



Central Lancaster  
High School

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Dear Parent/Carer

## **Parent/Carer newsletter: Friday 11 February 2022**

### **Half term**

It only seems two minutes since we returned after the Christmas holiday. It has been a very busy and productive half term and I would like to thank all staff, pupils and parents/carers for your care and support of everyone within our school community.

We wish you all have a safe and enjoyable half term to get some rest and spend quality time together and we look forward to welcoming pupils back into school on **Monday 21 February**.

### **Ebony's garden**

We raised £58 through the sale of pink and purple ribbons which will go to the upkeep of Ebony's garden. Many thanks to everyone who supported.

### **National School Breakfast Programme**

Research has shown what many of us all already knew - a regular, nutritious breakfast helps us make the most of our day, it supports a healthy body and a healthy mind, not to mention concentration levels and our ability to think clearly. So, we are pleased to announce our partnership with the **National School Breakfast Programme**.

Beginning Monday 21 February and running until the end of the academic year, pupils will be able to have breakfast, **free of charge**, in school between 8.15am - 8.45am. During this time they can choose from freshly toasted bagels or from a selection of cereals.

The breakfast will be available in our canteen and is **free to all pupils in all years**.

### **Year 7**

Mrs Prestwood leaves us today to start her maternity leave. We share our best wishes with her for the safe arrival of her baby later this year. Mr Williams will take over the role of Head of Year 7 so if you have any queries or concerns please do not hesitate to contact Mr Williams on his email address: [matt.williams@lancasterhigh.lancs.sch.uk](mailto:matt.williams@lancasterhigh.lancs.sch.uk) or by ringing school on 01524 32636.

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## Academy Improvement Board

We are seeking an additional parent/carer member to our Academy Improvement Board (AIB). If you are interested, please find additional information in the attached document. If you would like to be considered for membership, please register your interest to Mr J Mills – [jmills@lancasterhigh.lancs.sch.uk](mailto:jmills@lancasterhigh.lancs.sch.uk) by **Monday 28 February**.

## Year 9 Options and Parents' Evening

We have rescheduled the Year 9 options evening and parents evening for the following dates:

Year 9 Options Evening:	Thursday 10 March
Year 9 Parents' Evening:	Thursday 17 March
Year 9 Options form deadline:	Monday 21 March

You will receive a letter with more information regarding the options process in the first week back after half term.

## Year 11 PPEs (Mock exams)

We have been delighted to see how well our Year 11 pupils have conducted themselves in the first week of their mock examinations. We have also continued to see good numbers of pupils at the after school and lunchtime revision sessions being run by staff. Please continue to encourage your child to keep revising over the February holiday in preparation for the second week of mock exams when we return.

In addition to the revision sessions, we have purchased a revision guides for each pupil for English, maths, science. In addition, pupils who study French, history and geography have also had revision guides purchased for them. Most of these have already been distributed directly to pupils and we will be working hard to support our Year 11s to use them effectively over the coming weeks.

A reminder that you can access our dedicated website page here: <https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

## Year 10 Work Experience Self-Placement Deadline

It is a statutory requirement for all pupils to have an experience of a work place before the age of 16. Our Year 10 students will be completing their work-experience between 13 June – 17 June 2022.

Our most successful placements usually come from self-placements and the deadline for this is **Monday 21<sup>st</sup> February**.

## Uniform

Thank you to all pupils who daily attend school in the correct uniform and who wear it with pride. We place significant value on our uniform as it provides a sense of belonging to our school.

We also appreciate that the holidays gives the ideal opportunity for haircuts, acrylic nails, piercings and eye lashes etc. Please can we ask for your continued support in ensuring that your child's uniform and appearance is in line with our uniform and appearance expectations when they return after the

break. <https://www.lancasterhigh.lancs.sch.uk/students/uniform> Many thanks in advance for your support.

## Equipment

It is essential that pupils have the correct equipment each day to support their learning and to minimise any disruption to teaching if a teacher needs to provide any missing items.

Please can you continue to ensure that your child has a pen (blue/black), pencil, ruler and planner as a minimum requirement. Items of stationery can be bought at the House Hub each morning for 20p per item.

## SEND

Year 10 SEND reviews are taking place in the first week back after half-term. Please either return the reply slip on the letter you have received to reception on Monday after the half-term break or by email: [levans@lancasterhigh.lancs.sch.uk](mailto:levans@lancasterhigh.lancs.sch.uk) to book an appointment.

The SEND Clinic is open Tuesday 22nd February 4-6pm. Please email Miss Evans to book a 15 minute appointment if you wish to see her.

Homework Club runs in S5 every Wednesday 3.05-4pm. Please encourage your child to attend if they require support with their homework.

## Mental Health and Wellbeing

As we enter the holidays, it provides us all with the opportunity to stop, reflect and recharge. This website gives you hints and tips on a range of activities that you can do with the family during the half term. [Coronavirus: wellbeing activity ideas for families \(place2be.org.uk\)](https://www.place2be.org.uk)

## Praise

Congratulations to Clougha house for receiving the most praise points last week.

1. Clougha **1282** (10.8 per pupil)
2. Halton **1118** (7.9 per pupil)
3. Storey **1100** (7.4 per pupil)
4. Halton **1162** (7.0 per pupil)

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Freya P	Caitlin S	Liam F	Charlie M	Lilly P
Evie D	Maggie A	Ruby B	Bekzod I	Ruby W-M
Nawaf A	James R	Paul G	Daniel S	Elsa D'S
Ethan C	Kaan G	Molly K	Harry W	Priya B
Dillan W	Jodie M	Manot A	Vincent H	Izzy M

## Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Lune  
Year 8: Lune  
Year 9: Clougha  
Year 10: Lune  
Year 11: Lune

In addition, well done to the following pupils:

**Oscar C**, Y7, performed his role in our class performance of 'Archie's War' this week with excellent skill and confidence; well-done Oscar.

In Year 11 English Language - **Ashleigh P** was a fabulous narrative piece of work.

In Year 11 Literature - **Runyararo** for her diligence and self-discipline towards her exams (the first year of the course she was not at CLHS so she has worked exceptionally hard to ensure all the course content is completed).

In Year 8 PiXL Edge - **Rhyley B** for being so very focused and demonstrating both excellent creativity and communication skills in his poster-making task.

## Food corner

This week in catering saw our GCSE group creating breakfasts. **Alex K** in 10 Lune decided on a healthy, low sugar approach with the two recipes linked below. However, by his own admission, "The muffins could have done with more sugar", the smoothie however was an instant hit.

Please try them at home and see for yourself.

<https://www.bbcgoodfood.com/recipes/two-minute-breakfast-smoothie>

<https://www.bbcgoodfood.com/recipes/breakfast-muffins>

Have a safe and enjoyable half term break.

Yours sincerely



Mr J Cowper  
Principal