

Dear Parent/Carer

## **Parent/Carer newsletter: Friday 4 March 2022**

### **Non-Uniform day**

Many thanks for your support in response to Unicef's Ukrainian appeal. We have raised **£618.91** through your generous donations. A special mention to one of our pupils who donated £25 and two pupils who donated £10 each.

### **Blue and Yellow ribbons**

Thank you to all who have already purchased a blue and yellow ribbon for Ukraine. These will be available all next week for a minimum donation of £1.00.

### **Learning Resource Centre**

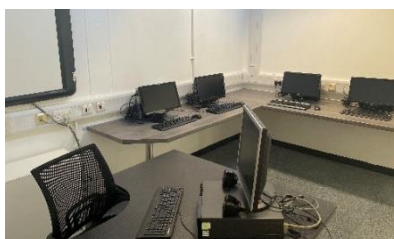
It has been really pleasing to see a number of pupils use our Learning Resource Centre this week. A reminder that it is now open for pupils to use during the school day at the following times Monday - Friday:

8.00 am – 8.45 am

Break time: 11.05 am – 11.15 am

Lunch time: 12.20 am – 12.55 pm

3.05 pm – 4.15 pm



The Learning Resource Centre (LRC) will be staffed at these times and anyone who would like to use the LRC for private reading for pleasure or use the IT resources including printing facilities to help them with their school work is more than welcome.

Commitment | Creativity | Community

Principal: Mr J Cowper  
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## National School Breakfast Programme

We have seen a good number of pupils utilise this service since Monday 21 February which is really encouraging. A reminder that pupils are able to have breakfast, **free of charge**, in school between 8.15am - 8.40am. During this time they can choose from freshly toasted bagels or from a selection of cereals.

The breakfast is available in our canteen and is **free to all pupils in all years**.

## Year 9 Options and Parents' Evening

We have rescheduled the Year 9 options evening and parents evening for the following dates:

Year 9 Options Evening:	Thursday 10 March
Year 9 Parents' Evening:	Thursday 17 March
Year 9 Options form deadline:	Monday 21 March

Letters, including more detail, have been sent to all Year 9 parents via email today.

## Year 11 preparation for summer examinations

It has been excellent to see how well our Year 11 pupils have applied themselves during the two mock exam weeks either side of the half term. There are now only 10 school weeks remaining before the first exams begin in May.

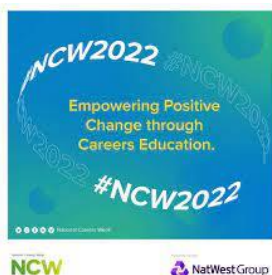
As part of our continued support, we will be continuing with our programme of after school and lunchtime revision sessions. The timetable and the overview of what will be covered in each of the sessions can be viewed on our dedicated Year 11 Revision page on our website. This is updated on a weekly basis.

All pupils have been given revision guides for English, maths, science, geography, history and French and we have purchased subscriptions to a number of online platforms that will support pupils with their revision. Should you need any support, please contact Miss Brown at the school.

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

## Careers news

### National Careers Week



Pupils will receive a wide range of information next week regarding careers and potential post-16 routes. Families and young people can find a range of resources using the links below to support them in their careers education.

<https://www.youthemployment.org.uk/employment-help-young-people/national-careers-week/>

<https://nationalcareersweek.com/>

<https://www.bbc.co.uk/bitesize/careers>

## Open Evening



Lancaster & Morecambe Colleges' open evening is **next Tuesday, 8 March** between **4:30-7:00**.

Alongside our full-time course tutors, they will have a range of employers and universities there to talk to students, including: Lancaster University, University of Cumbria, Liverpool Hope University, UCLan, University of Bolton and Edge Hill

## SEND

Year 11 SEND reviews are taking place next week. An invitation has been posted out. Please either return the reply slip to school or make an appointment by emailing [levans@lancasterhigh.lancs.sch.uk](mailto:levans@lancasterhigh.lancs.sch.uk)

The SEND Clinic is closed next week. The clinic will reopen Thursday 17<sup>th</sup> March 4-6pm. Please email [levans@lancasterhigh.lancs.sch.uk](mailto:levans@lancasterhigh.lancs.sch.uk) to book a 15 minute appointment should you wish to discuss any aspect of your child's education.

There is a Key Stage 3 and a Key Stage 4 homework club opening next week in the new Learning Resource Centre. Both clubs open at 8 am until form time and the clubs are staffed by our Teaching Assistants (TAs).

Key Stage 4 Homework Club is open on a Tuesday morning and the Key Stage 3 Homework Club is open on a Wednesday morning. Please encourage your child to attend if they require support from one of our TAs with their home learning.

## Mental Health and Wellbeing

There is strong evidence that indicates that feeling close to, and valued by, other people is a fundamental human need and one that contributes to functioning well in the world.

It's clear that social relationships are critical for promoting wellbeing and for acting as a buffer against mental ill health for people of all ages.

With this in mind, try to do something different today and make a connection.

- Talk to someone instead of sending an email
- Speak to someone new
- Ask how someone's weekend was and really listen when they tell you
- Put five minutes aside to find out how someone really is.

## Chinese music project



On Tuesday, we welcomed More Music from Morecambe in to school who are working on a Chinese music project with a group of year 8 pupils over the next four weeks. Our pupils had the opportunity to try several Chinese instruments and to learn some traditional songs. More Music



invested in these instruments following the Morecambe Bay cockling disaster that happened in 2004 to raise more awareness of Chinese culture and music.

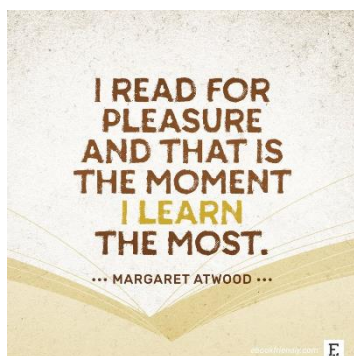
## Pupil immunisation

On Wednesday 9 March, the NHS will be in school to administer Covid vaccines (first or second) to pupils with consent. Attached is a copy of the letter provided by the NHS with more information.

On Thursday 10 March, Year 8 will have their HPV vaccine and on the 22 March, there will be the opportunity for any Year 8 and 9 pupils who have missed their original opportunity for the HPV vaccine to have it.

## Reading corner

### Reading for Pleasure



As part of our reading strategy, from next week, one form period a week will be dedicated to reading for pleasure.

Pupils should bring a book to school on these days. This will replace our dedicated Word of the Week (WOW) session, but don't worry, WOW will become part of our weekly form time PowerPoint!

	Reading for Pleasure Day
Year 7	Tuesday
Year 8	Wednesday
Year 9	Tuesday
Year 10	Thursday
Year 11	Wednesday

## Praise

Congratulations to Clougha house for receiving the most praise points last week.

1. Clougha **1134 (9.6 per pupil)**
2. Storey **1040 (7.0 per pupil)**
3. Lune **988 (6.0 per pupil)**
4. Halton **891 (6.3 per pupil)**

Congratulations to the following pupils who had the most praise points in the last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Dillan W	Jodie M	Leon F	Oliver N	Millie A
Mia D	Maggie A	Jethro K	Calla L	Mae W
Quaneisha Y	Kayla D	Liam F	Harry C	Eva R
Freya P	Ben W	Jack H	Daniel S	Amber L
Rowan G	Michal A	Mia M	Andrew H	Oliver W

## Attendance

Well done to the following forms for having the highest attendance last week:

- Year 7: Storey 2
- Year 8: Lune
- Year 9: Lune 1
- Year 10: Lune
- Year 11: Lune

In addition, well done to the following pupils:

In Year 7 English, **Lilly B** has produced some fabulous creative work. Thank you Lilly. **Max B, Imogen H** and **Evie D** have made superb contributions in class. **Ryan H** has really made progress with his presentation showing a real commitment to his work.

In Year 9, **Josh J** has shown superb recall in English and made connections with prior learning and his broader knowledge. Lovely to hear your ideas, Josh.

Well done to Jack L, Rowan G and Louie M on their enthusiasm at the extra-curricular clubs in music this week.

Our new lunchtime guitar group has started and well done to **Ollie W, Leon F, Erin L, Mollie M, Freya P, Kayla DL M, Kenzie K** and **Sam H** for their fantastic start with this.

## **Sporting stories**

### **Last weeks football action**

The Year 8 boys kicked off their season in emphatic style on Tuesday evening as they hosted Bay Leadership Academy. The boys started with a high tempo and found themselves 2-0 up inside the first few minutes as **Leighton M** and a **Conner D** penalty settled any nerves we may have had.

Bay's defence were finding the continual waves of our attacks difficult to contain, and by half time we were 5-0 ahead, in very blustery conditions.

We continued the second half in the same vein, with the substitutes all playing their part in an outstanding team performance. The game finished 9-4 in our favour, with **Leighton M** scoring 5 of those, although **Matthew D** could claim the goal of the game with a sweet strike from well outside the area.

The boys' attitude and effort was outstanding throughout and we look forward to next weeks match vs Ripley St Thomas.

Our Year 7 team were full of enthusiasm for their first league game in Central colours. The boys started the game really brightly but found themselves a goal behind against the run of play. They didn't let their heads go down and immediately equalised taking the game to 1-1 at half time.

As the game wore on, unfortunately our strikers didn't manage to convert the chances we created. With a bit more luck, we will turn these into goals in the next game. Bay managed to steal a few more goals before **Harry O** went on a solo run from defence, taking on four Bay players before placing the ball beyond the goalkeeper – a fantastic solo goal. The game finished 4-2 to Bay and the boys are looking forward to the next game versus Ripley.

Well done to all involved and thank you for representing our school in such a positive way!

### **Next week's fixtures**

Tuesday 8 March: Year 10 boys football team play Carnforth away and Year 9 play Ripley at home.  
Thursday 10 March: Year 7 and 8 boys football at home v Carnforth.

## Food corner

This week, Year 10 hospitality and catering were asked to create a delicious, reasonably priced meal in a 'blind' challenge - the recipe and the ingredients were only made available in the lesson!

Despite this they all coped well with **Freddie G** in 10 Lune creating the standout meal of the day - all in under 20 minutes!

Please find the recipe attached to try at home.

<https://www.bbcgoodfood.com/recipes/bacon-mushroom-pasta>

Have a safe and enjoyable weekend.

A handwritten signature in black ink, appearing to be 'JG' or similar, followed by a period.