

Dear Parent/Carer

Parent/Carer newsletter: Friday 19 May 2023

Year 10 work experience

Well done to all of our Year 10 pupils who completed their work experience this week. We have had some excellent feedback from employers when we have visited and checked in with our pupils. We are looking forward to reading the formal employer reviews over the next few weeks.

Year 11 Exams

We have been very encouraged with the way that our Year 11 pupils have started their examinations this week. A copy of the examination timetable can be found on our dedicated Year 11 revision page which can be accessed [here](#).

If there is anything that we can do to support you at this time, please do not hesitate to contact us.

Year 11 May half-term holiday revision classes

We will again be putting on a programme of revision classes over the May half-term holiday. Details of the sessions can be seen below. We again, strongly encourage attendance at these sessions. Refreshments will be provided for pupils during the break times on Tuesday and Wednesday.

Time	Tuesday 30 May	Wednesday 31 May	Thursday 1 June	Friday 2 June
09:00 – 10:30	English Language D4	Physics Triple D4	History D4	Maths Foundation D5 Higher D4
10:30 – 11:00	Break time with water and cereal bars provided			
11:00 – 12:30	Geography D4	Physics Combined D4		

Key policy documents for Year 11 summer examinations

The Joint Council for Qualifications (JCQ) requires all schools to hold and publish a number of policies for pupils and parents to see prior to an examination series taking place. These policy documents can be found at the bottom of the Exam Information on our website and can be viewed

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[here](#). We would encourage you to take time to read these policies. We would like to draw particular attention to the following documents:

- Social Media Information (one page)
- Preparing to sit your exams (one page)
- Written exams (five pages)

Should you have any questions about these policies, please do not hesitate to contact us at the school.

SEND

Our weekly SEND clinic is open each Thursday between 2.30 - 4.30pm.

Please email lisa.maudsley@lancasterhigh.lancs.sch.uk to book a 15-minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Term 3 SEND reviews for Year 9 will be held w/c: **Monday 12 June**. The letters were sent home last week with further details.

Please email Mrs Ainsworth at sainsworth@lancasterhigh.lancs.sch.uk to make an appointment.

Our school library is open every day from 8.15am, during break, lunchtime, and after school. It is staffed by Higher Level teaching Assistants; please encourage your child to attend if they require additional support with their learning and homework.

Mental health and wellbeing

Active coping

We can't always predict or control what life throws at us, but there is always something we can try, even if it's tiny. Active coping involves acknowledging the difficulties we are experiencing and finding something constructive to try to make today or tomorrow slightly better, rather than avoiding our problems.

This act of trying, doing something rather than feeling there's nothing we can do, helps us to cope, find and maintain hope and to feel effective. It helps us to feel we at least have some control, even if what we do seems inconsequential.

Having a sense of control is essential for our wellbeing. When we experience difficult times, we can feel powerless but whatever the situation, there is nearly always something we can try – whether that's an external action or something internal.

Try it: Reflect on a challenging or difficult time in your life. What helped you cope and come through it? How could that help you today?

Reading corner

Well done to the following pupils who have made superb progress this half term on Bedrock Vocabulary.

Year 7:

Progress made: Mohammed A, Layton J-H and Ellie B

Points awarded: Christina A, Penny R and Mairead S

Year 8:

Progress made: Kaleb J, Muhammad P and Charlie L

Points awarded: Jakob L, Yasaman G and Lilly B

Year 9:

Progress made: Eyad A B, Jasmin T and Hanna A

Points awarded: Onali R Y, Eden O and Leon B

Key reminders

Pupil absence

If your child is unable to attend school due to illness, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text our **Absence Alert Text Number 07943107504** - This is a virtual mobile number from which absence is monitored during the school day.

Key dates for the Summer term:

26 May 2023	School closes 3.05pm for half term
5 June 2023	School Opens for all pupils
22 June 2023	Transition Evening for year 6 parents/carers
23 June 2023	Year 11 Prom
27 June 2023	Year 6 Transition Day
29 June 2023	Year 6 Transition Day
5 July 2023	District Sports Day
11 July 2023	School Sports Day
18 July 2023	School Sports Day (reserve)
19 July 2023	Reports issued to year 7-10
20 July 2023	Reward trips
21 July 2023	Achievement Assembly
21 July 2023	School closes for summer at 1.15 pm

Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.

House points:

1. Clougha **1183 (7.6 per pupil)**
2. Halton **867 (5.5 per pupil)**
3. Storey **1062 (6.9 per pupil)**
4. Lune **497 (4.0 per pupil)**

A special mention to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Caitlin W	Dillan W	Hannah A	Toby H-I	Misti L
George L	Alicia G	Scarlett Y	Alfie F	Tia H
Tala A-Z	Benjamin K	Leah B	Gabriel R-S	Daniel S
Tyler B	Daniel M	Lucy K	Lee W	Lacey C
Ellie B	Ollie PP	Matilda L	Pheobe L	Vincent H

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Clougha 1

Year 8: Lune

Year 9: Clougha

Year 10: Clougha

Year 11: Storey

Attend today, achieve tomorrow!

Special praise goes to the following pupils:

Year 7

Thank you to **Charlotte H** and **Daria H** for helping to pack away science equipment following a class practical -a great display of our school's community value!

Cherry T and Rosie A for their excellent sportsmanship on the UCLAN football visit.

Year 8

Well done to **Kai H** for his excellent work in his piano lessons. Kai has shown resilience and determination in his work. Ms Ramsey is really pleased with your progress, keep up the good work. Well done to **Casie K** for great effort in constructions this week in maths.

Thank you to **Dillan W** for your excellent community spirit in helping to tidy up in the canteen this week.

Louie M for being an excellent team mate and supportive coach in his PE lessons – well done Louie.

Year 9

Well done to **Lexi LS** for her super effort with the recent Arts Award work.

Thank you to **Aimee M** and **Elijah M** for helping a new pupil settle into our school this week.

Year 10

Well done to **Isaac G**, **Megan T** and **Cameron H** on their work experience. It was great to see you working hard in the workplace. Well done!

Katelyn M and **Alfie P** for displaying an excellent attitude and for taking an active part in the visit to Lancaster and Morecambe College, especially when completing the marketing task – well done!

Well done to **Poppy O** for a fantastic report from her work experience placement.

Year 11

Congratulations to the **Year 11 dance group** who have all passed their external assessment – all pupils should be incredibly proud of their success, as we are, following 30 hours of independent dance rehearsals. Well done girls!

Well done to all pupils in Year 11 – a super start to the exam season. It was nice to see smiling faces leaving the hall after exams! Please make sure you get some rest (alongside some more revision) this weekend!

Have a safe and enjoyable weekend.



Mr J Cowper
Executive Headteacher