

Dear Parent/Carer

Parent/Carer newsletter: Friday 11 November 2022

Remembrance Day

This week, we have been remembering those who sacrificed their lives during the two world wars during assemblies. We also shared 2 minutes silence today to show our respect and thanks for the liberties we all benefit from as a result of their sacrifice.

Thank you to all pupils and staff who have donated to charity in the purchase of poppies. We have raised £150 and monies raised will go to the Royal British Legion. Thanks to the pupils who helped to sell these items: **Lexie H, Isabel G** and **Willow D** in particular true Community spirit!

Today, four year 7 pupils and four year 11 pupils took part in a Remembrance Day service at Ms Whalley's field in our local community alongside two local primary schools.

Pupils laid wreaths and spoke as part of a service to mark this special day. All pupils were respectful and represented the school wonderfully. Well done to those involved: **Jaden O, Zunaira N, Thinzar K, Vincent H, Brooke G, Layton J-h, Ollie D** and **Daisy-Leigh D**.

Bedrock Vocabulary

As you are aware, Bedrock Vocabulary is one of the many important strategies we have in school to support pupils with their reading and literacy.

Each month they award 50 cash prizes - there are 300,000 pupils nationally involved in using Bedrock. In September, **Ibrahim in Year 9** won a prize and we have just learned that 3 more of our pupils have won prizes in October for their on-going commitment to Bedrock. These are:

Year 7: **Cameron E**

Year 8: **Rowan G**

Year 9: **Baily H**

This is absolutely fantastic. Thank you to our families who support and encourage Bedrock Vocabulary at home and a reminder that all Year 7, 8 and 9 pupils should be achieving 20 points as a minimum every week.

We are very proud of the commitment being shown by our pupils in Key Stage 3 - well done!

Commitment | Creativity | Community

Stakeholder surveys

Over the coming weeks, we are conducting a number of surveys to gather the voice of staff and pupils in all year groups. We would also like to gather the views of you, our parents/carers. We would very much appreciate your time to answer a number of questions relating to your and your child's experiences of school. There is also the opportunity to provide any detailed views and opinions that you may wish to share.

Your views and opinions are very much valued and will be used to measure and inform school improvement. The survey should take 5-10 minutes.

You can access the survey through this link: <https://forms.office.com/r/iFdh6N4XaP>

The survey will close on **Monday 21 November at 3.05**.

If you would like to meet with a senior member of staff to discuss any of the questions within the survey in person, please contact school via Mr Mills – jmills@lancasterhigh.lancs.sch.uk

Christmas concert

Our Christmas concert will be on **Tuesday 13 December** starting at 6.30pm. Tickets will be available to buy soon.

Mama Mia visit

Mrs Spence is organising a trip to see the musical Mamma Mia in Manchester on **Tuesday 7 February 2023**. Letters are available to pick up from music and there are 40 places on this trip.

CAT Tests for Year 7 pupils

On Monday 21 November, pupils in Year 7 will be taking their CAT tests during periods one and two. These are not tests that can be revised for but are important in supporting us to understand more about individual pupil potential achievement. The tests focus on four key areas known to make a difference to learning and achievement. These are:

1. **Verbal Reasoning** – the ability to express ideas and reason through words is essential to subjects with a high language content, and the most obvious skill picked up by traditional assessment.
2. **Non-verbal Reasoning** – problem-solving using pictures and diagrams; skills which are important in a wide range of school subjects, including maths and science-based subjects.
3. **Spatial Reasoning** – the capacity to think and draw conclusions in three dimensions, needed for many STEM subjects, but not easily measured by other datasets.
4. **Quantitative Reasoning** – the ability to use numerical skills to solve problems, applicable well beyond mathematics.

Should you have any questions, please do not hesitate to contact Mr Auger at the school.

Year 11 Mock exams: 14 – 24 November

Year 11 will be sitting their first set of mock examinations starting on Monday in English language, English literature, maths, science, geography, history and French. A full examination timetable can be found on our website: Year 11 revision page, which can be accessed through the below link.

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

If you have any questions, please do not hesitate to contact your child's house tutor in the first instance.

SEND

The Bay's Nature & Wellbeing Sessions for young people

Starting this Thursday 10 November with a family taster session from 4-6pm at the Maritime Museum.

The weekly sessions for 11-18-year olds will help young people to improve their wellbeing while getting creative, learning about and taking action to protect the fantastic wildlife of Morecambe Bay.

The first session on the 10 November will be an informal taster session with time to have a look around the museum, learn more about the programme of activities that we have planned and make a willow dreamcatcher.

Please contact Alex: ablomfield@edenproject.com/ 07884 605256 or fill out our online referral form to sign up: <https://thebay.org.uk/referral-forms>

Our weekly SEND clinic is open each **Thursday between 2.30 - 4.30pm**.

Please email lisa.maudsley@lancasterhigh.lancs.sch.uk to book a 15 minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Our school library is open every day from 8.15am, during break and lunchtime, and after school until 4 pm and is staffed with Higher Level teaching Assistants (HLTAs) so please encourage your child to attend if they require additional support with their homework.

Term 2 SEND reviews for the following year groups will be held w/c:

Year 8: 21 November
Year 9: 14 November

A letter will be sent home with further details. Please email Mrs Ainsworth at sainsworth@lancasterhigh.lancs.sch.uk to make an appointment.

Escape 2 Make: There is a new fortnightly and free yoga club for 11 - 18 year olds at the Storey Institute. Relax and unwind in a peaceful welcoming space. Meet new likeminded friends your own age. Led by professionally trained yoga teachers.

<https://escape2make.org/registration-form/>

Mental health and wellbeing

Over this half term, we will be looking at ways to support children and young people who are worried. Each week there will be a guide of how you can support and help manage the young people in your household to help with fears that they might experience.

Create a space for conversation

Demonstrate that you are available to talk but don't force the conversation at the wrong time as this may feel intrusive. Be open and consistently available, allowing conversation to flow when the young person is ready and willing to talk. Children and young people often find it easier to talk while doing another activity, such as drawing, going for a walk or baking.

Reading corner

Library

A reminder that the library is open both before school (8.15 – 8.40) and after school (3.05 – 4.00) for **all** pupils.

Pupils can access the library to complete their homework, read or to use our IT and printing facilities. The library is staffed so there is always somebody to help your child should they need it.

Next week, at break and lunchtimes, the following timetable is in operation:

Monday	Tuesday	Wednesday	Thursday	Friday
Y11 and Y7	Y10 and Y8	Y9 and Y11	Y8 and Y9	Y7 and Y10

Bedrock Vocabulary 'top' performers this week:

Year 7

Most progress: **Valeriia O**

Most points awarded: **Sara E**

Year 8

Most progress: **Josh B**

Most points awarded: **Yasaman G**

Year 9

Most progress: **Jessica H**

Most points awarded: **David A**

Miss Newsham will be handing out prizes in assemblies next week for our school's top performers. We look forward to sharing their awards and progress next week.

Key reminders

Careers Updates

This term sees the continuation of open events for our local Sixth Form and FE providers. Please see the dates for your diary below. We will provide specific information about each event at the appropriate time.

- **Lancaster and Morecambe College:**
 - 30 November 2022 (T-levels information event)
- **Cardinal Newman College:**
 - Saturday 12 November 2022
 - Saturday 4 February 2023
- **Our Lady's Catholic College:** 17 November 2022
- **Kendal College:** 1 December 2022
- **Morecambe Bay Academy:** 7 December 2022

Cardinal Newman College Preston

The general college entry criteria is:

- **A-Levels:** At least five grade 5s or above at GCSE
- **HE* Programme:** At least five grade 7s or above at GCSE
- **BTEC Level 3:** At least five grade 4s or above at GCSE
- **T-Levels:** At least two grade 5s and three grade 4s or above at GCSE, including at least a grade 4 in maths and English language GCSE
- **Mixed Programme (combining A-Levels with BTECs):** At least two grade 5s and three grade 4s or above at GCSE
- **Level 2 BTEC:** At least four grade 3s and at least a grade 4 or above in GCSE English language and/or maths.

To attend the open event on Saturday 12 November, you must register by following the link below:
<https://www.cardinalnewman.ac.uk/newmancurriculum/college-open-events/>

Our Lady's Catholic College

Minimum Entry Requirements for a Level 3 Programme of Study the minimum entry requirements are: 5 GCSE or equivalent passes at Grade 4 or higher (to include at least ONE Grade 4 or higher in English and Maths). Many of their courses have additional entry requirements which are listed in the Course Directory. They endeavour to offer courses to all abilities.

Pupils who do not achieve the minimum requirements above will be offered a Level 2 course with a strong emphasis on making progress in GCSE English and Mathematics.

For more information see:

<https://www.olcc.lancs.sch.uk/page/?title=Sixthform&pid=12>

Morecambe Bay Academy

Please find out more information on Morecambe Bay Academy's website through the link below:

<https://morecambabayacademy.co.uk/join-us/sixth-form/>

Key dates for the Autumn term:

2 November 2022	School re-opens
W/C 14 November 2022	Year 11 Mock examinations
W/C 21 November 2022	Year 11 Mock examinations
W/C 21 November 2022	CAT tests for Year 7 pupils
1 December 2022	Year 11 Achievement Evening (2021/22 cohort)
13 December 2022	Christmas concert
15 December 2022	Progress Cards issued for Year 7 –11
16 December 2022	School closes for Christmas at 1.15 pm

Pupil praise

Congratulations to Clougha House for receiving the most praise points last week.

1. Clougha **1789 (11.5 per pupil)**
2. Lune **1332 (10.6 per pupil)**
3. Halton **1211 (7.8 per pupil)**
4. Storey **909 (6.1 per pupil)**

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Charlotte H	Alfie K	Leon B	Shane H	Calla L
William E	Michael A	Jacob J	Luke G-M	Leaf R
Sara E	Max B	Scarlett Y	Ellie W	Thinzar K
Roxy B	Louie M	Mayar A	Molly K	Paige S
Isabelle M	Quaneisha Y	Leon P	Kaitlyn S	Charlie M

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7:	Halton
Year 8:	Lune
Year 9:	Clougha
Year 10:	Storey
Year 11:	Clougha

Special praise goes to the following pupils:

Year 7

Well done to **Ahmad A** and **Jayden D** for their participation in their music lesson this week.

Lily D, William F, Will L, Ella L, Ezekiel, Kameron T and Rosie T have all made fantastic contributions to their RE lesson looking at religious leaders. Well done.

Thank you to **Phoebe N, Max G, Lois T and Ethan C** in for taking their old primary school headteachers on tours of our school this week. They did a fantastic job and our visitors really enjoyed hearing about their time here at Central.

Year 8

Ini A, Ayo A, Nawaf A, Jesse B and Aston J made fantastic contributions in their PSHE lesson when learning about HBT bullying.

Ini A has started mathematics superbly. Always willing to answer questions and support others.

Ollie B has demonstrated fantastic community spirit by helping new pupils settle into our school – thank you!

Thank you to **Lexie H and Freya P** for handing out Poppies during form time.

Year 9

Ben W and Maggie A for continued hard work and commitment in history lessons. Both impressed with a written answer about the Battle of the Somme.

Gabriel L for working hard in his history lesson learning about the Home Front.

Ollie W for excellent effort in RE. Ollie made lots of contributions to class discussion on a lesson about Capital Punishment.

Ella F showed community spirit this week by looking after her friend who was going through a tough time – thank you.

Well done to **Darniah G** for her fantastic efforts during the fitness tests this week in PE.

David A, Michal A, Ajay B, Darniah G, Cameron-Rose O-B, Ibrahim S, Jaraad T, and Stanley W. All these pupils achieved 40+ points on Bedrock Learning this past week - exceeding the weekly pupil target of 20 points. Very well done!

Tahsin S, Scarlett Y and Dylan H for commitment to their learning in history.

Katie D and Leo G for commitment to learning in geography.

Elijah M and Mia S for excellent home learning in maths.

Maggie A for fantastic extra-curricular work in Music.

Year 10

Chanie M for her fantastic contributions and even better effort in Science with Mrs Ainsworth.

Mr Auger would like to thank **Ellie G** for allowing me to copy notes from her book for pupils that are absent from school.

Congratulations to **Mia M** and **Hollie H** who produced a good first GCSE English language assessment.

Year 11

Well done to **Nancy W** with her effort in the singing group.

Well done to **Jayden** for his leadership in PE this week.

Well done to **Izzy W** for her positive attitude to school this week.

Mr Auger would like to thank **Jade W** for allowing me to copy notes from her book for pupils that are absent from school.

Sports corner

We took 16 Year 8 rugby players to Our Ladies for our first rugby fixture. Many of the players had not represented the school previously so it was fantastic to see these pupils getting involved. We won the game, scoring 5 tries to Our Ladies one.

Our pupils put into practice everything they had been shown in lessons and were quick and strong to ruck, maul and some of the tackling on display was phenomenal. It is very difficult to single players out but in particular, **Liam A** and **Josh B** both had fantastic games. Well done to all the boys who represented our school.

Food corner

We have had an exciting week! Three professional chefs came into school and taught our Hospitality and Catering pupils how to debone a chicken and fillet a fish. One fish was baked, and the other pan fried as part of the demonstration.

The chicken was then used to create Hunters chicken in Year 11. Year 10 pupils added theirs to a homemade pasta dish. The results were amazing!



Have a safe and enjoyable weekend.

Mr J Cowper
Principal