



**Central Lancaster
High School**

Central Lancaster High School,
Crag Road,
Lancaster,
Lancashire LA1 3LS

Tel: 01524 32636

Email: clhs@lancasterhigh.lancs.sch.uk

Website: www.lancasterhigh.uk

Dear Parent/Carer

End of term newsletter: Friday 10 December 2021

End of term arrangements

A reminder that term ends on **Thursday 16 December**.

Our last day of term will be a non-uniform/ Christmas jumper day to raise money for 'Save the Children' with a minimum donation of £1.

Pupils will be in normal lessons period 1-3. After lunch pupils will be in form with house tutors until we dismiss them at the slightly amended time of 2.30pm. Pupils who wish to stay to catch the school bus at 3.05, or who are to be picked up by parents and carers at 3.05, will be supervised in the school hall until the end of the day.

I would like to take this opportunity to thank you, on behalf of our staff and governing body, for your support throughout the term and we wish you all a safe and merry Christmas and happy New Year.

Asymptomatic Testing in January 2022

The Government has announced that all secondary school pupils should have the opportunity to receive an on-site LFD test on their return to schools in January 2022. Attached to this bulletin is a letter that explains how we shall be conducting these tests at school on Tuesday 4 January 2022. All pupils are to return to school on **Wednesday 5 January 2022**.

Christmas lunches

This week, pupils have enjoyed Christmas lunches together in our dining room. There has been festive music and decoration that has contributed to a wonderful festive feel as we move towards the end of term. We thank our catering team for all of their hard work.

Christmas Concert

Although there was a limited audience due to Covid, our Christmas Concert was held on Wednesday evening. It was a delight to see the many talents of our young people on show. As mentioned last week, we hope to welcome a full house in the Spring term.

Commitment | Creativity | Community

Acting Principal: Mr J Cowper
The Bay Learning Trust. Registered in England & Wales.
Company Number 07588464.



Part of the
The Bay Learning Trust

Morecambe Bay Foodbank Reverse Advent

A reminder that we are supporting the foodbank this Christmas. Donations are welcomed until Thursday morning.

foodbank Morecambe Bay **REVERSE ADVENT CALENDAR** **uniformproject** Morecambe Bay

Our Reverse Advent Calendar is a way for us to collect food and special items for families living in poverty around Morecambe Bay to give them a treat at Christmas time. Please start from the first or second week in November so that what you collect can be with the Foodbank before 14th December.

1 Tinned Fruit	2 Steamed Puddings	3 Crisps	4 Custard	5 Wrapped Biscuits	6 Colouring Books and Pencils
7 Tinned Ham or Meat	8 Tinned Potatoes or Vegetables	9 Tea or Coffee	10 Jam or Honey	11 Long Life Milk	12 Pet Food and Treats
13 Children's Treats	14 Christmas Pudding	15 Long Life Juice	16 Christmas Cake	17 Shower Gel or Shampoo	18 Tinned Potatoes or Instant Mash
19 Pasta Sauces	20 Hot Chocolate	21 Instant or Tinned Soup	22 Text ADVENTS to 70460 to donate £5	23 Tinned Pies or Stew	24 A Selection Box of Biscuits

For information about getting your donations to us please go to our Facebook page, our website www.morecambebay.foodbank.org.uk or call us on **01524 932001** **THANK YOU!**

SEND

Thank you for your attendance at the first of the yearly SEN reviews. We hope you have found these useful and productive.

There will be no SEND clinic next week on Thursday because it is the last day of school.

New book – A Parent's Guide to Autism Diagnosis. What to expect and how to support your child.

Packed full of useful hints and tips with case studies and strategies throughout.

A Parent's Guide to Autism Diagnosis: What to Expect and How to Support Your Child by Amazon Learn more:

https://www.amazon.co.uk/dp/1787754243/ref=cm_sw_em_r_mt_dp_B7F72CFKZHGENGK1PQ9R

Mental Health and Wellbeing

Christmas can be a wonderful time of the year but can also be a stressful time. Information through this link provides you with useful tips of how to cope at this busy time of the year.

<https://www.anxietyuk.org.uk/blog/anxiety-uk-tips-for-coping-at-christmas/>

Household support fund

Lancaster City Council Community Connectors have now commenced the administration and delivery of a one-off fund from the Department for Work and Pensions which has been distributed to county and unitary authorities.

Lancashire County Council have allocated £360,000 to Lancaster City Council to administer across the district to those facing financial hardship.

The Household Support Fund is available to help those in our district who are struggling financially this winter. Through an application, support can be provided to residents of the Lancaster district to help pay for:

- increasing energy charges and water rates
- household appliances
- housing costs (not mortgage or rent costs)
- and an offer for an 8-week food voucher membership scheme for food, toiletries, blankets & clothes and which can provide around £25-£30 a week

Online applications opened on Monday 22nd November 2021 and can be accessed via the following link on the Lancaster City Council website: <https://www.lancaster.gov.uk/hsf>

Should you have any concerns or require support in accessing the fund, alternatively you can attend one of the Fund's planned mobile events or call the fund administration on 01524 582000 between 9am and 5pm Monday to Friday.

Should you require support in placing an application to the fund, contact the school with your requirements and we will be happy to help you.

Praise

Congratulation to Clougha house for receiving the most praise points this week.

1. Clougha
2. Storey
3. Lune
4. Halton

Well done to all the pupils who have taken up instrumental lessons this term. We currently have 120 pupils taking lessons on guitar, drums, singing, violin, trumpet, flute, saxophone and piano. It's brilliant to hear all the progress that everyone is making and we look forward to this continuing after Christmas.

Miss Timperley would like to congratulate **Max B** and **Joshua B** for superb oracy work in English this week. Both shared fantastic ideas. In addition, **Lucas L** talked in great detail about the favelas in Brazil, in preparation for the Year 7 class read "Trash".

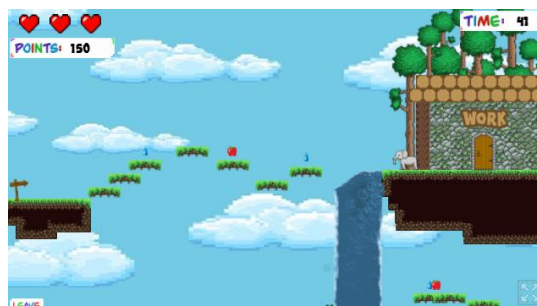
The whole class were rapt listening to him. He was so animated and spoke with real clarity - some superb cross-curricular links. Great knowledge, Lucas.

Year 10 dance group are commended by Mrs Crossman for their confident performance and opening the show in Wednesday's Christmas Review performance. Well done girls, a great first live assessment.

A special thanks to **Leaf R** and **Jay R** Y10 for their technical support during the Christmas Review.

Ella R, Ruben A, Liam W and **Riley A** Y9, for perseverance with factorising into double brackets in maths, a grade 5 topic. Keep up the excellent work!

Mollie M in Y11 has produced a very professional game for her Computing coursework, including a mobile version! It's one of the best produced since we began delivering this course.



Food corner

This week's pupil praise goes to **Ashley W** and **Zunaira H** both, Year 10, who, as we get ever closer to Christmas, created a festive culinary delight in the shape of Christmas dinner sausage rolls.



If you would like to recreate the recipe at home, please visit the link below:
<https://www.bbcgoodfood.com/recipes/christmas-dinner-sausage-roll>

Have a safe and enjoyable weekend.

Yours sincerely

Mr J Cowper
Acting Principal