keep school up to date with any changes in contact telephone numbers.**
- ▶ h.dawson@cathedral.lancs.sch.uk h.whitaker@cathedral.lancs.sch.uk