

Key Stage Four Home Learning Timetable

During school closure it is important to keep up a routine. Follow the timetable below completing the work set by your teachers on Class Charts.

Day	9.00am— 10.00am	10.00am— 11.00am	Break	11.20am— 12.20pm	12.20pm— 1.20pm	Lunch	2.00pm— 3.00pm	Well- being suggestions
Monday	Physics	History / Geography		WELL—BEING	English Language		Child Care, French, Performing Arts, ICT	Facetime/ Skype friends or family Clean out your wardrobe Play a board game Try an on-line meditation
Tuesday	Music, Geography, PE, Religious Education, Travel and tourism	English Literature		WELL—BEING	Maths		Art, Catering, Business Studies, Design Technology, Horticulture	Do some exercise—go outside if you can Bake some cakes Help with the household chores Write a diary/ journal
Wednesday	English Language	Maths		Child Care, French, Performing Arts, ICT	Chemistry		WELL—BEING	Read a book for pleasure Do a facemask Look after the pets
Thursday	Music, Geography, PE, Religious Education, Travel and tourism	Biology		WELL—BEING	Maths		Art, Catering, Business Studies, Design Technology, Horticulture	Help cook tea Do a home workout Play a card game Take part in the weekly house challenge
Friday	WELL—BEING	Maths		History/ Geography	Science		English Literature	Watch a film—without your phone in your hand! Learn a new skill eg. Play a musical instrument, do some origami Tidy the garden