

Dear Parent/Carer

Parent/Carer newsletter: Friday 5 May 2023

Across the Bay newsletter

The Bay Learning Trust is delighted to share its latest newsletter, 'Across the Bay.' The newsletter provides a summary of the excellent work that takes place across the Trust.

You can access the newsletter here: <https://sway.office.com/ilgDvgj8yZdaKflr?ref=Link>

Staffing updates

This week, **Mrs Victoria Crossman** was appointed Head of School until 31 August 2024 in the first instance. She will be responsible for the day-to-day operational management of the school.

I remain Principal of Central and will continue to lead the school at a strategic level and will remain fully responsible and accountable for our school.

We have also made a number of very strong appointments in readiness for September. **Miss Ellie Vedick** has been appointed to Second in English, **Miss Catherine Dickson** to Head of Technology and **Miss Jennifer Parsons** to Head of History.

Miss Rebecca Holmes and **Mr Sal Natha** have been appointed as Seconds in Maths and have taken these posts up with immediate effect.

May bank holiday

Monday 8 May is a bank holiday for the Coronation of the King. School will be closed on this day and will reopen for **all** pupils on Tuesday 9 May.

Year 11 Parents information evening

It was really encouraging to see so many parents attending our Year 11 information evening. For those of you who were not able to attend, we have the slides from the presentation saved on our dedicated Year 11 revision page which can be accessed [here](#).

Commitment | Creativity | Community

Executive Principal: Mr J Cowper
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**THE BAY
LEARNING TRUST**

Year 11 Examinations start on Tuesday 16 May

We have been very encouraged with the way that Year 11 pupils have continued to apply themselves to their learning this week, both in lessons and in the revision sessions.

Our final programme of in school revision sessions is now entering its final stages. You will be able to see what is taking place and when by accessing the link [here](#).

We would like to draw particular attention to the Maths and English 40-day revision plans that have been prepared for each class. They detail 15 minutes of key revision that should be carried out on each day up to the exams. Pupil may choose to organise their time differently than completing a task every night, however all tasks should be completed before the exams begin.

May half-term holiday revision classes

We will again be putting on a programme of revision classes over the May half-term holiday. Details of the sessions will be published in next week's Parent Newsletter. We again, strongly encourage attendance at these sessions. Thank you for your continued support.

Careers Updates

Morecambe Bay NHS Trust - Work Experience Applications for 16+

This is a great opportunity for any Year 11 pupils interested in working in the NHS or other employers in the health sector.

www.nhscareersnw.co.uk (form within the 'Placements' section)

The application window for Work Experience, for those aged 16 years and older, is now open. This is for Work Experience opportunities within three hospital sites at Lancaster, Kendal and Barrow and will be for placements in July, August and September.

The window will be open during May 2023 and will close on **Wednesday 31 May**.

Please note that they only have capacity within the sites to host around 100 placements per application window, hence, please encourage your children to apply early. Furthermore, please only actively encourage those children who are definitely eager to pursue a career in this sector. To apply, pupils must register on www.nhscareersnw.co.uk and then click on the 'Placements' section within the site.

Industry Day

Year 9 pupils took part in an industry day last Friday looking at Green Energy. This included a visit to EDF Visitor Centre and a series of workshops at Lancaster and Morecambe College. Pupils learnt about career pathways, sustainability and how EDF look after the environment.

Mental health and wellbeing

Pupil well-being

All pupils in Year 10 and 11 have been sent a link to a free webinar via their Unifrog account. In this webinar, “**Managing your wellbeing during exams**”, Unifrog’s mental health champions share their top tips for managing exam stress and expectations, help pupils to find their best revision style, and signposts them to some useful resources for accessing support.

Pupils just need to log into their account to sign up for the Webinar which takes place on Monday 15 May at 4.30pm.

Training our brain to look for what’s good

We can train our brain to look for the good around us, increasing the number of pleasant emotional moments we experience so over time we benefit from the ‘broaden and build’ effect outlined above. This doesn’t mean ignoring what’s wrong but noticing what’s right. For example, studies show that simply reflecting and writing down three good things we experienced over the course of the day (however small), for seven days, boosted how happy people felt and reduced feeling down, and this impact lasted as long as six months!

Try it: Each night for one week, think back over your day. Identify three things you enjoyed, were pleased about or grateful for (however small) and write these down, perhaps with a few words on why these felt good for you.

The good things you can be small or day-to-day - like getting a seat on the bus, the sun coming out, or being able to take a quick break on a tough day. After a week see what you notice. Has it made a difference?

Reading corner

Well done to the following pupils who have made superb progress this half term on Bedrock Vocabulary.

Year 7:

Progress made: Kenneth S, Mairead S and Cadence F

Points awarded: Christina A, Mairead S and Penny R

Year 8:

Progress made: Ella B, Casie K and Amy L

Points awarded: Yasaman G, Maysa A and Izzy D-L V

Year 9:

Progress made: Ella F, Alex L and Tahsin S

Points awarded: Onali R Y, Tahsin S and Shristi S S

Key reminders

Pupil absence

If your child is unable to attend school due to illness, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text our **Absence Alert Text Number 07943107504** - This is a virtual mobile number from which absence is monitored during the school day.

Key dates for the Summer term:

8 May 2023 Bank Holiday for King's Coronation – School Closed
15 May 2023 Year 10 Work Experience
15 May 2023 GCSE Examinations start
26 May 2023 **School closes 3.05pm for half term**

5 June 2023 **School Opens for all pupils**
22 June 2023 Transition Evening for year 6 parents/carers
23 June 2023 Year 11 Prom
27 June 2023 Year 6 Transition Day
29 June 2023 Year 6 Transition Day
5 July 2023 District Sports Day
11 July 2023 School Sports Day
18 July 2023 School Sports Day (reserve)
19 July 2023 Reports issued to year 7-10
20 July 2023 Reward trips
21 July 2023 Achievement Assembly
21 July 2023 **School closes for summer at 1.15 pm**

Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.

House points:

1. Clougha **1453 (9.4 per pupil)**
2. Halton **1492 (9.4 per pupil)**
3. Storey **1025 (6.7 per pupil)**
4. Lune **823 (6.4 per pupil)**

A special mention to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
Charlotte H	Isaac P	Leah B	Toby H-I	Jaden O
Caitlin W	Caitlin H	Demi A	Connor B	Kayleigh C
Alexander S	Yasaman G	David A	Jack H	Leaf R
Emmanuel J	Rufaro H	Brooke R	Gabriel R S	Olivia S
Joshua B	Alfie K	Matilda L	Matthew H	Abbey W

Attendance

Well done to the following forms for having the highest attendance last week:

Year 7: Clougha1

Year 8: Storey1

Year 9: Clougha

Year 10: Clougha

Year 11: Lune

Attend today, achieve tomorrow!

Special praise goes to the following pupils:

Year 7

Jake T for excellent answers in RE and high-quality work produced. Jake excelled in his explanations of new key words in our topic of 'Islam'.

Neveah E for excellent work in RE in her first lesson back learning about the nature of Allah in Islam.

Tala A for enthusiastic work in RE and lots of valuable contributions.

Lily D for showing improved commitment to her learning this week.

Year 8

Ollie B for producing a wonderful written piece of work assessing the challenge that evil and suffering poses for religious believers, well done!

Thank you to **Isaac P** and **Yasaman G** for your help in staff interviews this week. You have been a great help and represented school life positively to our candidates.

Leo Y produced wonderful work in his mid-unit assessment on coastal erosion and created beautiful diagrams in his class book – well done!

Year 9

Thank you to **Riley S**, **Leah B** and **Kaan G** for your help in staff interviews this week. You have been a great help and represented school life positively to our candidates.

Thank you to **Daisy B** and **Mollie O** for your brilliant coaching in PE this week. You have been organised and lead small groups. Well done!

Leah B who always helps out even when she is not able to take part in practical PE sessions. Leah does this by taking on the role of a coach and organising equipment to help. Thank you Leah.

Year 10

Matthew H produced high quality work in Life lessons this week and showed community spirit helping a pupil to access the work with reading. Matthew was a real asset to the lesson. Thank you.

Well done to **Kitty M, Gabriel R-S, Orrin R** and **Stanley B** for producing brilliant narratives in English this week.

Year 11

Well done to **Paige S, Adam R, Jaden O, Harry W, Vincent H, Callum S, Zain E, Jack P** and **Lacey C** who have shown particular focus in history as we continue our preparation for the exams.

Well done to **Reegan C, Benjamin M, Abdulrahman A H** and **Zain E** for their continued effort and focus in your English Language lessons.

Our Year 11 art pupils conducted themselves in an excellent manner during their exam, particularly as it was their first exam. They were very focused and should be proud of the work they have created. Well done to you all.

Sports corner

We are pleased to confirm that both the Year 8 and Year 11 boys football teams have made the district final. Year 11 are due to play against Morecambe Bay Academy on Friday 5 May and the game is to be held at Lancaster City's ground. Year 8 are set to play against Ripley St Thomas on Tuesday 16 May and the game is to be held at Morecambe Bay Academy.

We wish both teams the very best of luck and congratulate them for reaching the finals.

Extra-curricular clubs for the summer are now in full swing with girls football being held on Wednesdays' after school – pupils from all years are welcome. On the same night we also have athletics and fitness which are also open to all years.

Starting on Tuesday 9 May, we have fitness 'breakfast club' from 8am to 8.30am. Pupils can collect a free breakfast after attending. Cricket will be starting on Tuesday 23 May after school.

Have a safe and enjoyable weekend.



Mr J Cowper
Executive Principal