

Dear Parent/Carer

Parent/Carer newsletter: Thursday 21 July 2022

End of year

As I sit to write the last newsletter of the year, it is hard to believe how quickly the year has gone by. It has been a really productive year and I am incredibly proud of our whole school community on how we have adapted to the 'new normal' despite the challenge we still face following the pandemic.

It has been a real privilege to get to see all our young people grow and flourish whilst demonstrating our core values of **commitment, creativity and community** on a daily basis. Our young people are a delight and a pleasure to teach. We thank you for entrusting them into our care each day.

I would like to thank all parents and carers for your support throughout the year as working together, as a team, is a sure way to ensure all our pupils fulfil their potential.

Everyone in our staff team and governing body wish you and your families an enjoyable and restful summer break and we look forward to welcoming pupils back from 08.30 on **Monday 5 September**.

AIB update

Please find attached to this email a letter from Professor Crewdson, Chair of the Board of Directors for the Bay Learning Trust, regarding an update on our Academy Improvement Board.

Rewards trips and celebration assemblies

Pupils have enjoyed a variety of reward trips and activities this week. Pupils have had the opportunity to go to Soul Bowl or Jump Rush in Morecambe with the remainder of pupils participating in a choice of in-house events. The afternoon was thoroughly enjoyed by all.

Pupils have also had a celebration assembly today which has allowed to recognise and reward pupils for their many fantastic achievements. Special mention goes to all pupils who have had 100% attendance throughout the whole year and those who received gold commendation certificates – well done!

Year 11 collection of examination results

Details of how Year 11 pupils can collect their GCSE results on Thursday 25 August can be found at the following link that has been sent to parents this week.

<https://www.lancasterhigh.lancs.sch.uk/parents/letters-to-parents>

Commitment | Creativity | Community

Principal: Mr J Cowper
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Part of the
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End of Year Reports

You should have already received an electronic copy of your child's report yesterday. Paper copies have been handed to pupils in form time today. Should you have any questions arising from your child's report, please do not hesitate to contact Mr Auger: mauger@lancasterhigh.lancs.sch.uk

Uniform and equipment

As I have mentioned throughout this year, we place significant importance on school uniform and the presentation of our pupils and value your support in ensuring our pupils have a true sense of belonging to our community and represent our school positively in our community.

Over the school holidays, please can you check that your child has everything they need for their return to school on **Monday 5 September**. Can you also ensure hair styles/colours, false/acrylic nails, fake eye lashes, piercings etc. are addressed before they return.

Uniform and presentation expectations can be found on the school website by following the link. <https://www.lancasterhigh.lancs.sch.uk/students/uniform>

All pupils should also have the following equipment in a suitable school bag – reading book, black/blue pen, pencil and ruler as a minimum requirement. New school planners will be provided to all pupils on their first day back, free of charge. Replacements will cost £2.50.

Should you need support in sourcing uniform or equipment, please contact your child's House Tutor in the first instance.

Thank you in advance.

Summer activities and support networks

We appreciate that a 6 week break from school and daily routine can prove difficult. There are many organised activities running across the community during the summer holidays. There are also other support networks that can be accessed should you need. Below are a number of examples of what is available over the holidays.

Help with the increase in cost of living

As we are all too aware the cost of living is becoming more and more difficult to keep up with. There are channels of support available to families. Please find out more information by following the link below.

<https://www.lancaster.gov.uk/sites/community-hub/financial-support-for-households>

Please find opposite a list of business that are offering free meals for children.

KIDS EAT FOR FREE OR LESS DURING SUMMER 2022



MORRISONS

Spend £4.99 to get a free kids meal after 3pm daily, normally all day during half term.

ASDA CAFE

Kids eat for £1 every day with NO need for a paying adult from 25th July - 4th Sept, 2022.

DUNELM

One free mini main, two snacks and a drink for every £4 spent in the in-store cafe.

YO!

Kids eat free from 3pm-5:30pm Mon-Thurs for every £10 spent on food.

BEEFEATER & BREWERS FAYRE

Free breakfast for two children under 16 with every paying adult.

HUNGRY HORSE

Free kids breakfast with an adults breakfast from 9am-12pm daily.

IKEA

Get TWO kids hot meals, fruit, drink and jelly for £5 in their Swedish restaurants (subject to availability).

BELLA ITALIA

Kids eat for £1 with each adult meal from 4-6pm on Mon-Thurs.

DOBBIES

Kids eat free with an adult main meal.

TABLE TABLE

Two children under 16 get a free breakfast with one paying adult every day.

CAFE ROUGE

Kids eat for £1 with an adult meal excluding Saturday.

MORE TO COME!!

M&S, TESCO and more expected soon, see websites for latest information.

STEM opportunities

EDT and Industrial Cadets has arranged an insightful virtual course over the summer holidays, collaborating with multiple colleges, universities and companies to deliver their [Virtual Routes into STEM](#) programme and to showcase STEM courses, apprenticeships, degrees and careers.

Live content will run from 25 until 28 July and student can study the rest of the course content flexibly whenever suits them between 14 July - 4 August.

What is Routes into STEM? Routes is an innovative course which provides young people aged 13 to 15 with an understanding of the amazing opportunities offered by STEM based careers. If your son/daughter is enjoying their **Tech, Design, Maths or Science** subjects and would like to know what exciting future these subjects could lead to then by joining the course they will:

- take part in exciting **projects** for example, Tempest Cockpit Design challenge by BAE Systems, Biopharm challenge by GSK, Flight challenge by University of Cambridge, Let's go Fission challenge by Babcock... and more!
- access live sessions and content from **Cambridge, Hertfordshire, Abertay universities** and many more!
- hear from graduates and apprentices at various companies about **early careers, apprenticeships, and pathways into the industry.**
- be inspired by **professionals in STEM** at Network Rail, Saint Gobain, Aquila Nuclear Engineering to name just a few!
- gain [Bronze Industrial Cadets award](#), a highly regarded industry led accreditation that was inspired by **His Royal Highness Prince of Wales**, and be in a position to make informed decisions about their future.

Watch this YouTube video to take a sneak peek at what you can expect <https://bit.ly/VirtualRoutesIntoSTEM>

Do not miss out, apply online now: <https://www.etrust.org.uk/routes-into-stem-read-more>

Escape2Make

Escape2Make have just announced 15 FREE creative courses for the summer holidays.

- Escape2Make (E2M) are an all-inclusive charity in Lancaster & Morecambe that offer free creative activities to help 11-18s with their wellbeing and life chances.
- The 15 free creative courses, consist of 5 workshops. Courses range from woodwork to wild cooking! There's something for everyone.
- All 15 courses contribute to a Green Festival in Lancaster on Saturday, 27 August.
- It's a great way for young people to try out a new skill, make new friends and have something interesting to add to their CV or personal statement.
- If you are interested, you can sign up via this link www.escape2make.org
- If young people need to come with a parent/carer/keyworker, E2M will provide T-shirts to help blend them with the other volunteers.



FANCY ATTENDING FREE CREATIVE WORKSHOPS THIS SUMMER?

FOR ALL 11-18 YEAR-OLDS

LANCASTER & MORECAMBE AREA

GREEN FESTIVAL

- Make things, make new friends
- Join Lancaster's new exciting festival on 27th August
- Learn a new craft or hobby
- 15 to choose from including wild cookery & woodwork
- Find a skill that inspires your career
- Add experience to your CV
- HAVE LOTS OF FUN!

You can find out more & sign up at www.escape2make.org

THE ARETI CHARITABLE TRUST ARTS COUNCIL ENGLAND

Happy Healthy Holidays

Children and young people receiving free school meals are being invited to sign up now to enjoy free activities during the summer break with our Holiday Activities and Food Programme (HAF).

<https://www.lancaster.gov.uk/sport-and-leisure/happy-healthy-holidays>

Funded by the Department for Education, 'Happy Healthy Holidays' provides a great opportunity for local children and young people who are eligible for benefits-related free school meals to get out and about, get active and meet new friends. The sessions include a variety of fun activities alongside a nutritious meal each day.

The programme includes specific provisions available for children with SEND or additional needs, at no cost to you.

Our Summer programme of activities is being delivered by a whole host of providers (listed below) and takes place between 24th July and 2nd September.

Paid for places are available in some of the clubs for children who are not eligible for benefits-related free school meals.

Anyone with any queries on the programme can email HAF@lancaster.gov.uk and someone will be in touch.

Please be safe in or near water advice from Lancashire Fire and Rescue Service

Last week, Lancashire Fire and Rescue conducted assemblies for all year groups surrounding risk taking behaviours in disused building and swimming in open waterways.

In light of recent national news articles that have reported a number of tragedies this week, please find a reminder of the advice previously shared in our weekly newsletter.

Please stay safe.

Water Safety – The situation

- With temperatures soaring in the UK over next few days and the summer months ahead, it's important to recognise that UK waters are still cold ... so the weather might be hot, but the water is not and this is when we sadly see lives lost through cold water shock. Here the body is unable to adjust quickly enough to the temperature of the water and becomes weak very quickly, which can lead to tragedy.

Water Safety – Know the dangers

- As well as cold water shock there could be hazards underwater - shallow/hidden rocks or debris which could lead to life changing injuries. The water quality - in many areas, particularly unsupervised places which haven't been risk assessed, is unlikely to be very good quality and could cause life threatening illnesses.
- Many areas of open water are in remote locations. If help is needed phone signals may be poor and help is likely to take longer to arrive than normal - don't take this risk.

Water Safety – Use the water safely

- Stick together and tell someone where you are going. This includes dog walkers, cyclists, joggers and anglers who often do these activities alone and don't intend to go in the water in the first place – Do you know where your loved ones are?
- It is best to only swim in open water as part of an organised group where help will be on hand.
- If someone is in trouble in open water, don't panic as this will quickly reduce strength. Instead try to float on your back like a starfish - float to live.
- If help is needed call 999 and ask for the Fire Service if inland and for the Coastguard if by the sea.

Praise

Congratulations to Clougha house for receiving the most praise points last week.

1. Clougha **1073 (8.6 per pupil)**
2. Storey **950 (6.4 per pupil)**
3. Halton **905 (6.4 pupil)**
4. Lune **876 (6.2 per pupil)**

Well done to the following pupils for the most praise points last week:

Year 7	Year 8	Year 9	Year 10
Quaneisha Y	Maggie A	Liam F	Leon L
Caitlin H	Kayla D	Leon F	Charlie M
Freya P	Ella F	Gabriel R-S	Owen G
Lexi-Leigh S	Leo G	Tyler M-M	Benjamin M
Symone W	Leon B	Roland G	Vincent M

Attendance

Well done to the following forms for having the best attendance last week:

Year 7:Lune
Year 8: Clougha
Year 9: Halton 2
Year 10: Lune

I would like to congratulate once more, every single pupil who has received special recognition from their teachers this year be that through this newsletter, postcards or phone calls home, certificates, commendations in your grades, praise points or a simple 'well done' in class – well done to you all!

Food corner

This week pupils in all years have been given the opportunity to refine their skills, creating a meal of their choosing.

Below are just a couple of those selected, please feel free to try them at home.

[Sausage & butter bean stew recipe | BBC Good Food](#)
[Cheese & Marmite scones recipe | BBC Good Food](#)

Marmite may not be for everyone but nearly all pupils enjoyed it!

Have a safe and enjoyable summer break.



Mr J Cowper
Principal