



The Cathedral Catholic Primary School, Lancaster, LA1 3BT

Newsletter 12th January 2024

Unlocking potential together in faith and love

Mission

Each Monday we share our mission of the week in our whole school assembly. Our mission after half term week is for children to get to know Jesus better. Our stars of the week will be the children who have been spotted following the mission.

Scripture of the week: Look there is the Lamb of God John 1

Stars of the Week

Rec- Rosie
Year 1- Kingston
Year 2- Dulsara
Year 3- Absent
Year 4- Roux
Year 5- Aylin
Year 6- Layla D

Punctuality and Attendance

Reception- 94%
Year 1- 96%
Year 2- 97%
Year 3- 94%
Year 4- 99%
Year 5- 93%
Year 6- 93%
Whole school- 94%

Be in the line for quarter to nine!!

New healthy start to the year

Tanzii and Yoga



We have had a healthy start to the new year with Tanzii Tv visiting us. As part of our PE and PSHE curriculum we do daily exercise and Tanzii help us with fun exercises and physical challenges to complete. Tanzii were actually in school and had the whole day with us. Each time we exercise the minutes get added to a leader board and this term Year 3 were champions. Use this link to see what we got up to:

<https://www.youtube.com/watch?v=a0s2g4EKplo>



On Wednesday we welcome Yogi Group in and each class had time to take part in a yoga class learning how to control their breathing, stretch and be at peace. This was a super day and really helpful for children's mental health and wellbeing. A great physical start to 2024

Parent Governor

We have a vacancy for a parent Governor. This role is for 4 years and involves attending 6 meetings in a year. Governors run our school and it vital we have representation of parents on the Governing Body. If you would like to put yourself forward for this role or have a question please call in the office for a form to fill out. The nominations are open until January 15th. A letter has also been sent out on the Parent App about nominations for a parent governor.

Year 1 staff changes

A letter was sent to Year 1 parents this week about staff changes in Year 1. Please check to read this. Mrs Cook is returning from maternity leave on January 29th and will be working in Year1. Miss Whitaker will be going part time and will share the class with Mrs Cook.

We are here for you

We know that the cost of living and other factors may be causing families concerns and worries. We want to make sure that no child is at a disadvantage due to finances or circumstances. It is really important to us that we have good relationships between school and families. Mrs Blamire and Mrs Speak and all staff are here for you, Please let us know if you need any further advice or guidance. Mrs Blamire and Mrs Speak have a network of support to refer parents to.

We are also requesting that if your home circumstances change e.g. partners going away for work, separation, change in family dynamics that you please let a staff member know. All information will be treated sensitively. The only reason we ask is that we want to ensure we are equipped to support your child(ren). Many children can find changes difficult, no matter how small these changes may be.

All children in EYFS and KS1 are entitled to a free universal school meal. We continue to have a number of children on packed lunches. The menu has recently changed and we would encourage you to take up this offer.

Diary dates for the Spring 1

Monday 15th Wealth and work week for all classes
Wednesday 24th January – Year 5's Class worship at 3pm
Thursday 25th January Year 6 class mass
Monday 29th January Mrs Cook back from maternity leave
Tuesday 30th January - Poetry performance for the whole school at 2.30pm
Wednesday 1st February pm – Reception to visit Butterfly house
Friday 2nd February - Reception Stay and play
Monday 5th February – Borwick Hall meeting for Year 5 parents.
Tuesday 6th February – Safer internet day
Wednesday 7th February – Year 2 visit to the castle
Year 4 lead class worship.
Thursday 8th February – Year 3 StoneAge day
Friday 9th February – Year 6 Egyptian dress up day
Finish for half term at 3.15pm

Online Safety

As part of our Safeguarding legal duty we have to ensure that your children are kept safe online and that is why you all signed a home school online safety agreement in September.

Have your children had new devices for Christmas? Have you set parental controls on all app or games?

Please ensure that children are not accessing Snap Chat as we know a number of our children are using the app to chat to their friends. Please follow the top tips for parents to ensure you are keeping them safe. **Remember that 13 is the legal age for Snap Chat. Please work with us to ensure the children do not have access to this.**



Snapchat



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."

EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story,' stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!"

SCREENSHOTS & SAVED MESSAGES

Users have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust or accidentally to someone they do not trust!

LENS EXPLORER

The 'Lens Explorer' in the app now enables users to choose from thousands of these creations to alter their snaps. Anyone can create a lens for Snapchat, which gives opportunities for age-inappropriate content to be uploaded.

13+ The legal age for Snapchat



Snapchat



Top Tips for Parents

RESTRICT STORY VIEWS

Your child can add videos and images to their 'Story' throughout the day which will last for 24 hours. By default, anyone in a user's friends list can see their story. Consider checking the privacy settings to ensure that this has not been edited. This can simply be done in the apps settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends,' 'Everyone' or 'Custom' - You may want to consider that it is set to 'My Friends.'

HOW TO DELETE A MESSAGE

Advise your child never to send any negative messages (or images through gallery in the chat on the app) as screenshots can still be taken. You should also advise your child to screenshot any negative comments they receive as the sender can also delete them. To delete a message, simply press and hold the sent message and press delete.

TURN OFF 'QUICK ADD'

'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. Get your child to turn off the 'Quick Add' feature. This can be done in the settings.

USE 'GHOST MODE'

You may want to consider enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the 'Snap Map.' To enable this, go onto the Snap Map and tap the cog in the top -right corner. Here, change the setting to 'Ghost Mode.'

13+ The legal age for Snapchat