

Central Lancaster High School, Crag Road, Lancaster, Lancashire LA1 3LS

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Dear Parent/Carer

Parent/Carer newsletter: Friday 10 March 2023

Industrial action – Wednesday 15 and Thursday 16 March 2023

School will be once again only open for pupils in Year 11 and for an identified group of 'vulnerable' pupils in all other year groups on these days. Pupils in Year 11 are expected to attend and any absence will count towards a child's overall annual attendance percentage.

Work for pupils in all other year groups will be placed on ClassCharts to be completed throughout the day at home. Please find attached a copy of the letter sent this week.

Year 10 Work Experience

This week we launched our work experience programme with Year 10 pupils and this will be followed up with a parent meeting on **Tuesday 14 March**, 6.00 - 6.45pm. All Year 10 pupils will be on work experience, 15 May – 19 May 2023 and are required to source their own placement.

Pupils should have brought home a letter explaining the process, which can also be found on our school website. <u>https://www.lancasterhigh.lancs.sch.uk/parents/letters-to-parents</u>

Year 10 mock examinations – advance notice

We will be holding our Year 10 examinations between Tuesday **2 May and Thursday 11 May.** These examinations will take place in the Sports Hall and will be supported by external invigilators. A timetable for these examinations can be viewed on our new Year 10 examinations page on our website which can be viewed <u>here</u>.

Teachers will be working hard with Year 10 pupils to prepare them effectively for these examinations. Please encourage a regular routine of revision at home.

Leeds Conservatoire Contemporary Pop Choir

A group of our singers were involved in a workshop with the director of the Leeds Conservatoire Contemporary Pop Choir which then culminated in a performance at the Priory in Lancaster. The group performed with three other local secondary schools and the professional choir. Pupils were inspired by the choir and by hearing about higher education and are looking at pursuing their passion for singing as part of the Conservatoire. To see a video of the performance please follow the link.

https://www.lancasterhigh.lancs.sch.uk/news/2023-03-06-central-choir-singers-at-the-priory Commitment | Creativity | Community



THE BAY LEARNING TRUST

Year 9 Option Choices

A reminder that the deadline for Year 9 Options forms to be submitted is **Friday 17 March 2023**. If you need to discuss this with a member of staff, please do not hesitate to contact Ms. Lilley or Mrs. Prestwood via the school office.

National Careers Week



This week we have been celebrating National Careers Week in lessons, during form time and in assemblies. On Wednesday, Year 9 heard all about what it is like to work for the Fire Service and on Thursday, the NHS came to speak to Year 10 and 11 about the huge variety of careers available in the organisation.

Today we had a visiting speaker from Lancaster University who dispelled some of the misconceptions about university for our Year 7 and 8 pupils.

Pupils have also been visiting a virtual careers fair – the link for this and an evaluation sheet is on ClassCharts for all pupils.

Year 10 Creative Industries Expo

A group of our Year 10 art students visited Lancaster and Morecambe College and were given the opportunity to partake in creative industries workshops run by universities for the full day. These

workshops ranged from learning how to manipulate clay for special effects purposes to understanding the process of how to design and make 'a communal building space' out of paper in an architecture workshop.



During the workshops, the University tutors shared their industry experience



with pupils and the structure and content of the courses they delivered.

They also showed successes of past students and how studying their courses provided an excellent pathway into the 'industry'.

Pupils were encouraged to actively engage in the workshops both practically and verbally and were treated as adults and given the independence and freedom to explore their own ideas.

At the end of the day a 'marketplace' was held in the library which included a range of universities providing advice and information about their courses. Pupils particularly liked this part as they were able to get lots of freebies from the Universities!

Mrs Stephenson who accompanied the group said 'I just wanted to say what a credit to our school the pupils were today, they were well-behaved and engaged in the discussions and activities throughout the day. It was an absolute pleasure taking them; I've had a brilliant day and feel inspired so thanks for letting me be part of it!"

Year 11 Practice Interviews

Year 11 should be incredibly proud of the way they conducted themselves during the preparation session and the 1:1 mock interviews which took place on Monday.



Despite feeling nervous, all pupils performed really well and gained a great deal from the experience. The local employers all commented on how well-mannered and confident our pupils were and many of them would have been hired if was a real interview.

Pupils will all receive copies of their written feedback alongside their mock exam results on **Friday 17 March 2023**.

Turkey/Syria Earthquake Appeal

We have all been very moved by the sad news about the recent earthquakes and the devastation these have caused. To help raise funds for the national appeals, we will be selling badges from next week. More information to follow through ClassCharts.

SEND

Our weekly SEND clinic is open each Thursday between 2.30 - 4.30 pm.

Please email lisa.maudsley@lancasterhigh.lancs.sch.uk to book a 15-minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Term 2 SEND reviews for Year 7 will be held w/c: **Monday 20 March**. A letter will be sent home with further details. Please email Mrs Ainsworth: <u>sainsworth@lancasterhigh.lancs.sch.uk</u> to make an appointment.

Our school library remains open every day from 8.15am, during break and lunchtime, and after school and is staffed with Higher Level teaching Assistants (HLTAs) so please encourage your child to attend if they require additional support with their classwork or homework.

Mental health and wellbeing

Top tips for a positive mindset: Focus on the good things, however small.

Almost invariably, we're all going to encounter obstacles throughout the day—there's no such thing as a perfect day. When you encounter such a challenge, focus on the benefits, no matter how slight or unimportant they seem. For example, if you get stuck in traffic, think about how you now have time to listen to the rest of your favourite podcast or your favourite music. When you are walking, focus on the sounds you can hear around you and bring yourself to the present rather than dwelling on the negative things.

Reading corner

Bedrock Vocabulary

Thank you to all parents and carers who are encouraging pupils to complete their weekly English homework task. Pupils are expected to achieve 20 points (minimum) every week – most pupils achieve significantly more than this.

If any parents/carers or pupils require login details or passwords please email <u>michelle.timperley@lancasterhigh.lancs.sch.uk</u> for this information. Thank you.

The winning forms for Half Term 3 (HT3): are as follows:

	1st	2nd	3rd
Year 7	7C1	7C2	7H
Year 8	8H	8L	8C
Year 9	9 <mark>H</mark>	9 <mark>C</mark>	9L

This half term's competition is hotting up with some different forms ready to knock the current champions off the top of the table! Thank you to all for their continued efforts. Those pupils who achieve 20 points EVERY week will be entered into a Bedrock Competition to win a Chromebook or Amazon vouchers.

As a school, we have been very lucky so far this academic year to have had 5 winners! This is superb when you consider there are over 300,000 pupils completing Bedrock Learning each week, nationally.

Well done to the following pupils who have shown a real commitment to their Bedrock Vocabulary this week.

Year 7

Points awarded:

Christina A with 210 points Samuel P with 172 points Echo M with 120 points

Year 8

Points awarded:

Maysa A with 162 points Louie M with 144 points Nawaf A with 84 points

Year 9

Pointed awarded:

Shristi S S with 661 points Tahsin S with 163 points Leah B with 129 points

Key reminders

Pupil absence

If your child is unable to attend school due to illness, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text to our Absence Alert Text Number 07943107504 - This is a virtual mobile number from which absence is monitored during the school day.

Key dates for the Spring term:

17 March 2023	Deadline for Year 9 Options Forms		
22 March 2023	Year 6 welcome evening		
23 March 2023	Year 8 Parents' Evening via School Cloud		
30 March 2023	Progress Cards issued – all year groups		
31 March 2023	Open Mic at lunchtime and non-uniform day for the Turkey -		
	Syria Earthquake Appeal		
	School closes at 3.05pm		

Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.

House points:

- 1. Clougha 1676 (10.6 per pupil)
- Halton 1379 (8.8 per pupil)
 Lune 1065 (8.1 per pupil)
- 4. Storey 1325 (9.0 per pupil)

A special mention to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Emmanuel J	Ollie P-P	Maggie A	Libby M	Paige S
Lily B	Daniel K	Kayla D	Thomas K	Dya O
Jimii C	Lilly B	Lucy K	Mia M	Owen E
Ocean Y	Meryem B	Alfie T	Morgan T	Jaden O
Ethan C	Jack S	Arek W	James C	Jack P

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Lune Year 8: Lune Year 9: Clougha Year 10: Storey Year 11: Lune

Attend today, achieve tomorrow!

Special praise goes to the following pupils:

<u>Year 7</u>

Sara E - A massive well done for her astounding history homework project!

Pupils had to read an article on castles and present 5 facts about them. Fantastic job!

In Year 7 English the pupils are enjoying the novel "Trash" by Andy Mulligan which deals with life for young people living on a dumpsite. Pupils are appreciating the build-up of tension throughout the novel. Thanks to **Kameron E, Kameron T, Jake T, Roxy B, Jimii C, Theo A and Josh B** who all have interesting



viewpoints are becoming increasingly more confident at using their presenting voices when sharing ideas with the class.

Thank you to 7 Clougha1 who shared some interesting ideas about future Careers, when discussions were held earlier this week for National Careers Week 2023. **Oscar** wanting to be a CEO, **Alex** wanting to be a Car-dealership owner and several pupils wanting to become teachers were some of the many very varied aspirations.

<u>Year 8</u>

Lacie T for excellent effort in your maths lessons this week.

Rosy H and **Dillan W** for your excellent contributions in the 'facing the past' trip. Thank you for representing our school so well.

Well done to **Tristain W, Chae J-S, Kaycee B** and **Gabrielle F** for your excellent focus throughout your French lesson.

Amy L, Riley H and Joshua C for your outstanding effort for your long Spanish translation.

Year 9

Darcie D and Lucas M for excellent effort at a long French translation in class this week.



Leo G for commitment to learning in history and RE.

Ella F for showing creativity in her computing class.

Eden O for fantastic attitude towards learning, especially in geography. **Joshua S** for producing good work in science and conducting yourself in a sensible manner during experiments.

Well done to **Leah B**, **Darniah G and Leah B** who refereed a primary school football tournament at Moorside this week.

In Year 9 English, **Cameron-Rose, Scarlett, Ibrahim, Dylan H, Lewis G, Ajay B** and **Brooke R** continue to impress with their regular contributions in class.

Pupils are studying "A View from the Bridge" which focuses on sensitive issues and the pupils are approaching this text with maturity. Thank you.

<u>Year 10</u>

Tyler M-M - thank you for setting up the lighting for the Year 11 dance controlled assessment and for being so professional in your conduct whilst doing this.

Primrose for supporting and welcoming a new pupil to CLHS.

Kaitlin M for settling in well in her first week at CLHS.

Zara M for her fantastic work in maths

<u>Year 11</u>

Andrew H for his super efforts in his history studies. His hard work is really paying off. Well done Andrew!

In Year 11y2 Literature, the use of GCSEPods, Do Now activities and retrieval games are helping the pupils to learn key quotations for their up-coming Literature GCSE exams. **Benjamin M**, **Reegan C, Vincent H, Euan H** and **Adam R** have demonstrated excellent recall this week when the group has looked at key extracts of "Macbeth" – they are able to use memorised quotations to support their views. Great work!

In Year 11x2 English Language, pupils are improving their timing, writing transactional pieces in timed conditions which requires efficient planning. **Mason, Harry C** and **Oli R** voice their opinions well and are not afraid to have a go. This is really encouraging. Well done.

Year 11 for doing so well in the mock interviews on Monday. Employers were very impressed, and we had some super feedback. Well done year 11.

Sports corner

Football Results

The last few weeks has seen the start of the district football competition in which we compete against the other schools within the district. So far, we have managed to play games against Ripley, Morecambe and Our Lady's with some mixed results.

Year 7 were victorious in defeating Morecambe 9-1 but unfortunately lost to Ripley 3-2.

Year 8 also beat Morecambe 3-1, Our Lady's 2-1 but were defeated by Ripley 5-0.

Year 10 have battled and fought in every game played so far but have not had results go for them, having been defeated by Ripley 4-1, Morecambe 4-2 and Our Lady's 3-1.

Year 11 have played exceptionally well and were successful against Our Lady's, winning 5-1 but were defeated, despite being the better team, 2-1 when they played Morecambe.

Well done to all the boys who represented our school with passion and enthusiasm and also for their excellent sportsmanship.

Funding for new equipment

The PE department have managed to secure funding in the region of £14,000 to spend on new equipment to enhance the offer for pupils in our school.

The successful bid will allow us to purchase a wide range of table tennis equipment with the aim of running a breakfast and after school club. We hope this will be really popular and will allow pupils to engage in sport and exercise before school starts.

We will then look to integrate the sport into our curriculum with possible fixtures against other schools. We have also managed to secure funding to develop our gym area and update some of the equipment in there. This is a popular area within the school and pupils will get the chance to 'work out' using some brand new top of the range equipment.

Have a safe and enjoyable weekend.

Mr J Cowper Principal