

Dear Parent/Carer

Parent/Carer newsletter: Friday 18 March 2022

3 Step Theatre

Well done to all Key stage 3 pupils who took part in the drama workshops this week with 3 Step Theatre. Staff were thrilled with the positive contributions and ideas from our pupils. We look forward to their next visit in a fortnight's time. Artists who visited school this week, who were leading the workshops, are performing in The Dukes Theatre 50 Year anniversary performance during the Easter holiday.

Parents and pupils who would like to attend the performance can purchase tickets here: <https://dukeslancaster.org/whats-on/theatre/50th-commissions>

Ready for school

Thank you for your continued support in ensuring your child is ready for school by making sure that they are wearing the correct uniform and have the correct equipment. For those who need it, we have loan items of uniform available in the uniform hub each morning. Pupils can also purchase equipment at 20p per item.

Please use the link to our website for any clarification regarding uniform and pupil appearance expectations: <https://www.lancasterhigh.lancs.sch.uk/students/uniform>

NEW Extra-Curricular Opportunities

Eco Club

We have an exciting opportunity with Eden Project North and Lancaster University. If any pupils are interested in being involved with this as part of an 'Eco Club', please see Miss Lilley.



Year 7 Art club

We have a new art club starting for Year 7 pupils on a Friday lunchtime. If your child is interested in being involved, please ask them to sign up with Miss Povey.



Commitment | Creativity | Community

Principal: Mr J Cowper
The Bay Learning Trust. Registered in England & Wales.
Company Number 07588464.



Part of the
The Bay Learning Trust

Coats

As you are aware, we have allowed pupils to wear their outside coats, should they wish, in lessons to compensate the need to have windows open as part of our Covid risk assessment during the winter months. Now that we are moving into warmer temperatures and with the heating remaining on, from Monday 21 March, pupils will not be allowed to wear their coats in the classroom.

We will continually review the situation and if the temperature falls again, we will reintroduce the wearing of coats in classrooms where appropriate.

Year 9 Options deadline

A polite reminder that options forms need to be returned to school by **Monday 21 March**. If you have any queries, please contact Mrs Lilley jo.lilley@lancasterhigh.lancs.sch.uk

For further information, please take the opportunity to visit the options page on our website: <https://www.lancasterhigh.lancs.sch.uk/students/year-9-options-2022>

Year 11 preparation for the summer examinations

There are now only 6 school weeks remaining before the first exams begin in May.

As part of our ongoing support, we will be continuing with our programme of after school and lunchtime revision sessions. The timetable and the overview of what will be covered in each of the sessions can be viewed on our dedicated Year 11 revision page on our website. This is updated on a weekly basis and the link is below.

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

All pupils have been given revision guides for English, Maths, Science, Geography, History and French and we have purchased subscriptions to a number of online platforms that will support pupils with their revision. Should you need any support, please contact Miss Brown at the school. Exam timetables will be distributed to pupils before the Easter break.

SEND

Key Stage 3 Homework Club is open on a Wednesday morning in the Library 8-8.40am.
Key Stage 4 Homework Club is open on a Tuesday morning in the Library 8-8.40am.

Mental Health and Wellbeing

Reframe unhelpful thoughts

The way we think, feel and behave are linked. Sometimes we develop patterns of thoughts or behaviours that are unhelpful so recognising them, and taking steps to think about things differently can improve our mental health and wellbeing.

This link takes you to a short video that talks about these unhelpful thoughts and what we can do to change them: <https://www.nhs.uk/every-mind-matters/mental-wellbeing-tips/top-tips-to-improve-your-mental-wellbeing/>

Vacancies

We currently have vacancies for a catering manager and two non-teaching Heads of Year. Details can be found on our website.

Exam invigilators

We are currently recruiting for exam invigilators for the summer examination series which runs between 10 May and 23 June 2022. Successful candidates would require to undergo online training and a DBS check. Pay for the role is £10.60 per hour. Full details and information about how to apply can be found on our website.

<https://www.lancasterhigh.lancs.sch.uk/job-vacancies>

Reading corner

Top tips to encourage your child to read if you find it difficult to motivate them with their reading.

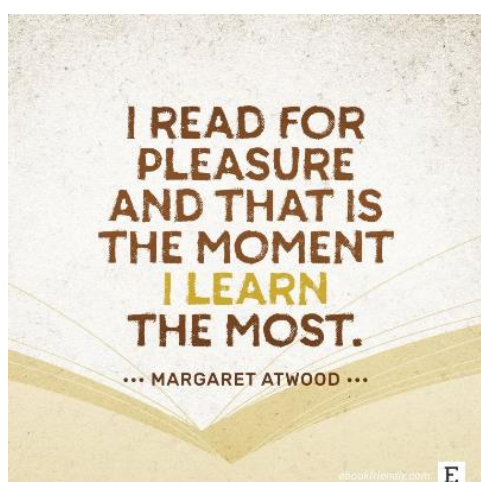
If at first you don't succeed, try, try again

Finding a book or an author that children like can be difficult but please encourage your child to persevere and not to be put off reading by one book they haven't enjoyed – there are many more out there!

The book is always better

Look out for books that have been made into films or TV series – encourage them to read the book first and then they can look forward to watching the film or series afterwards. Or encourage them to read the book of a film or series they have already enjoyed.

Reading for Pleasure



As part of our reading strategy, one form period a week continues to be dedicated to reading for pleasure.

Pupils have responded really well and it is really pleasing to see pupils enjoying their books.

Pupils should bring a book to school on these days.

	Reading for Pleasure day
Year 7	Tuesday
Year 8	Wednesday
Year 9	Tuesday
Year 10	Thursday
Year 11	Wednesday

Praise

Congratulations once again to Clougha house for receiving the most praise points last week.

1. Clougha **1160(9.3 per pupil)**
2. Lune **987 (6.8 per pupil)**
3. Halton **801 (5.5 per pupil)**
4. Storey **875 (5.8 per pupil)**

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Freya P	Issy B	Liam F	Umma A	Oliver W
Dillan W	Demi A	Leon F	Christopher H	Amber L
Evie D	Mia S	Rena A	Vincent M	Mae W
Chloe H	Abigail W	Jack H	Misti L	Ranea A
Mia D	Jodie M	Leighton P	Jessica U	Sam S

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Storey 2
Year 8: Clougha
Year 9: Lune 2
Year 10: Lune
Year 11: Lune

In addition, well done to the following pupils:

Adnaan T, Y7, performed in the drama workshop with confidence and demonstrated excellent artistic ideas - well done Adnaan.

Mia M, Y9, has demonstrated expert subject knowledge in drama, well done Mia.

Harvey T, Y8, produced some excellent work in art looking at drawing trees as part of our landscape project. He was deservedly proud of the progress he has made.

Jack P, Y10, continues to produce really high-quality notes in GCSE History lessons that I can photocopy for absent pupils. Thank you Jack for your continued excellent focus and generosity!

Tyler Y and **Gabriel R S**, Y9, who both continue to show outstanding understanding of the twentieth century history that we have been studying.

Lilly P in Y11 who has worked solidly in completing her Business coursework. Well done and keep it up the hard work Lilly.

Food corner

This week, Year 7 started their knife skills development and began with a tasty fruit salad. Using the bridge and the claw grip along with a range of knives they have created a varied range of refreshing and healthy desserts, perfect for the upcoming warmer weather.

Please access the link below for ideas.

<https://www.bbcgoodfood.com/recipes/fruit-salad>

Have a safe and enjoyable weekend.

A handwritten signature in black ink, appearing to be 'JL' or similar, located at the bottom left of the page.