

Central Lancaster High School, Crag Road, Lancaster, Lancashire LA1 3LS

Tel: 01524 32636 Email: <u>clhs@lancasterhigh.lancs.sch.uk</u> Website: <u>www.lancasterhigh.uk</u>

Dear Parent/Carer

Weekly newsletter: Friday 12 November 2021

Year 11 Achievement Evening

Many thanks to Mr Chapman, Mr Williams and all other staff who were involved in arranging our extremely successful Year 11 achievement evening on Thursday this week. It was very well attended by pupils who left us in 2020 and 2021. It was a thoroughly enjoyable evening for all those in attendance and it was wonderful to see so many familiar faces return to school.

England Rocks Competition

Thank you to all the pupils who got involved in the England Rocks Competition on Times Table Rock Stars and gained points for themselves, their class and our school this week. It was brilliant to see their enthusiasm and also the impact it has had on improving their times tables. A special mention goes to **Jessica U** (Year 10), **Daniel M** (Year 7) and **Quaneisha Y** (Year 7) for scoring the most points. Well done!

Open Mic

After the success of last term's open mic event, the next event will take place on **Friday 19th November** at lunchtime. This will be dedicated to Keith Ashcroft as 20th November will mark a year since we lost him. Money raised will go to the charity supported by his family which is More Music in Morecambe.

Covid vaccinations

A polite reminder that if your child was absent when the NHS were in school before the break and you wish for them to receive the vaccination, we have been informed, by the NHS, that they are opening two evenings a week at St James church in Heysham for children to attend. The opening times are 4:30-7 Tuesday and Wednesday evenings. You can book on the national booking system or simply walk in.

Mental Health and wellbeing

https://www.youngminds.org.uk/parent/?acceptcookies

This link gives lots of practical advice and tips on supporting your child - from how to encourage your child to open up about their feelings to dealing with mental health services.

Commitment I Creativity I Community

Acting Principal: Mr J Cowper The Bay Learning Trust. Registered in England & Wales. Company Number 07588464.



Part of the The Bay Learning Trust

SEND

Homework Club runs every Wednesday from 3.05-4pm in S5. There are ICT facilities available and help is provided by Learning Support Staff.

There are some great free webinars for parents and carers and free to watch seminars on <u>www.autismgm.org.uk/events</u> on a range of topics:

<u>GMAC Dad's Drop-in Session Tickets, Tue 16 Nov 2021 at 19:00 | Eventbrite</u> <u>Managing Anger Webinar Tickets, Thu 2 Dec 2021 at 19:30 | Eventbrite</u> <u>GMAC Dad's Drop-in Session Tickets, Mon 6 Dec 2021 at 19:00 | Eventbrite</u> Sensory Needs Webinar Tickets, Wed 8 Dec 2021 at 10:00 | Eventbrite

Year 7 SEND reviews will be taking place next week. Please return reply slips to Miss Evans to book an appointment.

Praise

Congratulation to Lune house for receiving the most praise points in week 8.

- 1. Lune
- 2. Clougha
- 3. Storey
- 4. Halton

Special congratulations to the following pupils who have received the most praise points in their respective year groups in the 8th week of the academic year.

Year 7	Year 8	Year 9	Year 10	Year 11
Quaneisha Y	Maggie A	Leon F	Misti L	Amber L
Lois-Taya R	Jodie M	Dakota-Leighan H	Connor L	Ruby W-M
Ethan C	Edith M	Shane H	Daniel S	Ranea A
Sophie A	Kayla D	Jethro K	Euan H	Sam S
Jesse B	Kaan G	Gabriel R S	Christopher H	Lilly P

In addition, well done to the following pupils:

Lucy B Y9 who displayed excellent understanding of exchange rates this week. Well done!

Tyler M-M Y9 who showed superb contextual knowledge and understanding of the communist system in drama; well-done Tyler.

Kaycee B Y7: A confident and entertaining performance in drama this week playing the role of 'Mabel' in Archie's War.

A congratulations to our GCSE catering pupil **Alex K** who produced an excellent Salmon dish containing garlic, lemon and spinach, accompanied by sweet potato mash. All done in under 50 minutes. Well done Alex!

You can find the recipe for this healthy meal on BBC food should you wish to recreate this at home.



Attendance

'Top' form attendance during week 8

Year 7:	Lune
Year 8:	Lune 1
Year 9:	Lune 2
Year 10:	Lune
Year 11:	Lune

WELL DONE LUNE!

Have a safe and enjoyable weekend.

Yours sincerely

Mr J Cowper Acting Principal