

Dear Parent/Carer

## **Parent/Carer newsletter: Friday 26 May 2023**

### **Thank you**

As we come to the end of another busy term, I would like to thank you all for your continued support. We are incredibly proud of our young people and all of their positive contributions to our school and wider community over the past 6 weeks.

We hope that you have a restful break and we look forward to welcoming back all pupils on **Monday 5 June**.

### **Uniform and appearance reminder**

As is now customary, as we approach a holiday, a polite reminder regarding uniform and appearance for the final half term of the year.

As a school, we place significant importance on school uniform and the presentation of our pupils and value your support in ensuring our pupils have a true sense of belonging to our community and represent our school positively in our community.

Over the school holidays, please can you check that your child has everything they need for their return to school on **Monday 5 June**. Can you also ensure hair styles/colours, false/acrylic nails, fake eye lashes, piercings etc. are addressed before they return. In terms of jewellery, pupils are allowed to wear one pair of small ear studs, worn traditionally in the ear lobe and a watch. No other jewellery is allowed to be worn.

Uniform and presentation expectations can be found on the school website by following the link:

<https://lancasterhigh.lancs.sch.uk/our-school/policies-and-reports>

All pupils should also have the following equipment in a suitable school bag – reading book, black/blue pen, pencil, ruler and a school planner as a minimum requirement. Should you need support in sourcing uniform or equipment, please contact your child's House Tutor in the first instance.

Thank you in advance.

Commitment | Creativity | Community

Executive Headteacher: Mr J Cowper  
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**THE BAY  
LEARNING TRUST**

## Summer Concert

Advance notice - our summer concert will take place on **Tuesday 4 July**. Please save the date in your calendar and tickets will be available after half term.

## Pupil Leadership and Mentoring Project

On Wednesday a group of Year 10 pupils met to find out about becoming part of our Senior Pupil Leadership team and taking on the role of mentor for our new Year 7 pupils in September. A group of 34 pupils have expressed an interest and will begin their training on the Thursday 8 June with 'Wot Wud U Do'.



'Wot Wud U Do' are a team of experienced professionals that have worked in colleges, schools, universities, pupil referral units, care homes and community settings. They deliver health and wellbeing guest speaker sessions, youth engagement and youth work professional development courses and peer led programmes to teachers, young people, youth workers and health professionals.

Their projects focus on coproduction, working with people from all backgrounds, experiences and ages to create and develop community projects that are peer delivered to the younger generation. More information about them can be found on their website.

<https://www.wotwududo.co.uk/>

## Open Mic

Six pupils took to the stage to perform at the open mic today - well done to each one of them for showing such courage and determination performing their pieces in front of their peers. They all sang brilliantly and thank you to all the pupils who came to watch and show your support.

## NHS Lancashire and South Cumbria – Mental Health Campaign

NHS Lancashire and South Cumbria Integrated Care Board is currently developing a mental health campaign aimed at young people. As part of this development, the board would like to understand how children can be supported who may be struggling with their mental health.

The campaign will be aimed at young people aged 11 – 18. The board would value feedback from pupils and parents.

Please click on each link below to access the surveys which should take no longer than 5 minutes to complete.

[Survey for young people aged 11 – 18](#)

[Survey for parents and carers](#)

For more information about the ICB please visit [www.lancashireandsouthcumbria.icb.nhs.uk](http://www.lancashireandsouthcumbria.icb.nhs.uk)

## Uniform Project

We know that the cost of purchasing school uniforms can be a challenge for families. If you find yourself struggling to afford school uniform items please get in touch with the friendly volunteers at the Uniform Project who can support you with branded and unbranded items. You can self-refer to the project through the following link: <https://morecambebay.foodbank.org.uk/uniform-project-2/>



We would encourage any families who need support to contact the uniform project as soon as possible, ideally before August.

We would be very grateful for any donations of CLHS uniform that families are able to donate to us, maybe your child leaves us from Year 11 this summer and no longer requires their uniform or they have grown out of items. If you have items that you can donate please leave them at the reception.

## Morecambe Bay Foodbank

We are proud to be supporting the Morecambe Bay Food Bank in advance of the Summer holidays by collecting items to support local families. The Foodbank would be grateful for donations of the following items in particular: cup-a-soup, Angel Delight, instant custard, tinned fruit and instant mash potato

If you are able to support, please leave any donations at reception and CLHS will deliver to the Foodbank before the Summer holiday. Thank you in advance for your donations.



## SEND

Our weekly SEND clinic is open each Thursday between 2.30 - 4.30pm.

Please email [lisa.maudsley@lancasterhigh.lancs.sch.uk](mailto:lisa.maudsley@lancasterhigh.lancs.sch.uk) to book a 15-minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Term 3 SEND reviews for Year 9 will be held w/c: **Monday 12 June**. The letters were sent home last week with further details.

Please email Mrs Ainsworth at [sainsworth@lancasterhigh.lancs.sch.uk](mailto:sainsworth@lancasterhigh.lancs.sch.uk) to make an appointment.

## Mental health and wellbeing

### Meaning matters for a fulfilling and happy life.

We all matter and can make a difference to something bigger, beyond ourselves. When we ask people what happiness means to them, their initial thoughts usually describe pleasures – things that in the moment bring joy or other fleeting, positive feeling emotions.

However, soon their thoughts turn to a different type of happiness - friends, family, pets, work, volunteering, learning, hobbies, creative pursuits like making music or art, nature, faith – examples of things that give life meaning.

Working on and towards these things doesn't always feel pleasurable at the time but enables longer-term satisfaction and fulfilment.

## **Support offer- Young Minds**

If your child has been denied mental health support from CAMHs, or your child is still on their waiting list, Young Minds can support you. You can call the Young Minds parents' helpline on 0808 802 5544 9.30am-4pm Monday to Friday.

## **Charity event**

Mr Clark and Mr Roodenburg are organising "the Yorkshire 3 Peaks Challenge" for charity. They are planning to complete this challenge during the 1<sup>st</sup> week of the 6-week holidays. All abilities and ages are welcome to join the challenge. If you are interested, please let one of them know.

## **Shannon Canning**

Many of you may already be aware through local press or social media that ex pupil Shannon Canning was tragically found dead on Wednesday following a short period of being missing. We have sent our condolences to Shannon's family who left Central Lancaster High School in 2015.

If your child is affected by Shannon's death, please speak to your child's Head of Year so that we can support them in school.

We are all deeply saddened to learn of the loss of one of our school community.

## **Reading corner**

Well done to the following pupils who have made superb progress this half term on Bedrock Vocabulary.

### **Year 7:**

**Progress made:** Samuel P, Bariya A and Ollie D

**Points awarded:** Penny R, Christina A and Diwaniha Y

### **Year 8:**

**Progress made:** Lauren S, Maysa A and Ethan C

**Points awarded:** Jakob L, Yasaman G and Maysa A

### **Year 9:**

**Progress made:** Rhyley B, Hanna A and Leah B

**Points awarded:** Shistri S S, Tahsin S and Onali R W.

## **Key reminders**

### **Year 11 May half-term holiday revision classes**

We will again be putting on a programme of revision classes over the May half-term holiday. Details of the sessions can be seen below. We again, strongly encourage attendance at these sessions. Refreshments will be provided for pupils during the break times on Tuesday and Wednesday.

Time	Tuesday 30 May	Wednesday 31 May	Thursday 1 June	Friday 2 June
09:00 – 10:30	English Language <b>D4</b>	Physics Triple <b>D4</b>	History <b>D4</b>	Maths Foundation <b>D5</b> Higher <b>D4</b>
10:30 – 11:00	Break time with water and cereal bars provided			
11:00 – 12:30	Geography <b>D4</b>	Physics Combined <b>D4</b>		

## Pupil absence

If your child is unable to attend school due to illness, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text our **Absence Alert Text Number 07943107504** - This is a virtual mobile number from which absence is monitored during the school day.

## Key dates for the Summer term:

26 May 2023	<b>School closes 3.05pm for half term</b>
5 June 2023	<b>School Opens for all pupils</b>
22 June 2023	Transition Evening for year 6 parents/carers
23 June 2023	Year 11 Prom
27 June 2023	Year 6 Transition Day
29 June 2023	Year 6 Transition Day
5 July 2023	District Sports Day
11 July 2023	School Sports Day
18 July 2023	School Sports Day (reserve)
19 July 2023	Reports issued to Year 7-10
20 July 2023	Reward trips
21 July 2023	Achievement Assembly
21 July 2023	<b>School closes for summer at 1.15 pm</b>

## Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.

House points:

1. Clougha **1672 (10.8 per pupil)**
2. Lune **1315 (10.3 per pupil)**
3. Halton **1532 (9.6 per pupil)**
4. Storey **1431 (9.4 per pupil)**

A special mention goes to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Caitlin W	Louie M	Daniel A	Pupils were on work experience	Finlay B
Christina A	Rhys J	Maggie A		Oliver N
Tomas A	Khalisah G	Alfie T		Abbey W
Jimii C	Rufaro H	Leon P		Clayton B
Emmanuel J	Callum P	Ben W		Lacey C

## Attendance

Well done to the following forms for having the highest attendance last week:

**Year 7:** Lune

**Year 8:** Storey 1

**Year 9:** Clougha

**Year 10:** Clougha

**Year 11:** Storey

## Attend today, achieve tomorrow!

Special praise goes to the following pupils:

### Year 7

**Ezekiel M** for his consistent hard work in RE and PSHE, making valuable contributions and applying prior knowledge to his classwork.

**Logan Co.** tried very hard in a written assessment task in RE and created a fantastic response to a question about advice on cyberbullying.

**Coen A** for excellent participation in extra-curricular clubs this half-term.

For excellent work in Bedrock Learning this half term in Year 7:

**Christina A, Leyla B, Layton J-H, Emmanuel J, Samuel P, Melody H, Ezekiel M, Oliver K, Coen A, Bariya A, Willow D, Aasiyah P, Penny R, Mairead S, Diwaniha Y, Jayden D, Aimee O, Tala A, Tyler B and Ivan S.**

Particular mention goes to **Paul T** and **Charlie B** who have made concerted efforts to improve their progress levels this half term.

Special thanks to new pupil **Mila M** who has done brilliantly so far and accumulated 152 points in three weeks! What a superb effort, Mila. Thank you.

### Year 7 Bedrock Leader Board

Christina	3069
Samuel	2614
Sara	2577
Mairead	2476
Penny	2179
Layton	1746
Jayden	1618
Ben	1610
Emmanuel	1505
Oscar	1316

Congratulations to **Jimmi C** who has been gifted a guitar that has been kindly donated to us. Mr Welch said that Jimmi has shown dedication and commitment to his guitar lessons and having a guitar at home to practice will improve his playing even further. Well done Jimmi!



### Year 8

Well done to **Evie D** for continued good effort in art and excellent recall of subject knowledge.

**Kian H** for his fantastic attitude in RE and PSHE. Kian follows all school expectations and tries really hard each lesson. Kian is also the first to help with anything that needs doing in class. He's a pleasure to teach.

**Luke R** for his wonderful effort and improvement in RE and PSHE. Keep it up!

Thank you to **Evie D** for helping our new starters settle in to school this week.

**Ben K** for excellent participation in extra-curricular clubs this half-term.

There have been two outstanding efforts from **Yasaman G** and **Maysa A** in Bedrock

### Year 8 Bedrock Leader Board

Yasamman	2988
Louie	2241
Maysa	1490
Izzy	1384
Archie	1188

### Year 9

Well done to **Ibrahim S** for his fantastic computer game composition in music this week.

**Kal-EI M** for excellent effort with illustrating his understanding of 1-point perspective in art.

**Jacob B** for his excellent work in RE and consistently following classroom expectations. He recently produced a well written piece evaluating the work of religious groups around the world in helping those in need.

**Maggie A** for an impressive end of unit assessment for our WW2 topic in history, well done!

Thank you to **Ava W** and **Brooke R** for helping a new pupil settle into our school community this week.

**Charlie C** for excellent participation in extra-curricular clubs this half-term

Congratulations and thanks go to: **Hanna, Katie D, Shristi, Eden** and **Onali** for their efforts in Bedrock

### **Year 9 Bedrock Leader Board**

Shristi	5126
Tahsin	3272
Onali	1950
David	1658
Hanna	1504
Leah	1433
Maggie	1329
Ibrahim	1267
Katie	1204

### **Year 10**

Well done to **Crystal C, James WR** and **Georgia J** - it has been a pleasure to talk to you about your work experience placement last week.

**Jack H** for his excellent participation in extra-curricular clubs this half-term

**Morgan T** who has had a fantastic review from his work experience.

**Cameron H** who engaged well with work experience and gave a mature reflection to the week when completing his pupil feedback. Well done!

### **Year 11**

Another excellent week of examinations for the year 11. The exam invigilators have been very complimentary about the conduct of year 11. Well done and keep up the good work.

Miss Timperley would like to praise the ***Dungeons and Dragons group*** which meets regularly each week after school. It is fantastic listening to the students chatting with each other, being creative (and competitive) and showing real commitment and passion for this pastime.



## Food corner

We have been studying food poverty over the past few weeks. Pupils were set a task to plan and make a meal for their family, costing no more than £5. We had some creative ideas executed and all pupils worked incredibly hard.

Have a safe and enjoyable half-term holiday.



Mr J Cowper  
Executive Headteacher

