

Dear Parent/Carer

Parent/Carer newsletter: Friday 18 November 2022

Central Lancaster High School Friendship Week



Week commencing, Monday 28 November, we commemorate our Friendship Week in memory of our friend Leon. We will be selling blue and orange ribbons for a minimum donation of 50p to raise funds for the Marsh Community Centre.

Anti-bullying week

Anti-Bullying Week 2022 is coordinated in England and Wales by the Anti-Bullying Alliance. This years theme, Reach Out, has been a focus in school this week with pupils taking part in assemblies & form time activities.

More information can be found about the Anti-Bullying Alliance here: <https://anti-bullyingalliance.org.uk/anti-bullying-week/anti-bullying-week-2022-reach-out>

As highlighted above, next week we will be celebrating friendship week in school through a form time activity & pupils can buy blue and orange ribbons to wear on their blazers to show their support of this special week in our school calendar.

Kooth

During our Anti-Bullying activities this week, pupils who feel they are struggling with their mental well-being have been directed to Kooth.com.

Kooth is an anonymous site which helps children and young people to feel safe and confident in exploring their concerns and seeking professional support. Kooth can be accessed here: <https://www.kooth.com/> and a flyer is attached to this newsletter with more details for Kooth activities for parents.

New build update

This week has proved to be an exciting stage in phase 1 of our new build. We have had delivered 19 of 40 modules to site. This has proved a logistical challenge and we thank everyone on Crag road for their support in ensuring the modules have been able to be delivered to site. We are already beginning to gain a sense of the space that we will benefit from next academic year.

As previously mentioned, the £8 million investment into our school is an incredible opportunity to improve the learning environment for all of our pupils and staff.

Commitment | Creativity | Community





Year 11 mock examinations

Year 11 will be starting their second week of mock examinations on Monday 21 November in English language, English literature, maths, science, geography, history and French.

We have been delighted to hear from our external exam invigilation team, that pupils' conduct and focus has been exceptional throughout the week – well done to all of our Year 11s!

A full examination timetable can be found on our Year 11 revision page which can be accessed from the below link.

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

Mock examination grades will be reported to parent/carers as part of our Data Capture One which will be sent to parents on Thursday 15 December.

If you have any questions, please do not hesitate to contact your child's form tutor in the first instance.

Christmas at CLHS

As we move towards the festive season, we will be holding several events both inside and out of school including Christmas lunches in the last week of term!

Christ Church Lancaster Christmas Tree Festival

This year, we are participating in the Christ Church Christmas Tree Festival for the first time. Each form group has embellished a decoration to represent our school and our values of commitment, creativity and community and our year 7 well-being representatives will be visiting church to decorate the tree. The Christmas Tree Festival is open to the public from 2 – 4 December 2022, please try to visit if you get the opportunity.



Reverse Advent for Morecambe Bay Foodbank

Once again, we will be supporting Morecambe Bay Foodbank with their annual 'Reverse Advent' collection.

This year they are seeing increasing numbers of people coming to us with no electricity (or at least limited meters) so need things that can be heated quickly either using a kettle or a microwave.



Each form will be provided with a list of suggested items, and we are asking families to try to donate at least one item. Joanna Young, a local councillor and volunteer at the foodbank is coming into school on Thursday to speak to our Year 7 and 8 about the important work that they do.

CAT Tests for Year 7 pupils

On Monday 21 November, pupils in Year 7 will be taking their CAT tests during periods one and two. These are not tests that can be revised for but are important in supporting us to understand more about individual pupil potential achievement. The tests focus on four key areas known to make a difference to learning and achievement.

These are:

1. **Verbal Reasoning** – the ability to express ideas and reason through words is essential to subjects with a high language content, and the most obvious skill picked up by traditional assessment.
2. **Non-verbal Reasoning** – problem-solving using pictures and diagrams; skills which are important in a wide range of school subjects, including maths and science-based subjects.
3. **Spatial Reasoning** – the capacity to think and draw conclusions in three dimensions, needed for many STEM subjects, but not easily measured by other datasets.
4. **Quantitative Reasoning** – the ability to use numerical skills to solve problems, applicable well beyond mathematics.

Should you have any questions, please do not hesitate to contact Mr Auger at the school.

SEND

Mars in orbit at Morecambe Winter Gardens Quiet hour every day 4-5pm. Admission prices: Adult £3.00, Children 3 years of age to 10 years of age £1.00, Children under 3 years of age, free.

[Mars in Morecambe at Morecambe Winter Gardens Theatre event tickets from TicketSource](#)

Luke Jerram's world-famous Mars artwork will be in orbit at Morecambe Winter Gardens from 10-28 November, and it's an experience you don't want to miss!

If you've ever wanted to visit another planet, now you can. Measuring an impressive 7 metres in diameter, you'll be immersed into space as the internally lit replica revolves only a few feet away from you.

There will be a quiet hour every day - between 4pm and 5pm - to support visitors with conditions such as autism, dementia, and ADHD. We ask that everyone visiting during quiet hour keeps noise to a minimum, whispering if possible. The music will also be turned off.

Our weekly **SEND clinic** is open each Thursday between 2.30 - 4.30pm.

Please email lisa.maudsley@lancasterhigh.lancs.sch.uk to book a 15 minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Our school library is open every day from 8.15am, during break and lunchtime, and after school and is staffed with Higher Level teaching Assistants (HLTAs) so please encourage your child to attend if they require additional support with their homework.

Term 2 SEND reviews for the following year groups will be held w/c:

Year 8: 21 November

A letter will be sent home with further details. Please email Mrs Ainsworth at sainsworth@lancasterhigh.lancs.sch.uk to make an appointment.

Mental health and wellbeing

Over this half term, we will be looking at ways to support children and young people who are worried. Each week there will be a guide of how you can support and help manage the young people in your household to help with fears that they might experience.

Demonstrate calm

Try to model a calm and measured response. We know that children are good at noticing when others around them are anxious and will watch the behaviour of others to work out whether they too should feel anxious themselves.

Even if you're feeling anxious on the inside, you can help the young person by remaining calm on the outside. This will help to reassure them that things might be difficult, but they are manageable.

Reading corner

Bedrock Vocabulary

This week, we gave out some special prizes to pupils in Year 7, Year 8 and Year 9 for both their progress in Bedrock and the amount of points awarded. Those pupils all received a book voucher and a certificate. We would love to hear what books pupils have been buying with their vouchers.

Bedrock Vocabulary 'top' performers during the first half term:

Year 7

Progress for HT1: **Valerria O**

Points awarded for HT1: **Sara E** and **Isla P-E**

Year 8:

Progress for HT1: **Joshua B**

Points awarded for HT1: **Yasaman G** and **Nawaf A**

Year 9:

Progress for HT1: **Matvii S**

Points awarded for HT1: **David A** and **Maggie A**

Book Buzz for Year 7 and Year 8 pupils

Last half term, pupils in Year 7 and Year 8 chose a book from the selection of Book Buzz titles. This is their book to read, keep and pass on to family and friends. The books have now arrived in many, many boxes and we will be organising them for distribution over the next week or so. We look forward to gifting these books to our Year 7 and Year 8 pupils over the next fortnight.

For more information about Book Buzz, please see: <https://www.booktrust.org.uk/what-we-do/programmes-and-campaigns/bookbuzz/>

Key reminders

Stakeholder survey

Over the coming weeks, we are conducting a number of surveys to gather the voice of pupils in all year groups. We would also like to gather the views of you, our parents/carers. We would very much appreciate your time to answer a number of questions relating to your and your child's experiences of school. There is also the opportunity to provide any detailed views and opinions that you may wish to share.

Your views and opinions are very much valued and will be used to measure and inform school improvement.

You can access the survey through this link: <https://forms.office.com/r/iFdh6N4XaP>

The survey will close on **Tuesday 22 November at 3.05 pm.**

If you would like to meet with a senior member of staff to discuss any of the questions within the survey in person, please contact school via Mr Mills – jmills@lancasterhigh.lancs.sch.uk

Christmas concert

Our Christmas concert will be on Tuesday 13 December starting at 6.30pm. Tickets will be available to buy soon.

Mama Mia visit

Mrs Spence is organising a trip to see the musical Mamma Mia in Manchester on Tuesday 7 February 2023. Letters are available to pick up from music and there are 40 places on this trip.

Careers Updates

Year 11 careers interviews

1:1 careers interviews for Year 11 pupils will begin on Friday 25 November with Alicia Louth, a careers advisor who works for Bay Learning Trust. This is a vital part in supporting our pupils in being successful in their next step and an opportunity to get impartial advice and guidance about post-16 education and training.



Please take time to speak to your child about their interests and ambitions for their future. Below is a link to a resource for parents which provides up-to-date information about the options available at 16 and advice for how to have these conversations.

<https://www.talkingfutures.org.uk/pathways-at-16/>

Post 16 pathways

This term sees the continuation of open events for our local Sixth Form and FE providers. Please see the dates for your diary below. We will provide specific information about each event at the appropriate time.

- **Lancaster and Morecambe College:**
 - 30 November 2022 (T-levels information event)
- **Cardinal Newman College:**
 - Saturday 4 February 2023
- **Kendal College:** 1 December 2022
- **Morecambe Bay Academy:** 7 December 2022

Cardinal Newman College Preston

The general college entry criteria is:

- **A-Levels:** At least five grade 5s or above at GCSE
- **HE* Programme:** At least five grade 7s or above at GCSE
- **BTEC Level 3:** At least five grade 4s or above at GCSE
- **T-Levels:** At least two grade 5s and three grade 4s or above at GCSE, including at least a grade 4 in maths and English language GCSE
- **Mixed Programme (combining A-Levels with BTECs):** At least two grade 5s and three grade 4s or above at GCSE
- **Level 2 BTEC:** At least four grade 3s and at least a grade 4 or above in GCSE English language and/or maths.

To attend the open event on Saturday 12 November, you must register by following the link below:

<https://www.cardinalnewman.ac.uk/newmancurriculum/college-open-events/>

Morecambe Bay Academy

Please find out more information on Morecambe Bay Academy's website through the link below:

<https://morecambebayacademy.co.uk/join-us/sixth-form/>

Key dates for the Autumn term:

W/C 21 November 2022	Year 11 Mock examinations
W/C 21 November 2022	CAT tests for Year 7 pupils
1 December 2022	Year 11 Achievement Evening (2021/22 cohort)
13 December 2022	Christmas concert
15 December 2022	Progress Cards issued for Year 7 –11
16 December 2022	School closes for Christmas at 1.15 pm

Pupil praise

Congratulations to Clougha House for receiving the most praise points last week.

Year 7	Year 8	Year 9	Year 10	Year 11
Leon M-P	Alix S	Maggie A	Megan T	Megan M
Willow D	Lexie H	Leon B	Primrose M-D	Umma A
Jack L	Gracie-Mai S	Jay G	Mimosa T	Jessica U
Alicja M	Louie M	Caitlin S	Toby H-I	Thinzar K
Layton J-H	Freya P	Billy B	Katy H	Ashley W

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Halton

Year 8: Lune

Year 9: Clougha

Year 10: Storey

Year 11: Lune

Special praise goes to the following pupils:

Year 7

Daniel J for consistent wonderful contributions made in RE lessons learning about religious leaders.

Jack L for excellent contributions made in lessons and engagement with the topics in PSHE and RE, well done.

Lily D and Logan C impressed Mrs Spence with their effort in their music lesson. They both missed the first ukulele lesson and picked the work up well today. They showed fantastic effort and were a pleasure to teach.

Charlotte H and Jimi C have been wonderful in supporting two new starters into 7H. They were both helpful and supportive and Mr Moore was very grateful of their help and support.

Kayleb C and Echo M have been praised for their improved attendance. Well done!

Year 8

Lewis B has made a wonderful improvement to his written work in RE this week, well done.

Nicky WB for his fantastic engagement and enthusiasm in French this week and **Leonardo C** for his continued positive contributions in lessons.

Mr Moore would like to thank **Yasaman G** for supporting our new student into Year 8. She has willingly moved seats in her classroom to support her with instructions and organisation. I can't thank her enough.

Callum P for being a mature, hardworking and motivated student who shows consideration for his fellow students as well as his teachers – thank you and well done!

Amy L for producing a fantastic piece of work in art.

A fantastic effort from **Chae J S** with the guitar group this week.

Outstanding ukulele playing from **Oliver G** in music this week. Oliver managed to perform a difficult piece all the way through and performed the piece in front of his class - a fantastic achievement.

Year 9

Leon P who consistently contributes to lessons with thoughtful opinions and recalls previous knowledge very well. Please continue the hard work in RE and history, well done!

Lewis G for excellent progress and enthusiasm in history.

Leon B for his fantastic work produced in art.

Davyd S for his fantastic effort in extended Maths questions.

Fantastic reading this week in music from the following pupils: **Tyler M, Hadyn PE, Latifah P, Harvey T** and **Connor K**.

Well done to **Jas W** who has worked really well in her music lessons.

Year 10

Luke G for excellent contributions made to Life lessons learning about financial management.

Connor B for his continued positive attitude and commitment around school. Connor is always willing to help and support others.

Kaitlyn S for her improved attitude towards learning.

Primrose M for her excellent effort in Life lessons learning about financial management, taking great pride in the presentation of her work and always working hard.

Hollie H for her commitment and determination to improve her speaking assessment in French.

Gabriel RS, Jethro K, Rena A, Brooke B and Isabel B for their excellent first GCSE writing assessment that showed excellent focus and attention.

Year 11

Skye L for her effort and resilience during PPE exams.

Amy P for submitting dance homework and improved effort to lessons.

Lacey S for great commitment and knowledge shared in her dance lesson with Mr Clark.

Ruby H for working hard in our Nurture room Friday afternoon and positive interactions with staff.

Club focus of the Week - GUITAR CLUB

Please find below a testimony from **Freya P** in Year 8:

Guitar club is a great way to expand your knowledge on the guitar. We perform in the school concerts and the next performance is in the upcoming Christmas show on 13 December. The people are lovely and the teachers are supportive. Overall, I love to play guitar and if you do too, come along and join us!

Food corner

Year 9 pupils have been busy making cake pops this week! We focused on forming shape and used various methods and themes to decorate them.

If you get time over the weekend, you can try to make some yourself:

<https://www.bbcgoodfood.com/recipes/halloween-cake-pops>

Have a safe and enjoyable weekend.

