

Dear Parent/Carer

Parent/Carer newsletter: Friday 29 April 2022

Bank Holiday Monday

Monday 2 May is a bank holiday and school is closed. School reopens on Tuesday 3 May. We hope you have an enjoyable long weekend.

Free Breakfast

A reminder that all pupils have access to a free breakfast each morning in our canteen. Breakfast is served between 8.15 and 8.40.

Year 10 Parents' Evening

Year 10 parents' evening is on Thursday 5 May via School Cloud. If you have yet to make an appointment, can I please encourage you to do so. We very much look forward to discussing your child's progress with you.

CLHS Summer Concert

Advance notice that our summer concert will be taking place on Thursday 14 July so please save the date.

Year 11 Summer examinations

As we enter the final weeks before the summer exams begin, you should expect to see your child in a regular pattern of revision at home.

Resources have been provided by subject teachers and pupils have been supported to understand and use different revision techniques. We would that you strongly encourage your child to attend the after school and lunchtime revision sessions that are being run in school. Details of these sessions including when they are held, where they are held and what the focus of the session will be can be found on our dedicated website page by following this

link: <https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

Should you, or your child, need any support with revision then please do not hesitate to contact Miss Brown or the relevant class teacher.

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Principal: Mr J Cowper
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Extra-curricular activities

An important aspect of school life is the opportunity for pupils outside of the classroom. Extra-curricular opportunities allow for new experiences and skills to be learnt alongside new friendships to be formed. I would encourage your child to participate in as many of the many activities on offer. Please find below an overview on what is on offer for all pupils during the summer term.

	Lunchtime - 12.30—1.00pm	After-school - 3.10—4.00pm
Mon	Sound recording Music room—Year 9 Dance Club—Dance Studio—Year 7	
Tues	The Trebles (singing group) - Music —7-11	Science Club—C6—Year 7 and 8 Rugby—PE—Year 7 Fitness—Gym—Years 10 and 11 Netball—Netball courts—Year 7, 8 and 9
Wed	Guitar Group—Music Room—All years welcome Dance Club—Dance Studio—Year 8 and 9	MFL Film Club—E3— All years Fitness—Gym—Years 8 and 9 Rugby—PE—Years 8 and 9 Badminton—Sports Hall—All years/staff DT Extras—DT workshop—Year 11
Thurs	Ukulele / keyboard club—Music Room—All years welcome DT Catch-up/homework support—DT Workshop—All years welcome	Girls football—PE—Years 7 and 8
Fri	Diversity club—D6—7-11 Handwriting club—A1 – 7-11 (12.40 start) History GCSE revision—D5—Year 11 DT Catch-up/homework support—7-11	Extra – Curricular Opportunities

SEND

Key Stage 3 Homework Club is open on a Wednesday morning in the Learning Resource Centre, 8-8.40am. Key Stage 4 Homework Club is open on a Tuesday morning in the Learning Resource Centre, 8-8.40am. Please encourage your child to attend if they require support with their home learning.

In addition to our Homework Clubs, our Learning Resource Centre is open every morning before school, at break time and after school every day; please encourage your child to attend if they require additional support with any aspect of their education.

Key dates for the Summer term

Monday 2 May: May bank holiday – school closed
Thursday 5 May: Year 10 Parents' Evening, School Cloud 4-7pm
Thursday 12 May: Year 7 Parents' Evening, School Cloud 4-7pm
Friday 27 May: School closes for May half term

Monday 6 June: School reopens for all pupils
Thursday 9 June: DTP and Men ACWY vaccinations in school
Wednesday 29 June: New Intake Evening for Y6 parents/carers
Monday 4 July: Year 7 Chill Factor Trip
Tuesday 5 July: Year 8 Chill Factor Trip
Wednesday 6 July: Y6 New Intake Day
Thursday 21 July: School closes for the summer holiday

Mental Health and Wellbeing

Meaningful May

During the month of May can we encourage you to act upon the proposed activities to support your health and wellbeing.

Meaningful May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Do something kind for someone you really care about	2 Focus on what you can do rather than what you can't do	3 Take a step towards an important goal, however small	4 Send your friend a photo from a time you enjoyed together	5 Let someone know how much they mean to you and why	6 Look for people doing good and reasons to be cheerful	7 Make a list of what matters most to you and why
8 Set yourself a kindness mission to help others today	9 What values are important to you? Find ways to use them today	10 Be grateful for the little things, even in difficult times	11 Look around for things that bring you a sense of awe and wonder	12 Listen to a favourite piece of music and remember what it means to you	13 Find out about the values or traditions of another culture	14 Get outside and notice the beauty in nature
15 Do something to contribute to your local community	16 Show your gratitude to people who are helping to make things better	17 Find a way to make what you do today meaningful	18 Send a hand-written note to someone you care about	19 Reflect on what makes you feel valued and purposeful	20 Share photos of 3 things you find meaningful or memorable	21 Look up at the sky. Remember we are all part of something bigger
22 Find a way to help a project or charity you care about	23 Recall three things you've done that you are proud of	24 Make choices that have a positive impact for others today	25 Ask someone else what matters most to them and why	26 Remember an event in your life that was really meaningful	27 Focus on how your actions make a difference for others	28 Do something special and revisit it in your memory tonight
29 Today do something to care for the natural world	30 Share a quote you find inspiring to give others a boost	31 Find three reasons to be hopeful about the future				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Reading corner

Words for Life is created by the National Literacy Trust, funded by Kindred, the Department for Education, and supported by UK publishers. It provides parents, children and young people with activities and support to improve their language, literacy and communication skills from home.

Please take the opportunity to visit their website for lots of advice and various resources:

<https://wordsforlife.org.uk/about-us/>

Praise

Congratulations once again to Clougha house for receiving the most praise points last week.

1. Clougha **995 (8.0 per pupil)**
2. Lune **973 (6.8 per pupil)**
3. Halton **695 (4.8 per pupil)**
4. Storey **658 (4.4 per pupil)**

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Edan M	Lucas M	Hannah L	Misti L	Oliver W
Leonardo C-D	Daniel A	Alfie M	Lewis P-P	Paige R
Quaneisha Y	Cade B	Ruby B	Oliver N	Sam H
Ryan H	Ella F	Liam F	Christopher H	Alfie A
Lexie H	Zahrah M	Alfie F	Vincent H	Alfie E

In addition, well done to the following pupils:

Riley W in Year 10 who has had some amazing contributions to class discussions this week and is doing so well in History.

Gracie G in Year 9 who has done some great work in History and put so much effort into the end of unit test on Tuesday.

Congratulations to **Grace H** in Year 11 who won a silver medal in the National School's Ski competition. This is an incredible achievement and testament to your hard work and determination.



We are all really proud of your success, well done!



Special praise goes to **Maisie H**, Year 7, for her super attitude and effort in dance. Despite being injured she showed excellent commitment to learning.

Mrs Crossman would like to congratulate **Alfie P** in Year 9 for his excellent contribution to drama this week, well done.

Well done to **Freya P**, **Chae JS**, **Sam H**, **Ollie W** and **Louie M** on a brilliant session in the guitar club this week.

Well done to **Felix Y** and **Lucas L** for their fantastic rap performances in music this week.

The following pupils achieved an excellent '8 out of 8' on their recent exam question assessment in Year 10 History. **Josh A Threlfall**, **Zak H**, **Vincent H**, **Jaden O**, **Callum S**, **Jade W** and **Jessica U**.

I was particularly impressed with the following sentence from Jessica:

'A parasitic relationship between the USSR and Hungary ensured that the latter had little, or nothing, left for its citizens by way of resources or consumer goods'.

Congratulations to **Tia H** in Year 10, who, over the course of this week took on some challenging work in Business. In Tia's own words "This was really hard to begin with, but I think I could do it in an exam now, easy" Well done Tia, great perseverance!

Finally, congratulations to all the pupils who completed more of their arts award qualification this week. The next after school session will be on Tuesday 17 May in the music room until 5pm.

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Lune
Year 8: Clougha
Year 9: Lune 2
Year 10: Clougha and Lune
Year 11: Lune

Sports report

Year 8 Cup Final

Our Year 8 football team made the trip to Morecambe to take part in the district cup final.

They had not been beaten this year but unfortunately, nerves seemed to get the better of our players on the big stage. We started slowly and their striker managed to capitalise and hit a fine shot on goal giving our goalkeeper little chance.

We battled our way back into the game and went close with a few attempts on goal but just couldn't get the ball into the back of the net. Just before half time, Morecambe managed to score another goal. In the second half Central took the attack to Morecambe and applied lots of pressure to try and get a goal and get back into the game but it just wasn't our day and their keeper made a number of fine saves.

We are incredibly proud of our team and they should be incredibly proud of how far they have progressed this year and will no doubt go into next season full of positivity and belief. Well done to all the boys involved throughout the season and to Mr Kay.

Food corner

Year 10 Catering group this week tried to develop low cost healthy meals. Using left over vegetables, they developed healthy soups. Simply, tasty and cost effective. Enjoy.

<https://www.bbcgoodfood.com/recipes/roasted-sweet-potato-carrot-soup>

Have a safe and enjoyable weekend.



Mr J Cowper
Principal