



Central Lancaster High School,
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Dear Parent/Carer

Parent/Carer newsletter: Friday 14 January 2022

Principal appointment

I am very pleased to write to you as the permanent Principal of Central Lancaster High School. I feel incredibly privileged to lead our wonderful school. Since my arrival in September, I have been struck by the warmth and kindness displayed by pupils and staff and by your support. Together, I am confident that we will achieve great success as we see our young people fulfil their academic potential whilst growing into confident, compassionate and respectful young adults ready for the world that awaits them beyond their time with us.

Thank you once again for your ongoing support.

Lancashire Music Service – launch event

With the support of The Bay Learning Trust, The Lancashire Music Service will be launching next Thursday, 20th January at Central Lancaster High School. Please click on the following link to find out more information about what is on offer for your child: www.lancashiremusicclub.co.uk

Pupil well-being council

On Friday 21st January, we will have our inaugural meeting of the pupil well-being council. Form groups have discussed safeguarding and anti-bullying this week so that representatives can feedback to the council. This group will continue to meet to discuss all aspects of life in school as well as health and well-being issues including mental health, community, anti-bullying, exercise and nutrition and LGBTQ+. Pupil voice will be integral to our whole school improvement journey.

Stonewall Champion School

Central Lancaster High School is now a Stonewall Champion School in recognition of the support we give to members of the LGBTQ+ community and our commitment to making further improvements.

Year 10 Work Experience

We have rescheduled the dates of the work experience due to the current climate surrounding the Omicron Covid variant.

The new dates for work experience during this academic year are: Monday 13th June to Friday 17th June 2022.

Commitment | Creativity | Community

Principal: Mr J Cowper
The Bay Learning Trust. Registered in England & Wales.
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Part of the
The Bay Learning Trust

For more information: <https://www.lancasterhigh.lancs.sch.uk/parents/letters-to-parents>

Year 11 PPEs (Mock exams)

PPEs (Mock Exams) will take place week commencing Monday 7th February and 21st February. Details regarding revision sessions and the timetable can be found on our website: <https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

The timetable is also attached to this bulletin email.

Please can we ask that you support your child to revise at home and attend the scheduled revision sessions in school.

Should you have any questions or require support, please do not hesitate to contact Miss Brown, Head of Year 11: Davina.brown@lancasterhigh.lancs.sch.uk

SEND

SEND Clinic open 4-6pm on Tuesday 18th January. To book an appointment, please email levans@lancasterhigh.lancs.sch.uk to book a 15min appointment.

North Lancashire Assessment Pathway offer **Family Connect Post Diagnosis Sessions** to ask members of the assessment team any questions following the diagnosis of your child. The information shared is around what support might be available, local activities and how to discuss the diagnosis with your child.

Appointments available are:

23rd February 7pm
30th March 10am
11th May 7pm
22nd June 10am
3rd August 7pm
14th September 10am

Please contact lucy.ellis@lscft.nhs.uk to book a place.

Local activities/groups

X Height Climbing Wall Salt Ayre Lancaster
Thursdays 5-5.50pm / 6-6.50pm £6 per child.
The session includes sensory activities to improve climbing ability, confidence and to socialise.

Reel Cinema Morecambe Autism Friendly Screenings

Every other Saturday morning. Films and times vary. More information found on NLDG Facebook group or the homepage of the NLDG website.

CHATS

Carers Help Advisory Training and Support - for parents/carers of children experiencing emotional concerns or mental health concerns.

Mental Health and Wellbeing

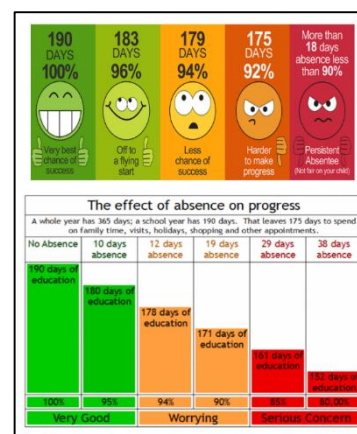
Please access, though the link below, daily tips that focuses on different positive actions that you can participate in throughout the remainder of January to support your health and wellbeing.

https://www.actionforhappiness.org/media/1077195/jan_2022.jpg

Attendance

In school, we have a target of 97% for all pupils. As previously mentioned, we fully appreciate and acknowledge the challenges we currently face but please ensure you child attends school and is punctual when well enough to do so.

If you or your child is struggling with any issues that are affecting attendance, please contact your child's House Tutor or Head of Year.



Key Dates for Parents for the remainder of this Half Term

- Monday 17 January: Year 9 Arts Award music technology workshop at Lancaster & Morecambe College
- Tues 1 - Fri 4 Feb: National Apprenticeship Week activities in school
- Monday 7 February: Year 11 PPEs exams begin
- **Friday 11 February: 3.05pm break for February half term**

Praise

Congratulations to Clougha house for receiving the most praise points last week.

1. Clougha 892
2. Lune 855
3. Halton 733
4. Storey 685

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Jesse B	Ella F	Alfie D	Gracie H	Samuel H
Lois-Taya R	Kaan G	Ellie-May G	Leaf R	Jayden K
Sophie A	Ellie H	Conner K	Charlie M	Ashleigh P
Chloe H	Daniel A	Mia M	Jaden O	Sam S
Ollie P-P	Matilda L	Nancy P	Benjamin M	Joe B

In addition, well done to the following pupils:

Cross Country Success - congratulations to **Taylor R** Y7, **Josh S** and **Luke O** in Y11 who took part in the District Cross Country event on Saturday 8th January and have qualified for the Lancashire Cross Country Championships.

Tia H, Misti L & Elinor V-S, Y10, for an excellent unit of work on ratio and proportion. Some outstanding classwork produced - well done!

Ashleigh P, Ellie E, Mae W & Julia L in Year 11 for their commitment in maths in preparation for PPEs – mock exams.

This week Year 7 students are completing writing and speaking assessments in French. **Sophie A, Yasaman G, Ollie P-P, Quaneisha Y** and **Isaac P** not only excelled but also put a lot of effort. It was a pleasure listening to them speak French and read their work. Well done!

Summer T-B Y9, made an excellent start to her portrait assessment in art as part of a new class.

Tia D Y9 displayed a positive attitude towards a challenging observational drawing task in art.

Luke G Y9 has written some fantastic rap lyrics this week in music.

Well done to the Year 9 Arts Award groups this week who have been working with Lancaster and Morecambe college and More Music on their projects. They have represented the school brilliantly.

In PiXL Edge this week Miss Timperley would like to thank **Sam W**, in Year 7, for his fantastic contributions to the discussions that were held. It was lovely to hear Sam's considered opinions; he demonstrated excellent use of his presenting voice and spoke very coherently. Well done, Sam.

In English, the Year 9E6 group have been continuing their studies of War Poetry; particular mention must be made of: **Isaac G, Riley A, Zack C, Jack C and Cameron H** for all their written work and verbal contributions. They continue to make superb connections between their English studies and their history curriculum, which is really pleasing.

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Lune

Year 8: Clougha

Year 9: Lune 2

Year 10: Clougha and Halton

Year 11: Lune

Food corner

This week saw a Year 9 make Gnocchi with Courgette and spring onion. **Ella R** was the stand out chef. Ella, cooked confidently and managed her time well and created a good-looking dish with balanced flavours - she even added a few alternative ingredients to make the dish her own. Well done Ella!

Below is the recipe should you wish to try it at home.

<https://www.bbcgoodfood.com/recipes/gnocchi-courgette-mascarpone-spring-onions>

Have a safe and enjoyable weekend.

Yours sincerely

A handwritten signature in black ink, appearing to be 'J.C.', written in a cursive style.

Mr J Cowper
Principal