

Central Lancaster High School, Crag Road, Lancaster, Lancashire LA1 3LS

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Dear Parent/Carer

Parent/Carer newsletter: Friday 25 March 2022

Easter holiday

School closes on **Friday 1 April** at 3.05 for the Easter holidays and reopens at 8 am on **Tuesday 19 April**.

Year 6 Welcome evening

As part of our transition process, we welcomed Year 6 pupils and their parent/carers into school on Wednesday evening. The evening was very well attended and it was a wonderful opportunity to meet with next year's cohort who will be joining our CLHS community. Many thanks to our year 7 volunteers who helped on the evening.

Open Mic event

On Thursday 31 March, there will be an open mic event in the hall at lunchtime. The entry fee for pupils will be 50p and all the money raised will go towards the Ukraine fund.

Year 11 examinations

On Monday 28 March, Year 11 pupils will be given their summer examination timetables. Copies will be posted home to parents/carers over the course of the week.

In addition, a full examination timetable will be posted on the Year 11 revision page on our website for which there is a link below. This page also includes full details of the revision sessions that will be running from Easter. The two-week break away from school is a very important time for our Year 11 pupils and we would ask that all parents and carers support them is establishing a routine of revision.

You will be aware that all pupils have been given revision guides and teachers will be supporting pupils in how to use them most effectively. In addition, we have a number of online platforms that can be accessed from our website to support with revision. Should you have any questions, please contact Miss Brown.

https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams

Commitment I Creativity I Community

Principal: Mr J Cowper The Bay Learning Trust. Registered in England & Wales. Company Number 07588464.



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Careers

There's just over a week to go until the return of the award-winning UK University & Apprenticeship Search Virtual Fair on Wednesday 30 March from 12 - 6pm. Pupils and parents can register for their free place here: <u>https://ukunisearch.vfairs.com/</u>

Please see the attached letter for more information.

SEND

Key Stage 3 Homework Club is open on a Wednesday morning in the Library 8-8.40am. Key Stage 4 Homework Club is open on a Tuesday morning in the Library 8-8.40am.

Mental Health and Wellbeing

Continued learning through life enhances self-esteem and encourages social interaction and a more active life.

Anecdotal evidence suggests that the opportunity to engage in work or educational activities particularly helps to lift older people out of depression.

The practice of setting goals, which is related to adult learning in particular, has been strongly associated with higher levels of wellbeing.

Why not learn something new today? Here are a few more ideas:

- Sign up for a class
- Read the news or a book
- Set up a book club
- Do a crossword or Sudoku
- Research something you've always wondered about
- Learn a new word.

Vacancies

We are currently recruiting for exam invigilators for the summer examination series which runs between 10 May and 23 June 2022. Successful candidates would require to undergo online training and a DBS check. Pay for the role is £10.60 per hour. Full details and information about how to apply can be found on our website.

Please find more information on our website if you or any family/friends may be interested in joining our school community.

https://www.lancasterhigh.lancs.sch.uk/job-vacancies

Reading corner

Top tips to encourage your child to read if you find it difficult to motivate them with their reading.

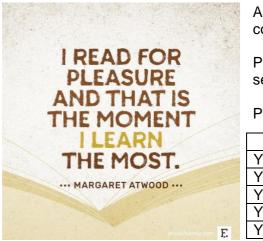
Build confidence

Find some quick reads (no more than 128 pages) to boost your child's reading self-esteem. A quick check with their teacher can give you a clear picture of how they're getting on as readers.

Make it a habit

You could create a new routine at home where your child reads for 10 minutes when they get in from school, after dinner or before bed.

Reading for Pleasure



As part of our reading strategy, one form period a week continues to be dedicated to reading for pleasure.

Pupils have responded really well and it is really pleasing to see pupils enjoying their books.

Pupils should bring a book to school on these days.

		Reading for Pleasure day		
1	Year 7	Tuesday		
1112	Year 8	Wednesday		
	Year 9	Tuesday		
	Year 10	Thursday		
12	Year 11	Wednesday		

Praise

Congratulations once again to Clougha house for receiving the most praise points last week.

- 1. Clougha **1130 (9.0 per pupil)**
- 2. Lune 964 (6.7 per pupil)
- 3. Halton **741 (5.1 per pupil)**
- 4. Storey **735 (4.9 per pupil)**

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Freya P	Maggie A	Morgan T	Daniel S	Mae W
Nawaf A	Kayla D	Liam F	Misti L	Oliver W
Sophie A	Jodie M	Ruben A	Christopher H	Joe B
Adam H	Aakifah T	Stanley B	Vincent H	Sam S
Mohammed A	Darcie D	Crystal C	Connor L	Ellie E

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Clougha Year 8: Clougha Year 9: Halton 1 Year 10: Lune Year 11: Halton

In addition, well done to the following pupils:

Vincent H in Year 10 History for outstanding oral contributions in class which have shown a real understanding of all that we have studied. In addition, it has been really encouraging to see his detailed set of notes.

Jaden O in Year 10 History for an outstanding exam answer that achieved full marks! This is the first time we have looked at this type of exam question and I am delighted to see how well he has done.

Well done to **Jack L** and **Louie M** in Year 7 for their fantastic enthusiasm, determination and focus in their keyboard lessons. Ms Edwards is really pleased with the progress that you're both making.

Well done foe a superb performance from **Kaycee B**, Year 7, in her drama lesson this week, Kaycee performed with confidence and demonstrated excellent vocal skills.

Well done to **Jade W** in Year 10, who has worked hard to improve her dance coursework and secured a Distinction mark as a result of her commitment and dedication to her work.

In Year 9 English, **Tyler Y, Orrin R**, **Gabriel R-S**, **Katie**, **Mia M**, **Zack**, **Jack**, **Leon** and **Liam** for fabulous contributions to class discussions.

In Year 11 English - the whole of **11E1** for continued efforts in the build-up to GCSEs.

A huge thank you to Freya P, Kaleb J, Lexie H, Adam H, Quaneisha Y, Louie M, Isaac P, Edan M, Kaycee B, Caitlin H and Sophie A from year 7 for their help on Wednesday evening at our first Year 6 transition event.

They made us really proud and we had fantastic feedback from our visitors about how helpful they were – well done!

Sports report

Year 7 tournament - Lancaster Girls Grammar School

On Tuesday, our Year 7 netball team went to Lancaster Girls Grammar School to participate in a netball tournament. All schools in the area participated and it was a fantastic afternoon. Our pupils played extremely well in all of their games. They won against Bay Leadership Academy and drew against Carnforth. Overall, the girls finished 4th out of 7 teams.

Well done to **Kaycee B**, **Alix S**, **Rufaro H** who received players of the match.

Huge congratulations to the whole team who represented our school for showing resilience, determination and great sportsmanship. We are very proud of their performances.



Food corner

In keeping with our spring take on food, our Year 10 Hospitality and Catering group have cooked lemonade scones. These easy, yet delicious, scones are quick easy and even freeze for the future.

A particular well done to **Alex K** in 10Lune for an excellent effort. Well done!

https://www.bbcgoodfood.com/recipes/lemonade-scones

Have a safe and enjoyable weekend.