

Dear Parent/Carer

Parent/Carer newsletter: Friday 30 June 2023

Year 11 Prom



Our Year 11 enjoyed their Prom at Morecambe's Globe Arena last Friday.

It was a superb event for all our pupils, who have worked incredibly hard throughout the year, and it was a fitting way to end their time with us.



Thank you to all staff who supported the event, and we look forward to the year group coming in to school to pick up their GCSE results in August!

Year 10 Geography Fieldwork

Our Year 10 geography GCSE groups completed their field trip to the River Wyre as part of their coursework.



The weather was kind on both days and the opportunity to learn outside the classroom was a valuable opportunity to enable pupils to put theory into practice.

They were a credit to our school as they engaged with the local community of Scorton after the fieldwork activity as they enjoyed a well-deserved ice cream!

Commitment | Creativity | Community

Executive Headteacher: Mr J Cowper
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**THE BAY
LEARNING TRUST**

Industrial Action: 5 & 7 July 2023

The next scheduled day of industrial action by the NEU is:

Wednesday 5 and Friday 7 July.

The strike is happening because of a national dispute between the unions and the government over teachers' pay. The potential effect will not be restricted to our school, but the impact on each school will differ.

As I mentioned in my previous correspondence, when making decisions, we have had to take into account union membership, staffing levels and how we can ensure the health and safety of our pupils in school. On Wednesday 5 July, school will therefore be open for pupils in Year 7. On Friday 7 July, school will therefore be only open for pupils in Year 10.

Vulnerable pupils will also be invited to attend where capacity allows on each of the days. Parents/carers will be contacted directly by school.

Pupils in school may not be able to attend their normal lessons so we ask that they bring with them a reading book. It may be that we may run a number of activities throughout the day in place of timetabled lessons.

Pupils in all other year groups will need to remain at home on those days. For pupils not in school, we are not able to provide work for each lesson as the closure is part of an industrial dispute and the withdrawal of a person's labour or professional services on that day, however we will make some resources available on ClassCharts for pupils to engage with.

Please note that buses will run as normal on both days for those pupils who need to attend and the canteen will be open as usual. There will be no extra-curricular clubs or school minibus available on this day.

Vouchers will be provided for pupils in receipt of free school meals for whom school is not open.

I'm sorry that some of you will have to make alternative arrangements for your child. I understand that this situation may be frustrating and I thank you for your support and understanding.

Summer Concert: Tuesday 4 July 2023

Our summer concert takes place next Tuesday, 4 July in the school hall. Doors will open at 5.30pm and the concert will run from 6 - 7pm. Tickets are £3 and are available through ScoPay, from reception or from the music department in school and there will also be tickets available to purchase on the night.

Theatre Trip



The final few spaces are available for the Charlie and the Chocolate factory musical in Manchester which takes place on **Tuesday 11 July.**

Please see Mrs Spence for a letter if you would like to go.

Summer Safety Assemblies

We are very pleased to be working with colleagues from 'We Are With You', a charity supporting young people to understand the dangers of drug use. Representatives from the charity led a powerful assembly today with our Year 9 and 10 pupils, informing them of the dangers of recreational drug use with a specific focus on the drug ketamine.

You can access more information regarding support if you have concerns around drug or alcohol use/abuse here: <https://thismayhelp.me/what-to-do-if-your-child-is-misusing-drugs-or-alcohol/>

SEND

Our weekly SEND clinic is open each Thursday between 2.30 - 4.30pm.

Please email Imaudsley@lancasterhigh.lancs.sch.uk to book a 15-minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Term 3 SEND reviews for Year 7 will be held w/c: 3 July. A letter has been sent home with further details.

Please email Mrs Ainsworth at sainsworth@lancasterhigh.lancs.sch.uk to make an appointment.

Mental health and wellbeing

This half term, we are providing information on different types of mental health issues that people might face. We will give you a brief overview of the issue; what signs and symptoms to be aware of and give you information on the help and support available for mental health issues.

Anxiety

Anxiety is a feeling of worry or fear that is experienced as a combination of physical sensations, thoughts and feelings.

Everyone will feel anxious sometimes, but these feelings will usually subside once a particular moment - such as taking an exam or trying something new - has passed.

Anxiety can become a problem when these feelings don't pass and a young person feels constantly anxious, overwhelmed and distressed. It can also become a problem when previously enjoyable activities or tasks start to make a young person feel anxious. Young people may start to withdraw and limit what they feel able to do.

Behaviours a young person might exhibit to deal with anxiety:

Repeating behaviours

Repeating certain behaviours, actions or rituals (these are often called obsessive compulsive behaviours and can be a symptom of obsessive compulsive disorder (OCD)).

A change in eating habits

They might start to refuse snacks or food during a session. Alternatively, they may start always carrying food on them, or be eating throughout sessions.

Self-harming

Purposefully harming themselves can be a coping technique for anxiety. If you're worried that the young person you are supporting is self-harming, we have some information and advice that can help.

How to support a young person with anxiety:

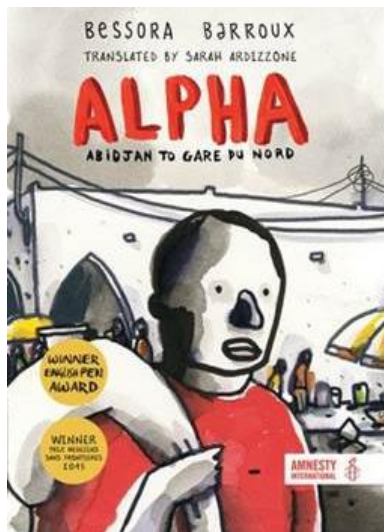
Keep checking in

This isn't a one-off conversation; keep checking in regularly with how the young person is feeling, while remembering to talk about other things too – young people don't want to be defined by their mental health challenges. Talk about who else can help and encourage them to talk to parents, carers or a member of staff at school.

Reading corner

All pupils who have been supported by a reading intervention this year have undergone some end of year testing to ascertain the levels of progress that have been made. We have seen some very encouraging outcomes which is testament to the hard work that both staff and pupils have put into these sessions.

Reading Corner:



Recommended read

Alpha is leaving the Ivory Coast where he has lived all his life. He hasn't made the decision lightly, but the dangerous journey to another country is still a better choice than staying where he is. His wife and child have already left, and they've agreed to meet at Gare du Nord in France, where he has friends they can stay with while they start a new life.

But Alpha's journey with people traffickers, through inhuman refugee camps and on the overcrowded boats across perilous waters, is unimaginably awful.

A powerful, terrible and essential story, Alpha should be required reading for everyone. The story's format as a graphic novel, created by renowned illustrator Barroux with just the basic materials that could conceivably be found by a refugee, highlights the terror and hopelessness experienced by someone forced to leave their own country in search of a future.

Well done to the following pupils who have made superb progress this half term on Bedrock Vocabulary.

Year 7:

Progress made: Mirui Z, Mairead S and Julian S

Points awarded: Penny R, Diwaniha Y and Tyler B

Year 8:

Progress made: Max B, Grace B and Maysa A

Points awarded: Alix S, Maisy B and Archie B

Year 9:

Progress made: Alex L, Kyle S and Flora Y

Points awarded: Ajay B, Leah B and Hayrunisa O

Key reminders

Pupil absence

If your child is unable to attend school due to illness, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text our **Absence Alert Text Number 07943107504** - This is a virtual mobile number from which absence is monitored during the school day.

Key dates for the Summer term:

5 July 2023	Industrial Action Day – Year 7 and vulnerable pupils only
7 July 2023	industrial Action Day – Year 10 and vulnerable pupils only
11 July 2023	School Sports Day
18 July 2023	School Sports Day (reserve)
19 July 2023	Reports issued to Year 7-10
20 July 2023	Reward trips
21 July 2023	Achievement Assembly
21 July 2023	School closes for summer at 1.15 pm

Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.

House points:

1. Clougha	1722 (10.8 per pupil)
2. Storey	1419 (9.4 per pupil)
3. Halton	1369 (8.6 per pupil)
4. Lune	1042 (7.8 per pupil)

A special mention to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10
Coen A	Lexie H	Issy B	Connor B
Jai Y	Velislava A	Zahrah M	Stanley B
Tomas A	Alfie K	Riley S	Tillie B
Emmanuel J	Khalisah G	James R	Liam F
Christina A	Quaneisha Y	Hayrunisa O	Mia M

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Clougha 1

Year 8: Storey 1

Year 9: Clougha

Year 10: Halton 2

Attend today, achieve tomorrow!

Special praise goes to the following pupils:

Year 7

In Year 7 English pupils have been developing their use of rhetoric and employing persuasive techniques so watch out parents and carers... they are becoming very adept at getting what they want! Thanks to: **Theo A, Jimi C, Roxy B, Christina A, Daisy-Leigh D, Paul T, Caitlin W, Jake T, Josh B, Kameron T and Mairead S** for all their fabulous contributions this week.

Thank you to **Isabel M** and **Abbie E** for help showing candidates around the school, you represented our school demonstrating fantastically well showing our community values.

Penny R and Asher J for their commitment to form time activities.

Ezekiel M and Coen A for their hard work and commitment in maths.

Poppy T had a fantastic RE lesson this week, completing tasks immediately and trying her best. She presented her work beautifully and contributed to class discussion throughout the lesson - well done!

Year 8

Thank you to **Kaycee B, Michael A** and **Gabrielle F** for helping with interviews this week. All were polite, friendly and were positive representatives of our school. We particularly enjoyed Gabrielle's funny cooking stories in between interviews!

Well done to **Max B Khalisa G** and **Mia D** for their hard work and commitment in maths.

Nicole M has demonstrated commitment in a number of geography tasks this week showing real commitment in her learning.

Year 9

Thank you to **James R** and **Ella F** for helping with our interviews on Tuesday. Both were polite, mature and a pleasure to spend time with.

Katie D for showing resilience this week – well done Katie!

Lewis G for excellent work in his maths lessons.

Our **Year 9 pupils** who represented school on their trip to Lancaster & Morecambe College this week with Mrs Spence – you were all a credit to our school, well done and thank you!

Year 10

Thank you to **Rena A, Dobromir R, Olivia W, Poppy O, Primrose M, Connor B, Ruby A, Hollie H, Ayra M, Lee W, James W, Shane H, Isabel B, Manot A, Stanley B, Sana J, Jack H, Zack C, Mia M, Gabriel R, Liam F, Mariela M and Orrin R** for the fantastic support they provided our new pupils on the transition days.

You made us all incredibly proud and you've been outstanding ambassadors for our school this week. You have shown the true value of our community ethos.

Laveshni G and Mikey M for their hard work and commitment in maths.

Well done to **Mr Auger's Year 10 History** class who have been studying some particularly difficult content in lessons this week to which pupils have approached with sensitivity, compassion and a high level of focus.

Well done to **Miss Newsham's English Language** classes. She has been very impressed with the commitment shown by you all when going through your recent mock examinations.

Have a safe and enjoyable weekend.



Mr J Cowper
Executive Headteacher