

Dear Parent/Carer

## **Parent/Carer newsletter: Friday 6 January 2023**

### **Happy New Year**

We hope you have had an enjoyable and restful Christmas break. Thank you for your continued support in ensuring your child is in the correct uniform and is equipped for their lessons each day.

If you are unsure of our uniform and appearance requirements, please visit our website: <https://www.lancasterhigh.lancs.sch.uk/our-school/policies-and-reports> and if you need support with uniform or equipment, please do not hesitate to contact your child's House Tutor in the first instance.

### **December grade cards**

Pupils in all year groups were handed copies of their Term 1 grade cards at the end of last term. Electronic copies were also sent out to parents/carers. If you have any questions arising from your child's grade card, please do not hesitate to contact Mr Auger: [mauger@lancasterhigh.lancs.sch.uk](mailto:mauger@lancasterhigh.lancs.sch.uk)

### **Year 11 mock examinations – February 2023**

Pupils in Year 11 will sit their second set of mock examinations, week beginning Monday 6 February. The second week of exams will start in the week after the half-term break, week beginning Monday 20 February. Pupils were handed a paper copy of the mock examination timetable on Thursday this week. An online copy of the timetable can be viewed on our dedicated Year 11 revision website page by following the link below.

Next week, week beginning Monday 9 January, will see the start of our 'in school' revision sessions. The purpose of these sessions is to support pupils to effectively prepare for both their mock examinations and the end of year GCSE exams. We strongly encourage pupils to attend these sessions. Details of when these sessions run can be viewed on our dedicated Year 11 revision website page by following the link below.

Additionally, we have purchased revision guides for **all** pupils to support them with revising English Language, English Literature, maths, science, geography, history and French. These revision guides are being distributed directly to pupils by their subject teachers. Teachers will be supporting pupils to use them effectively as part of their revision process.

Please support your child by encouraging them to establish a regular pattern for daily revision. Details of how you can best support your child can be found on of dedicated Year 11 website page which can be accessed via the link below.

<https://www.lancasterhigh.lancs.sch.uk/students/year-11-revision-and-exams>

Commitment | Creativity | Community

## Pupil absence

If your child is unable to attend school due to illness or any other reason, please call the school in the first instance on 01524 32636 and Select Option 1 to report a pupil absent. You can also text to our **Absence Alert Text Number 07943107504** - This is a virtual mobile number from which absence is monitored during the school day.

## Behaviour for Learning Policy

After a review of detentions, with feedback from pupils and staff, the following changes have been made to our afterschool detentions and Behaviour for Learning Policy. The updated policy is available on our website. We have held assemblies with pupils this week so they are fully aware of the changes and the rationale behind them.

Where pupils have detentions we value the continued support of parents/carers to ensure pupils attend the detentions so that pupils take responsibility for their behaviours within school. Should you have any queries about a detention, please contact your child's House Tutor in the first instance.

You can view our amended policy here:

<https://www.lancasterhigh.lancs.sch.uk/our-school/policies-and-reports>

Key changes:

- After school detentions for 'P3 Exits' or 'P4 Missed/failed lunch time detention' are now 20 minutes in length. Each evening, we will run three 20-minute detention 'sessions'. Detention 1: 15.10-15.30, detention 2: 15.30-15.50 and detention 3: 15.50-16.10. If your child has accrued 3 detentions, they will remain in school for 3 detention sessions totaling 60 minutes on that evening. If your child has one detention, they will leave school after the first detention session at 15.30.
- Parents/carers and pupils must use ClassCharts to check whether their child has 1, 2 or 3 detention sessions to attend afterschool.
- Missing or failing an after-school detention is sanctioned with a 90 minute after school detention. These run on a Wednesday or Friday evening, 15.10-16.40. Pupils who complete their detention 'lines' by 16.30 will be dismissed at this time.
- If a child has been found out of lesson without permission (truancy), they will spend the rest of that lesson in our EXIT room working on maths, science or and English curriculum activities. A 20 minute after school detention, for the following day, will be issued. The pupil will also receive a 1:1 support session with Miss Gribbin, our new Behaviour Mentor, to discuss the reason for the truancy and any potential barriers to their learning within the lesson from which they have truanted. The truancy and outcome of the 1:1 session will be communicated with parents/carers.
- If a pupil is out of lesson without permission three times in a half term, the pupil will then receive a day's suspension following which parents/carers will be invited into school for a reintegration meeting with the pupil's Head of Year and our Behaviour Mentor.

If you have any queries about the changes to our policy, please contact Mrs Crossman:

[Victoria.crossman@lancasterhigh.lancs.sch.uk](mailto:Victoria.crossman@lancasterhigh.lancs.sch.uk)

## PSHE session: Alcohol awareness



On Friday 27 January, Year 7 and 8 will watch a performance from the 'Smashed Project' about the reasons that young people may choose to consume alcohol underage; the potential risks of drinking alcohol and sources of help for underage drinking.

This will be delivered through a theatre performance and workshop.

This information is part of the statutory PSHE curriculum and if you would like any further information about the project, the website is: <https://www.smashedproject.org/>

## SEND

Our weekly SEND clinic is open each Thursday between 2.30 - 4.30pm.

Please email [lisa.maudsley@lancasterhigh.lancs.sch.uk](mailto:lisa.maudsley@lancasterhigh.lancs.sch.uk) to book a 15-minute appointment if you wish to discuss any aspect of your child's education or if you have any queries or concerns.

Term 2 SEND reviews for Year 9 will be held w/c: 23 January. A letter will be sent home with further details.

Please email Mrs Ainsworth at [sainsworth@lancasterhigh.lancs.sch.uk](mailto:sainsworth@lancasterhigh.lancs.sch.uk) to make an appointment.

Our school library is open every day from 8.15am, during break and lunchtime, and after school and is staffed with Higher Level teaching Assistants (HLTAs) so please encourage your child to attend if they require additional support with their classwork or homework.

## Mental health and wellbeing

**Happier January 2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe	7 Learn something new and share it with others
8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice	14 Eat healthy food which really nourishes you today
15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge	21 Try out something new to get out of your comfort zone
22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside	28 Ask other people about things they've enjoyed recently
29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future				

**ACTION FOR HAPPINESS**      **Happier · Kinder · Together**

## Reading corner

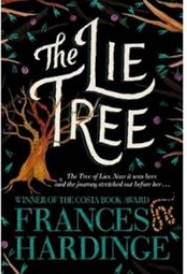
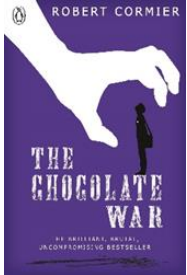
### Reading interventions: Year 7 -10

We are delighted with the engagement that we have seen from our pupils in our reading interventions so far this year. All pupils who are currently on a reading intervention will be sitting a reading progress test in the week commencing **Monday 6 February**. We will contact parents/carers after the half-term break to inform you of the progress that has been made and whether any adjustment of intervention is required.

### Drop Everything and Read

During the 'drop everything and read' lessons this term, our pupils are reading the following 'new' book with their house tutors one period each week:

Year		
7		'Where the Mountain Meets the Moon' by Grace Lin

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9		'The Lie Tree' by Frances Hardinge
10		'The Black Flamingo' by Dean Atta
11		'The Chocolate War' by Robert Cormier

It would be great if you could talk about the book that they are reading at home. What is happening in the story? Who are the main characters? What are they enjoying about the story and why?

### Bedrock Vocabulary

It has been wonderful to see that our pupils have been accessing Bedrock Vocabulary over the Christmas break. Bedrock Vocabulary helps our pupils to learn new vocabulary which then, in turn, better supports their reading and learning.

If you would like to learn more about Bedrock Vocabulary then please visit <https://bedrocklearning.org/> to watch a short video or get in touch with Miss Newsham: [amy.newsham@lancasterhigh.lancs.sch.uk](mailto:amy.newsham@lancasterhigh.lancs.sch.uk)

The following pupils deserve a special mention for their hard work and commitment with Bedrock over the Christmas holidays. They each have scored over 40 points – well done:

Year 7: **Ella L, Tyler B, Samuel P, Oscar C-G, Christina A, Abbie E, Gideon L and Jimii C**

Year 8: **Yasaman G**

Year 9: **David A, Cade B, Brooke R, Harley R, Lucy K, Dylan H, Scarlett Y, Kaan G, Zahrah M, Cameron-Rose O-B, Tyler M, Issy B, Ibrahim S, Ajay B and Caitlin S.**

## Key reminders

### Friends of Central Lancaster High School

Please see below for a message from the Chair of our Academy Improvement Board.



*'For 2023, we are looking to form a 'Friends of CLHS' group, which will work to increase the involvement of families and the community in the life of Central Lancaster High School.*

*We are running an open event on **26th January 5.30 and 6.30pm** in the school library, where those of you interested in being part of the organising committee can learn more about what is involved and help plan future activities and events.'*

If you would like to be kept informed of the event, then please send your name and contact details to [friends@lancasterhigh.lancs.sch.uk](mailto:friends@lancasterhigh.lancs.sch.uk)

### Key dates for the Spring term:

12 January 2023	Year 11 Progress Evening via School Cloud
19 January 2023	Year 10 Progress Evening via School Cloud
06 February 2023	Year 11 Mock examinations
26 January 2023	Friends of CLHS drop-in 5.30pm - 6.30pm
27 January 2023	'Smashed' Alcohol awareness session Year 7 and 8
10 February 2023	School <b>closes</b> 3.05 pm

### Pupil praise

Congratulations to **Clougha House** for receiving the most praise points last week.  
House points:

1.Clougha	1484 (9.5 per pupil)
2.Halton	1260 (8.1 per pupil)
3.Storey	990 (6.6 per pupil)
4.Lune	810 (6.4 per pupil)



Congratulations to the following pupils who had the most praise points last week:

Year 7	Year 8	Year 9	Year 10	Year 11
William E	Lexi-Leigh S	Maggie A	Leon F	Jay R
Leon M-P	Rufaro H	Kayla D L M	Connor B	Leaf R
Ethan C	Freya P	Arley D	Gabriel R S	Megan M
Roxy B	Ella-Mae B	Kaan G	Jack H	Benjamin M
Leyla B	Quaneisha Y	Lucy K	Tyler M-M	Skye L

## Attendance

Well done to the following forms for having the highest attendance last week:

**Year 7:** Halton

**Year 8:** Storey 1

**Year 9:** Halton

**Year 10:** Storey

**Year 11:** Halton

Special praise goes to the following pupils:

### Year 7

Praise from Mr Moore for **Josh B** and **Ella L** for a fantastic first term at CLHS.

**Harry A, Nicole O** and **Rhys U** for their hard work and helpfulness in maths.

### Year 8

**Liam A, Taylor R, Rhys J** and **Lauren S** for their hard work and support in maths.

**Kenzie K** for hard work in geography - Kenzie has high expectations and contributes very well to classroom discussion.

**Leah L** who has grown in confidence in geography and has made many valuable contributions to class discussions. Her work reflects her effort and growing confidence - this is wonderful to see. Keep up the good work!

**Lacie T** who has worked very hard in PSHE and offered lots of answers to questions when starting our new topic on Healthy relationships. She also takes pride in her written work.

**Kai D** for demonstrating kindness and our school value of community by looking out for their friend in school.

## Year 9

**Flora Y** for her great work produced in RE including well written responses to religious statements.

**Layton M** for improved effort in his history lessons where he produced good work and worked well independently.

**Sophie E** for always working hard and following classroom expectations without the need for reminders in RE.

In Year 9y/En2 the pupils have started a new scheme of learning focusing on War Poetry. **Cash D, Lewis G, Arley D, Ibrahim S, Dylan H** and **Louis A** have all made superb contributions to the class discussions. They also made great connections with their history curriculum.

## Year 10

**James W** and **Tyler Y** for excellent focus and contributions in history.

**Lily D** and **Kaitlyn S** who continue to work hard work in maths.

## Year 11

**Jack P, Jaden O** and **Paige S** for excellent focus in history.

**Jade W** and **Danny B** for their hard work and commitment in maths.

Have a safe and enjoyable weekend.



Mr J Cowper